

1 **Evaluation of the protective effects of sarains on H₂O₂-induced mitochondrial dysfunction**
2 **and oxidative stress in SH-SY5Y neuroblastoma cells**

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11 **Abstract**

12 Sarains are diamide alkaloids isolated from the Mediterranean sponge *Haliclona (Rhizoniera) sarai* that
13 have previously shown antibacterial, insecticidal and anti-fouling activities. In this study, we examined
14 for first time the neuroprotective effects of sarains 1, 2 and A against oxidative stress in a human
15 neuronal model. SH-SY5Y cells were co-incubated with sarains at concentrations ranging from 0.01 to
16 10 µM and the well-known oxidant hydrogen peroxide at 150 µM for 6 hours and the protective effects
17 of the compounds were evaluated. Among the sarains tested, sarain A was the most promising
18 compound, improving mitochondrial function and decreasing reactive oxygen species levels in human
19 neuroblastoma cells treated with the compound at 0.01, 0.1 and 1 µM. This compound was also able to
20 increase the activity of the antioxidant enzymes superoxide dismutases by inducing the translocation of
21 the nuclear factor E2-related factor 2 (Nrf2) to the nucleus at the lower concentrations tested (0.01 and
22 0.1 µM). Moreover, sarain A at 0.1 and 1 µM blocked the mitochondrial permeability transition pore
23 (mPTP) opening through cyclophilin D inhibition. These results suggest that the protective effects
24 produced by the treatment with sarain A are related with its ability to block the mPTP and to enhance
25 the Nrf2 pathway, indicating that sarain A may be a candidate compound for further studies in
26 neurodegenerative diseases.

27 **Keywords:** sarains, oxidative stress, Nrf2, mPTP, cyclophilin D, neuroprotection

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35

36 **1. Introduction**

37 Mitochondria are the main source of reactive oxygen species (ROS) in the cell. These organelles produce
38 ROS through oxidative phosphorylation like hydrogen peroxide (H_2O_2), superoxide ($O_2^{\cdot-}$), and hydroxyl
39 radical (OH^{\cdot}). Under physiological conditions, these oxygen species exert biological functions
40 (Weidinger and Kozlov 2015) and their levels are tightly regulated by antioxidant molecules like
41 glutathione (GSH), and enzymes like superoxide dismutases (SODs), catalase (CAT) and glutathione
42 peroxidase (GPx). Under conditions of oxidative stress, the balance between ROS production and the
43 antioxidant systems is displaced, resulting in significant cell damage. Oxidative stress has been
44 associated with neurodegenerative disorders like Alzheimer's Disease (AD), Parkinson's Disease (PD),
45 Amyotrophic Lateral Sclerosis (ALS) or Huntington's Disease (Lin and Beal 2006). This association is
46 partly caused by the susceptibility of the brain to oxidative damage due to its high rate of energy
47 consumption, relative low levels of antioxidant defences and high concentrations of polyunsaturated
48 fatty acids. ROS contribute to neurodegeneration causing damage to proteins, DNA and RNA, lipid
49 peroxidation as well as leading to changes in cell function and potentially cell death (Gandhi and
50 Abramov 2012).

51 The reduction of ROS levels through the enhancement of antioxidant systems is a good therapeutic
52 approach to alleviating these pathologies. In this sense, the nuclear factor E2-related factor 2 (Nrf2)-
53 antioxidant response element (ARE) pathway has been proposed as a potential target against

54 neurodegeneration (Lu et al. 2016; McBean et al. 2016). Nrf2 is a primary sensor of oxidative stress and
55 regulates the expression of several genes implicated in antioxidant systems like SODs, CAT, GPx and
56 glutathione reductase (Malhotra et al. 2010). In neurodegenerative diseases the Nrf2 pathway is
57 impaired. Nrf2 levels are reduced in AD brains, and Nrf2 activation in nigral neurons is not enough to
58 protect the cells from oxidative stress in PD (Ramsey et al. 2007). Nrf2 cytoplasmic repression is
59 regulated by Kelch-like ECH-associated protein 1 (Keap1), which binds the transcription factor via an
60 association with Cullin 3-based E3 ubiquitin ligase, controlling Nrf2 proteasomal degradation. Keap1 is
61 sensitive to small molecules, called inducers, which can disrupt the binding with Nrf2. Then, the factor
62 translocates to the nucleus where it forms a heterodimer with small Maf proteins and binds to the ARE,
63 inducing the expression of detoxifying genes (Magesh et al. 2012). Recently, Nrf2 activation has been
64 also related to the mitochondrial function through the regulation of other pathways, as the oxidative
65 phosphorylation, the glycolysis or the lipid metabolism (Esteras et al. 2016).

66 Moreover, the increase in ROS levels observed in neurodegenerative diseases can produce the opening
67 of the mitochondrial permeability transition pore (mPTP) (Rao et al. 2014). The pore is a non-selective
68 channel that allows solutes with molecular weights less than 1500 Da to cross from the mitochondrial
69 matrix to the cytosol. The main components of the mPTP are the voltage-dependent anion channel in
70 the outer mitochondrial membrane, the adenine nucleotide translocator (ANT) in the inner membrane
71 and cyclophilin D (CypD), located in the mitochondrial matrix. When the levels of ROS increase, CypD
72 binds to the ANT in the inner mitochondrial membrane and triggers the opening of the mPTP. The
73 massive formation of the channel produces the dissipation of the proton motive force, the depletion of
74 ATP, and the release of apoptogenic factors to the cytosol, producing cell death (Du and Yan 2010). It
75 has been demonstrated that the translocation of CypD to the inner mitochondrial membrane is an
76 essential step for the initiation of the mPTP. Low levels of CypD are correlated with a decreased
77 sensitivity to mPTP formation in brain mitochondria (Eliseev et al. 2007) and its genetic ablation
78 prevents from mPTP opening (Baines et al. 2005). The mitochondrial dysfunctions observed in AD, PD
79 and ALS have been related with mPTP. Particularly, CypD levels are increased in AD brains, increasing
80 the risk of mPTP formation. In fact, the genetic deficiency of this component has improved memory in

81 a murine model of AD (Du et al. 2008). For these reasons, the blockage of the mPTP through CypD
82 inhibition is a potential therapeutic tool in the treatment of neurodegenerative disorders.
83 Some marine natural compounds have been shown to be drug candidates in neurodegenerative diseases
84 (Grosso et al. 2014). Particularly, sponge-derived compounds have exhibited beneficial effects against
85 oxidative stress (Sasaki et al. 2011) and neurodegenerative diseases (Leirós et al. 2015). Alkaloids
86 produced by the Mediterranean sponge *Haliclona (Rhizoniera) sarai* and named sarains have already
87 shown antibacterial activity, insecticidal effects and anti-fouling properties (Blihoghe et al. 2011;
88 Caprioli et al. 1992; Defant et al. 2011). Sarains also induce erythrocyte lysis and acetylcholinesterase
89 inhibition (Defant et al. 2011), but their antioxidant capacity has not been tested so far. Human
90 neuroblastoma SH-SY5Y cells have been widely used as a cell model system for studying oxidative
91 stress (Huang et al. 2014). In this work, we examined for first time the cytoprotective effect of sarains
92 1, 2 and A against H₂O₂-induced oxidative stress in human neuroblastoma cells.

93 **2. Materials and Methods**

94 *2.1. Chemicals and solutions*

95 Tetramethylrhodamine methyl ester (TMRM), Thiol TrackerTMViolet, MitoProbeTM Transition Pore
96 Assay Kit and 5-(and-6)-carboxy-2',7'-dichlorodihydrofluorescein diacetate (carboxy-H₂DCFDA) were
97 purchased from Thermo Fisher Scientific (Waltham, MA, USA). Other chemical were reagent grade
98 and purchased from Sigma-Aldrich (Madrid, Spain).

99 *2.2. Isolation and purification*

100 ¹H and ¹³C NMR spectra were recorded on a 500 MHz Bruker Avance NMR spectrometer. Chemical
101 shifts (δ) are recorded in ppm with CD₃OD (δ_H 3.31 ppm and δ_C 49.00 ppm) as internal reference. HRMS
102 data were obtained from a UHPLC-QqToF (Bruker Impact II). HPLC purifications were carried out on
103 a Waters 600 system equipped with a Waters 717 plus Autosampler, a Waters 996 photodiode array
104 detector, and a Sedex 55 evaporative light-scattering detector (SEDERE, France), and on a Jasco PU
105 2087 Plus system equipped with a single wavelength UV detector UV 2075 Plus and a Sedex 85

106 evaporative light-scattering detector (SEDERE, France). Detection wavelengths were set at 210, 238
107 and 267 nm.

108 2.2.1 *Animal material*

109 One specimen of *Haliclona (Rhizoniera) sarai* was collected in March 2013 by SCUBA diving at Saint-
110 Jean-Cap-Ferrat (43° 41' 29.9646'', 7° 19' 11.8668''), at depth of 25 m, and kept frozen until used.

111 2.2.2. *Extraction and isolation*

112 The sample of *Haliclona (Rhizoniera) sarai* was freeze-dried and then ground to obtain a dry powder
113 (4.1 g) which was exhaustively extracted with MeOH (3 × 100 mL) to yield 2.1 g of crude extract after
114 concentration under reduced pressure. The crude extract was fractionated by Reverse Phase Vacuum
115 Liquid Chromatography over RP-18 silica gel (200 g) with a step gradient of H₂O (F1 fraction, 920 mg),
116 MeOH/H₂O 2:1 v/v (F2 fraction, 260 mg), MeOH/H₂O 3:1 v/v (F3 fraction, 56 mg), MeOH (F4 fraction,
117 54 mg) and DCM (F5 fraction, 94 mg) (500 mL each). Fractions F4 (54 mg, 30 mg.mL⁻¹) and F5 (94
118 mg, 30 mg.mL⁻¹) fractions were combined and then subjected to semi-preparative HPLC purification
119 (Waters system, Phenomenex Gemini C6-phenyl column 250 mm × 10 mm, 5 μm) eluted with a gradient
120 of H₂O/CH₃CN/TFA: isocratic step from 0 min to 5 min (70:30:0.1), then a first gradient step from 5
121 min to 15 min (70:30:0.1 to 10:90:0.1) and a second gradient from 15 min to 20 min (90:10:0.1 to
122 0:100:0.1) (flow rate 3.0 mL.min⁻¹, injection volume: 70 μL) to give 16 fractions labeled F4F5P1-16.
123 Those first steps of purification led to pure compounds (≥95%): sarain 2 (25 mg, F4F5P5) and sarain 1
124 (24 mg, F4F5P6). F4F5P1 was purified (Jasco system, Waters Symmetry Prep, 300 mm × 7.8 mm, 7
125 μm) according to the following gradient of H₂O/CH₃CN/TFA: isocratic step from 0 min to 5 min
126 (80:20:0.1), then a gradient step from 5 min to 15 min (80:20:0.1 to 60:40:0.1) and finally an isocratic
127 step from 15 min to 20 min (60:40:0.1), leading to sarain A (15 mg; purity ≥95%). Comparison of NMR
128 and MS data with the literature confirmed the structure of these known compounds (Cimino et al. 1989;
129 Cimino et al. 1986).

130 2.3. *Cell culture*

131 Human neuroblastoma SH-SY5Y cell line was purchased from American Type Culture Collection
132 (ATCC), number CRL2266. The cells were maintained in Dulbecco's Modified Eagle's medium:
133 Nutrient Mix F-12 (DMEM/F-12) supplemented with 10% fetal bovine serum (FBS), glutamax, 100
134 U/mL penicillin and 100 µg/mL streptomycin at 37 C in a humidified atmosphere of 5% CO₂ and 95%
135 air. Cells were dissociated weekly using 0.05% trypsin/EDTA. All reagents were provided by Thermo
136 Fisher Scientific (Waltham, MA, USA).

137 *2.4. Cell viability and mitochondrial function assays*

138 One day prior to experiments, cells were seeded in 96-well plates at a density of 3x10⁴ cells per well.
139 SH-SY5Y cells were treated with sarains at different concentrations (0.01, 0.1, 1, and 10 µM) for 24 h.
140 Lactate dehydrogenase (LDH) release was used as an indicator of cell survival. The LDH Assay kit
141 (Abcam, Cambridge, UK) was used for measuring its activity, following the commercial protocol.
142 The effect of compounds on mitochondrial function was evaluated by MTT (3-(4, 5-dimethyl thiazol-2-
143 yl)-2,5-diphenyl tetrazolium bromide) assay (Mosmann 1983; Vega-Avila and Pugsley 2011). This
144 probe has been widely used to evaluate mitochondrial function in SH-SY5Y cells (Coccini et al. 2014;
145 Park et al. 2014; Tricarico et al. 2016) and in other cell lines (Blanquer-Rossello et al. 2017; Chakraborty
146 et al. 2016; Kharroubi et al. 2017). SH-SY5Y cells were rinsed with saline solution and 200 µL of MTT
147 (500 µg/mL) dissolved in saline buffer were added to each well. Following 1 h of incubation at 37 C,
148 SH-SY5Y cells were disaggregated with 5% sodium dodecyl sulphate. Absorbance of formazan crystals
149 was measured at 595 nm with a spectrophotometer plate reader. Saponin from quillaja bark was used as
150 death control and its absorbance was subtracted from the other data.

151 *2.5. Neuroprotection and mitochondrial membrane potential assays*

152 The ability of compounds to protect cells from H₂O₂ damage was also evaluated with MTT probe. Cells
153 were co-treated with sarains 1, 2 and A at non-toxic concentrations (0.01, 0.1, 1, and 10 µM) and 150
154 µM H₂O₂ for 6 h and the assay was carried out as described above. All experiments were performed at
155 least three times.

156 The mitochondrial membrane potential ($\Delta\Psi_m$) was assessed using the TMRM probe. SH-SY5Y cells
157 were seeded in 96-well plates at a density of 3×10^4 cells per well and allowed to attach for 24 h. After
158 this time, cells were treated with $150 \mu\text{M H}_2\text{O}_2$ and sarains 1, 2 and A at different concentrations (0.01,
159 0.1, 1, and $10 \mu\text{M}$) for 6 h.

160 Cells were washed twice with saline solution and $1 \mu\text{M}$ TMRM was added to each well for 30 min at
161 37 C . After incubation, cells were solubilized with DMSO and H_2O at 50% and the fluorescence was
162 monitored with a spectrophotometer plate reader (535 nm excitation and 590 nm emission). All
163 experiments were performed at least three times.

164 The endogenous antioxidant vitamin E (vitE) at $25 \mu\text{M}$ was used to validate the *in vitro* model in all the
165 assays.

166 2.6. Determination of intracellular reactive oxygen species levels

167 Intracellular levels of ROS were determined with carboxy- H_2DCFDA (5-(and-6)-carboxy-2',7'-
168 dichlorodihydrofluorescein diacetate) as previously described (Ouazia et al. 2014) with modifications.
169 SH-SY5Y cells were seeded one day before the experiments in 96-well plates at a density of 3×10^4 cells
170 per well. Cells were co-treated with compounds at various concentrations (0.01 , 0.1 , 1 , and $10 \mu\text{M}$) and
171 $150 \mu\text{M H}_2\text{O}_2$ for 6 h. $25 \mu\text{M}$ vitE was used as positive control. Following treatment with compounds
172 and H_2O_2 , SH-SY5Y cells were washed twice with serum-free medium. Then, $20 \mu\text{M}$ carboxy-
173 H_2DCFDA dissolved in serum-free medium was added to the cells. After 1 h at 37 C , the medium
174 containing the fluorescence dye was replaced with PBS. The plate was incubated for 30 min at 37 C and
175 fluorescence was read at 527 nm , with an excitation wavelength of 495 nm . All experiments were
176 performed at least three times.

177 2.7. Glutathione assay

178 GSH levels were determined using Thiol TrackerTM Violet dye, which reacts with reduced thiols in cells.
179 Reduced GSH represents the majority of intracellular free thiols, so this probe can be used to estimate
180 its levels in cells. Measurements were performed following manufacturer's instructions. One day before
181 the experiments, SH-SY5Y cells were seeded in 96-well plates at 3×10^4 cells per well. Then, cells were

182 treated with 150 μM H_2O_2 and sarains 1, 2 and A at 0.01, 0.1, 1 and 10 μM for 6 h. After this time, cells
183 were washed twice with PBS and loaded with 100 μL of prewarmed ThiolTrackerTM Violet dye (10 μM)
184 for 30 min at 37 C. The fluorescence was measured at 404 nm excitation and emission at 526 nm. All
185 experiments were performed at least three times. 25 μM vitE was used to test the validity of the *in vitro*
186 model.

187 2.8. Catalase and superoxide dismutases activity assays

188 CAT activity was measured with Amplex[®] Red Catalase Assay Kit (Thermo Fisher Scientific,
189 Waltham, MA, USA). SH-SY5Y neuroblastoma cells were seeded at 1×10^5 cells per well. Cells were
190 co-treated with sarains (0.01, 0.1, 1, and 10 μM) and 150 μM H_2O_2 for 6 h. Cell lysates were processed
191 following manufacturer's protocol and fluorescence was read at 530 nm excitation and 590 nm emission.
192 Enzymatic activity was calculated by subtracting sample values to the no-CAT control.

193 SODs activity was assessed with SOD determination Kit (Sigma-Aldrich, Madrid, Spain). Cells were
194 seeded in 6-well plates at a density of 1×10^6 cells per well and incubated with compounds (0.01, 0.1, 1
195 and 10 μM) and 250 μM H_2O_2 for 24 h. Then, SH-SY5Y cells were rinsed with ice-cold PBS and 100
196 μL of lysis buffer (0.1 M Tris- HCl, pH 7.4 containing 0.5% Triton X-100, 5 mM β -mercaptoethanol
197 and 0.1 mg/mL PMSF) were added to each well. Cell lysates were centrifuged at 14000 g for 5 min at
198 4°C and SODs assay was performed following manufacturer's protocol. The absorbance was read at
199 450 nm and the SODs activity was determined by subtracting the sample values to the no-SODs blank.

200 2.9. Western blot and immunocytochemistry analysis

201 For western blot analysis, SH-SY5Y cells were seeded in 6-well plates at 4×10^5 cells per well and treated
202 with sarain A at 0.01, 0.1, 1, and 10 μM for 6 h. After treatment with the compound, neuroblastoma
203 cells were rinsed twice with ice-cold PBS. Next, 100 μL of an ice-cold hypotonic solution buffer (20
204 mM Tris-HCl pH 7.4, 10 mM NaCl and 3 mM MgCl_2 , containing a complete phosphatase/protease
205 inhibitors cocktail from Roche) were added. Cells were scrapped, incubated on ice for 15 min and finally
206 centrifuged at 3000 rpm, 4 C during 10 min. The supernatant was collected as the cytosolic fraction and
207 the pellet was resuspended in an ice-cold nuclear extraction buffer(100 mM Tris pH 7.4, 2 mM Na_3VO_4 ,

208 100 mM NaCl, 1% Triton X-100, 1 mM EDTA, 10% glycerol, 1 mM EGTA, 0.1% SDS, 1 mM NaF,
209 0.5% deoxycholate, and 20 mM Na₄P₂O₇, containing 1 mM PMSF and a protease inhibitor cocktail).
210 Samples were incubated for 30 min, vortexing in 10 min intervals, and centrifuged at 14000 g and 4°C
211 for 30 min. The supernatant was saved for nuclear protein fraction. This fraction was quantified by
212 Bradford method, whereas cytosolic protein fraction was quantified using Direct Detect system
213 (Millipore, Darmstadt, Germany). Samples containing 20 µg (cytosolic fraction) or 10 µg (nuclear
214 fraction) were used for electrophoresis, which was resolved in a 10% sodium dodecyl sulphate
215 polyacrylamide gel (Biorad, Hercules, CA, USA) and transferred onto PVDF membranes (Millipore).
216 Snap i.d protein detection system was used for membrane blocking and antibody incubation. Anti-NF-
217 E2 related factor 2 antibody was used to detect Nrf2 (1:1000, Millipore), and signal was normalized
218 using β-actin (1:10000, Millipore) for cytosolic fraction and laminB1 (1:1000, Abcam) for nuclear
219 fraction. Protein bands were detected using Supersignal West Pico Luminiscent Substrate and
220 Supersignal West Femto Maximum Sensitivity Substrate (Thermo Fisher Scientific) and Diversity
221 GeneSnap system (Syngene, Cambridge, U.K.) and software.

222 For immunocytochemistry determination, SH-SY5Y cells were seeded in 12-well plates at a density of
223 2×10^5 cells/well and treated with sarain A (0.01 µM) during 6 h. Cells were fixed with 4%
224 paraformaldehyde and after washed three times with PBS. Blocking buffer (5% BSA, 0.1% Triton x-
225 100) was added to each well for 2 h at room temperature. Then, SH-SY5Y cells were incubated with
226 anti-NF-E2 related factor 2 (1:200, Millipore) primary antibody overnight at 4°C. After this time, cells
227 were incubated with Cy3 goat anti-rabbit (1:1000, Thermo Fisher Scientific) during 2 h at room
228 temperature. Hoechst 33258 (Thermo Fisher Scientific) at 1 µg/µL was used for nuclear staining.
229 Fluorescent measurements were done in a Nikon Eclipse TE2000-E inverted microscope attached to the
230 C1 laser confocal system and EZ-C1 V.2.20 software (Nikon Instruments Europe B.V., Amstelveen,
231 Netherlands) by using the 408 and 561 nm lasers for excitation and 515 and 650 nm emission filters.
232 The images were collected using 40 x oil immersion objective (Nikon).

233 *2.10. Measurement of ATP content*

234 SH-SY5Y cells were seeded at 5×10^4 cells per well and incubated with sarain A (0.01, 0.1, 1 and 10
235 μM) and $150 \mu\text{M H}_2\text{O}_2$ for 6 h. The levels of ATP were assessed with the Luminescent ATP Detection
236 Assay Kit (Abcam, Cambridge, UK), following the manufacturer's protocol (Pertega-Gomes et al. 2015;
237 Zhou et al. 2016).

238 2.11. Mitochondrial membrane permeability transition pore measurement

239 The blockage of mPTP by sarains 1, 2 and A was determined with the MitoProbeTM Transition Pore
240 Assay Kit (Nguyen et al. 2011; Petronilli et al. 1999) following manufacturer's instructions. Briefly,
241 SH-SY5Y human neuroblastoma cells were resuspended in prewarmed PBS/ Ca^{+2} buffer at a final
242 concentration of 1×10^6 cells/mL. Cells were loaded with $0.01 \mu\text{M}$ Calcein-AM and incubated at 37 C
243 for 15 min. Then, 0.4 mM CoCl_2 and compounds at different concentrations (0.01, 0.1 and $1 \mu\text{M}$) were
244 added and incubated for 15 min at 37 C . CsA at $0.2 \mu\text{M}$ was used as positive control. After this
245 incubation, cells were centrifuged and resuspended in $100 \mu\text{L}$ of PBS. Just before analysing, 1 mM tert-
246 Butyl hydroperoxide (TBHP) was added to the samples to induce the pore opening. Fluorescence
247 intensity was measured at 488 nm excitation and 517 nm emission wavelengths by flow cytometry using
248 the ImageStream MKII (Amnis Corporation, Merck-Millipore). The fluorescence of 10000 events was
249 analysed with IDEAS Application vs 6.0 (Amnis Corporation, Merck-Millipore).

250 2.12. Cyclophilin D enzyme inhibition assay

251 The inhibition of the peptidyl-prolyl *cis-trans* isomerase (PPIase) activity of CypD by sarain A was
252 determined by following the rate of hydrolysis of *N*-succinyl-Ala-Ala-Pro-Phe-*p*-nitroanilide by
253 chymotrypsin. CsA was used as positive control. The assay was performed as previously described (Yan
254 et al. 2015) with small modifications. The assay buffer (20 mM Tris-HCl , 50 mM NaCl , $\text{pH } 7.8$) with
255 CypD (1 nM) and the compounds at concentrations ranging from 0.001 to $10 \mu\text{M}$ were precooled at 4 C
256 for 1h. After that time, chymotrypsin at 0.4 mg/mL in 1 mM HCl was added to each well. The reaction
257 was started by the addition of the peptide (0.1 mg/mL in 500 mM LiCl in tetrahydrofuran). The
258 absorbance at 380 nm was monitored with a spectrophotometer plate reader. The blank rates of
259 hydrolysis (in absence of CypD) were subtracted from the rates in the presence of the enzyme. The half-

260 maximal inhibitory concentration (IC₅₀) was calculated by fitting the data with a log(inhibitor) vs.
261 response model of GraphPad Prism 5.0 software.

262 2.13. Statistical Analyses

263 Data are presented as mean ± SEM. Differences were evaluated by Student's *t*-tests and statistical
264 significance was considered at $p < 0.05$.

265 3. Results

266 3.1. Protective effect of sarains 1, 2 and A on H₂O₂-treated SH-SY5Y cells

267 Firstly, SH-SY5Y cells were treated with different concentrations of sarains 1, 2 and A (Fig. 1) (0.01,
268 0.1, 1 and 10 μM) for 24 h to assess the compounds safety. Cell viability was determined by monitoring
269 LDH release to the medium. None of the compounds showed cytotoxic effects at these concentrations
270 (Fig. 2a).

271 The effect of sarains on mitochondrial function was evaluated by MTT assay. Human neuroblastoma
272 cells were treated with compounds at 0.01, 0.1, 1 and 10 μM for 24 h. Neither sarains 1, 2 nor sarain A
273 displayed toxic effects on mitochondria (Fig. 2b), confirming the LDH results. On the other hand, the
274 treatment with sarain 2 at 0.1 and 1 μM significantly increased the mitochondrial function in SH-SY5Y
275 cells.

276 H₂O₂ is a common oxidant, which has been shown to induce oxidative stress in SH-SY5Y human
277 neuroblastoma cells (Zhang et al. 2012). Cells were co-treated with sarains at different concentrations
278 (0.01, 0.1, 1, and 10 μM) and 150 μM H₂O₂ for 6 h and the protective effect of the compounds was
279 evaluated by MTT (Fig. 3). A decrease in mitochondrial function of 29.3 ± 2.23% ($p < 0.001$) was
280 observed in cells treated with 150 μM H₂O₂ alone with respect to untreated cells. In the MTT assay, vitE
281 protected cells against H₂O₂ damage, increasing mitochondrial function up to untreated cells levels
282 (118.9 ± 13.0%, $p < 0.001$). Sarains 1 and 2 showed no protective effects on cells, whereas sarain A at
283 0.01, 0.1 and 1 μM significantly improved the mitochondrial function loss induced by H₂O₂ (99.05 ±
284 13.6%, $p < 0.05$; 87.0 ± 8.3%, $p < 0.05$ and 89.7 ± 7.9%, $p < 0.05$, respectively). However, this compound
285 at 10 μM, together with 150 μM H₂O₂, produced a decrease in the mitochondrial function (39.2 ± 8.9%).

286 In order to better understand the effects of sarains on mitochondria, the $\Delta\Psi_m$ was assessed by TMRM
287 assay. TMRM is a fluorescent lipophilic cationic dye that accumulates within mitochondria in inverse
288 proportion to $\Delta\Psi_m$, that is, hyperpolarized mitochondria will accumulate more dye than depolarized
289 mitochondria. Cells were treated with the compounds at four concentrations (0.01, 0.1, 1, and 10 μM)
290 and 150 μM H_2O_2 for 6 h. SH-SY5Y cells treated only with H_2O_2 presented a decrease in $\Delta\Psi_m$ of 17.1
291 $\pm 1.8\%$ ($p < 0.001$) versus control cells. Fig. 4a shows that sarain 1 had no effect on the restoration of the
292 mitochondrial membrane potential against H_2O_2 damage, and sarain 2 only had effect at the highest
293 concentration tested (10 μM), with an increase of $122.2 \pm 4.5\%$ ($p < 0.05$). Sarain A exhibited a dose-
294 dependent response, resulting in total recovery of the $\Delta\Psi_m$ at the four concentrations tested (0.01, 0.1, 1
295 and 10 μM), reaching $100.1 \pm 5.3\%$ ($p < 0.01$), $102.8 \pm 3.8\%$ ($p < 0.01$), $111.7 \pm 7.4\%$ ($p < 0.05$) and 140.9
296 $\pm 2.5\%$ ($p < 0.01$) respectively, compared to cells treated only with 150 μM H_2O_2 . These percentages are
297 similar to the levels reached by cells co-treated with 25 μM vitE ($103.8 \pm 6.2\%$, $p < 0.05$).

298 To determine if the compounds of *Haliclona (Rhizoniera) sarai* were diminishing ROS release, carboxy-
299 H_2DCFDA was used to monitor the levels of ROS in neuroblastoma cells co-treated with sarains 1, 2,
300 A and H_2O_2 as described above. Carboxy- H_2DCFDA is converted by cellular esterases to carboxy-
301 H_2DCFH , non-fluorescent, that can react with ROS and be oxidized to carboxy- H_2DCF , fluorescent
302 (Halliwell and Whiteman 2004). So, increasing fluorescence will indicate an increment in ROS
303 production. The treatment with H_2O_2 alone produced an increase of $28.8 \pm 3.2\%$ ($p < 0.001$) in ROS levels
304 with respect to untreated cells (Fig.4b). Co-incubation with sarain 1 at 0.01 and 1 μM significantly
305 reduced ROS levels to $94.9 \pm 9.3\%$ ($p < 0.05$) and $107.4 \pm 5.5\%$ ($p < 0.05$), respectively. Sarain 2 only had
306 effect at the highest concentration (10 μM), diminishing ROS to $110.8 \pm 1.5\%$ ($p < 0.05$). Sarain A was
307 again the most efficient compound, decreasing ROS levels at 0.01 ($103.4 \pm 1.7\%$; $p < 0.05$), 0.1 (112.7
308 $\pm 3.0\%$; $p < 0.05$) and 1 μM ($106.3 \pm 6.8\%$; $p < 0.05$), the same concentrations that exhibited protective
309 effects on MTT assay. The treatment with 25 μM vitE also diminished ROS levels until $104.4 \pm 6.1\%$
310 ($p < 0.01$).

311 3.2. Effect of sarains on the antioxidant systems of SH-SY5Y cells

312 The ability of sarains 1, 2 and A to enhance the antioxidant defences of SH-SY5Y cells was also
313 evaluated by determining the levels of GSH and the activities of antioxidant enzymes (CAT and SODs).
314 GSH is the main non-enzymatic antioxidant in cells and plays an important role in reducing oxidative
315 stress. In order to assess the effect of sarains on GSH content, its level was measured using Thiol Tracker
316 Violet dye. The cells treated with H₂O₂ presented a significant decrease in GSH content, 18.5± 1.0%
317 ($p<0.001$) *versus* control cells. Neither sarains 1, 2 nor sarain A increased GSH levels in cells co-treated
318 with compounds and 150 µM H₂O₂ for 6 h (Fig. 5). The enzyme CAT is responsible of the conversion
319 of H₂O₂ to water, its activity in SH-SY5Y cells treated with 150 µM H₂O₂ was significantly decreased
320 until 78.8± 11.13 % ($p<0.01$) compared to untreated cells. The addition of sarains 1, 2 and A was not
321 able to increase the activity of the enzyme (Fig. 6a). Finally, SODs are the major antioxidant enzymes,
322 specialized in scavenging O₂^{•-}. We determined the effect of sarains on SODs activity by monitoring the
323 inhibition in the formation of WST-1 formazan, which is linearly related to the activity of these enzymes.
324 The treatment with 250 µM H₂O₂ for 24 h produced a decrease in SODs activity of 26.2± 0.8% ($p<0.001$)
325 with respect to control cells (Fig. 6b). The addition of sarains 1 and 2 to the cells showed no effect on
326 the decrease of SODs activity produced by H₂O₂. The treatment with sarain A significantly improved
327 the activity of SODs at all the concentrations tested (0.01, 0.1, 1 and 10 µM), with percentages of 85.6±
328 4.0 % ($p<0.05$), 82.8± 3.5% ($p<0.05$), 89.4± 2.1% ($p<0.01$), 87.7± 3.11% ($p<0.05$), respectively.

329 3.3. Induction of Nrf2-ARE pathway by sarain A

330 Nrf2 translocation to the nucleus induces the expression of several genes implicated in antioxidant
331 defences. Moreover, Nrf2 has been recently implicated in the availability of substrates for oxidative
332 phosphorylation (Holmstrom et al. 2013) and in the regulation of mitochondrial biogenesis (Itoh et al.
333 2015).

334 In view of the protective effects produced by sarain A against H₂O₂ damage and its capacity to increase
335 SODs activity, this compound was chosen to test its ability to induce Nrf2 translocation.

336 In order to evaluate the capacity of the compound to produce Nrf2 translocation to the nucleus,
337 neuroblastoma cells were treated with sarain A at 0.01, 0.1, 1 and 10 µM for 6 h. Cells were lysed and
338 Nrf2 expression was analysed by western blot in nuclear and cytosolic fractions. Results are expressed

339 in percentage of untreated cells (Fig. 7a, b). Nrf2 expression in the nucleus (Fig. 7a) was significantly
340 increased by the treatment with sarain A at 0.01 ($194.5 \pm 23.9\%$, $p < 0.05$) and 0.1 μM ($133.2 \pm 9.5\%$,
341 $p < 0.05$), whereas Nrf2 cytosolic levels showed no significant variations with respect to control (Fig.
342 7b). To confirm the results obtained by western blot, cells were treated with the compound at the most
343 effective concentration (0.01 μM) for 6 h and immunocytochemistry analysis was performed. The
344 immunofluorescence evaluation of Nrf2 agreed with western blot results, SH-SY5Y cells treated with
345 sarain A showed an increase in the expression of Nrf2 in the nucleus with respect to untreated cells (Fig.
346 7c). These results confirm that sarain A is able to improve the mitochondrial function and to activate the
347 antioxidant machinery by promoting Nrf2 translocation to the nucleus.

348 *3.4. Effect of sarain A on ATP levels*

349 In neurodegenerative diseases, ATP production is impaired through many mechanisms as alterations in
350 the complexes of the electronic transport chain, in glycolysis, or in TCA cycle (Burchell et al. 2010;
351 Cardoso et al. 2016). It has been shown that Nrf2 activation enhances ATP production by increasing the
352 availability of substrates for respiration (Holmstrom et al. 2013). Due to the ability of sarain A to activate
353 Nrf2, we evaluated if the compound was able to improve the production of ATP. The levels of ATP
354 were assessed after the co-treatment with sarain A and 150 μM H_2O_2 for 6 h. SH-SY5Y cells treated
355 with H_2O_2 alone presented a decrease in ATP levels until a $48.6 \pm 11.4\%$ ($p < 0.01$) *versus* untreated cells
356 (Fig. 7d). The treatment with sarain A significantly recovered the levels of ATP at 0.01 μM ($91.4 \pm 6.3\%$,
357 $p < 0.05$) compared with cells treated with H_2O_2 alone. ATP levels were also augmented when
358 neuroblastoma cells were treated with sarain A at 0.1 and 1 μM , although this increase was not
359 statistically significant.

360 *3.5. Blockage of mPTP by sarain A through CypD inhibition*

361 As the opening of the mPTP is one of the causes of the impairment in mitochondrial function observed
362 in neurodegeneration (Corona and Duchen 2015), we tested if these compounds could be also
363 modulating the pore opening. The ability of sarains to block mPTP opening was evaluated by flow
364 cytometry using the MitoProbe Transition Pore Assay Kit. Cells were loaded with calcein-AM, which

365 accumulates in cytosol and cell compartments, and CoCl_2 that quenches cytosolic fluorescence but not
366 the mitochondrial signal (Petronilli et al. 1999). It has been demonstrated that oxidative stress induces
367 mPTP (Du and Yan 2010), so the oxidant TBHP was added to SH-SY5Y human neuroblastoma cells to
368 produce the opening of the pore. The cells were treated with compounds at 0.01, 0.1 and 1 μM for 10
369 min and 1 mM TBHP was added just before the analysis to induce the opening of mPTP. A drop of
370 $27.6 \pm 3.9\%$ ($p < 0.05$) in mitochondrial fluorescence with respect to untreated cells was observed after the
371 addition of 1 mM TBHP. The treatment of cells with sarains 1 and 2 had no protective effects against
372 mPTP opening (data not shown) in agreement with the previous data. Nevertheless, cells treated with
373 sarain A at 0.1 and 1 μM showed a significant increase in fluorescence, $90.4 \pm 9.4\%$ ($p < 0.05$) and $86.6 \pm$
374 4.6% ($p < 0.05$) respectively, compared to cells treated with 1 mM TBHP alone. These levels of mPTP
375 inhibition are similar to the results obtained with 0.2 μM cyclosporine A (CsA) ($91.1 \pm 6.0\%$; $p < 0.05$),
376 a known potent blocker of mPTP opening (Hansson et al. 2003) (Fig. 8a).

377 In view of these results, we tested if sarain A was targeting CypD, a key component of the mitochondrial
378 pore. It has been demonstrated that the PPIase activity of CypD is involved in the opening of the mPTP
379 (Connern and Halestrap 1994). The ability of sarain A to inhibit the PPIase activity of the enzyme was
380 determined by monitoring the rate of hydrolysis of the peptide *N*-succinyl-Ala-Ala-Pro-Phe-*p*-
381 nitroanilide by chymotrypsin. Chymotrypsin only hydrolyses the *trans* conformer, so the rate of
382 isomerization by CypD can be evaluated (Fischer et al. 1984).

383 Sarain A inhibited the PPIase activity of CypD with an IC_{50} of 0.018 μM (95% CI: 0.008- 0.037 μM).
384 This value is in the same range as the obtained with CsA (0.008 μM ; 95% CI: 0.004 -0.016 μM) (Fig.
385 8b), which matches with previous studies with CsA and CypD (Gregory et al. 2011).

386 4. Discussion

387 The increase in life expectancy has augmented the prevalence of neurodegenerative diseases worldwide.
388 Until now, the antioxidant compounds tested in the treatment of neurodegeneration have shown
389 disappointing results, probably because they were focused only in one aspect of the diseases.
390 Neurodegenerative disorders are complex and multifactorial, so the development of multitargeted drugs
391 is considered a promising strategy to attenuate the symptoms of these conditions (Di Domenico et al.

392 2015). Particularly, the design of mitochondria-targeted antioxidants is as potential therapeutic tool for
393 the treatment of these pathologies (Moreira et al. 2010). In fact, some mitochondrial-targeted
394 antioxidants, as creatine and mitoQ, are currently in Phase I or II clinical trials(Kumar and Singh 2015).
395 In this study, the natural sponge alkaloids sarain 1, 2 and A were evaluated in an *in vitro* oxidative stress
396 model with SH-SY5Y cells to mimic oxidative damage in human brain. Sarain A was the most
397 promising compound, showing protective effects against H₂O₂-induced cell death. It also recovered
398 mitochondrial membrane depolarization and reduced ROS levels in neuroblastoma cells. These effects
399 are higher at the lower concentrations tested (0.01 and 0.1 μM). The treatment with H₂O₂ and 10 μM
400 sarain A seems to affect to the mitochondrial function, as the mitochondrial membrane is hyperpolarized
401 and the cell viability is decreased.

402 The antioxidant ability observed only in sarain A can be related with the differences in the structures of
403 the molecules. It has been hypothesized that the higher activity of sarain A can result from the presence
404 of a masked aldehyde group, which is known to react with the amine groups of proteins (Defant et al.
405 2011). Our results agree with previous biological studies with sarains 1, 2 and A, in which sarain A
406 showed higher antibacterial and antitumoral activity (Caprioli et al. 1992; Defant et al. 2011).

407 Mitochondrial alterations play a central role in neurodegeneration, each neurodegenerative disease
408 affects different brain areas, but all of them share mitochondrial dysfunctions (Yan et al. 2013). This
409 dysfunction is produced by several causes, as the disruption of the respiratory chain that leads to a
410 decrease in ATP levels, the impaired activity of the glucose metabolism, the opening of the mPTP or
411 the mutations in the mitochondrial DNA that can lead to the synthesis of abnormal proteins (Lee 2016;
412 Wang et al. 2014). In this sense, Nrf2 activation has been largely considered a target for
413 neurodegeneration because of its capacity to induce the expression of antioxidant enzymes (Calkins et
414 al. 2009). Recently, it has been demonstrated that Nrf2 translocation is also implicated in other
415 mechanisms that can reduce mitochondrial dysfunction. Nrf2 regulates the expression of genes related
416 to glucose metabolism (Singh et al. 2013) and can prevent oxidative thiol modifications of proteins
417 implicated in these pathways, as glyceraldehyde-3-phosphate dehydrogenase, a glycolytic enzyme
418 which oxidation can promote cell death in AD brains (Butterfield et al. 2010). Moreover, the nuclear
419 factor enhances ATP production and $\Delta\Psi_m$ by increasing the substrate availability for oxidative

420 phosphorylation (Holmstrom et al. 2013). Therefore, together with the induction of antioxidant systems,
421 Nrf2 activation implies other therapeutic targets for the treatment of the mitochondrial dysfunctions
422 observed in neurodegeneration. The treatment of human neuroblastoma cells with sarain A induces the
423 translocation of the factor to the nucleus, suggesting that the improvement observed in the mitochondrial
424 function, in the production of ATP and in the activity of SODs is related with this pathway.

425 Sarain A was also able to block the opening of mPTP by inhibiting the PPIase activity of CypD, the
426 most important initiating molecule of the mitochondrial pore. The formation of mPTP produces a sudden
427 collapse in $\Delta\Psi_m$ and the consequent disruption in the mitochondrial respiratory chain, resulting in
428 decreased ATP content and increased levels of ROS. In this sense, the improvement in mitochondrial
429 function, ATP levels and the reduction in the levels of ROS produced by the treatment with sarain A are
430 also related with the ability of the compound to block the mPTP. If the formation of mPTP is massive,
431 it produces mitochondrial swelling, the rupture of the outer mitochondrial membrane and the release of
432 pro-apoptotic proteins to the cytoplasm. The knockdown of CypD has shown promising results in AD
433 models (Du et al. 2008) and has reduced oxidative stress and ameliorated the dysfunction observed in
434 brain mitochondria (Baines et al. 2005), suggesting that the inhibition of this component of the mPTP
435 might be a potential therapeutic strategy in neurodegenerative disorders. Some examples of mPTP
436 blockers that act through the inhibition of CypD activity are sanglifehrin A (Clarke et al. 2002) and CsA
437 (Crompton and Costi 1988). These molecules have reduced cell permeability because of their high
438 molecular weights, so its clinical applications are limited. This limitation makes necessary the
439 development of new small mPTP inhibitors (Rao et al. 2014).

440

441 **5. Conclusion**

442 Our results indicate that sarain A is the most promising compound, being able to ameliorate the
443 mitochondrial function and reduce the levels of ROS in a human neuronal model. This improvement is
444 related to the ability of the compound to induce the translocation of Nrf2 to the nucleus and with its
445 capacity to block the mPTP. As we mentioned before, these pathways are considered promising
446 therapeutic approaches for the treatment of neurodegeneration. Therefore, this compound may be a good
447 candidate for further studies in neurodegenerative disorders as AD, PD or ALS.

448 **Conflict of Interest**

449 The authors declare that they have no conflict of interest.

450

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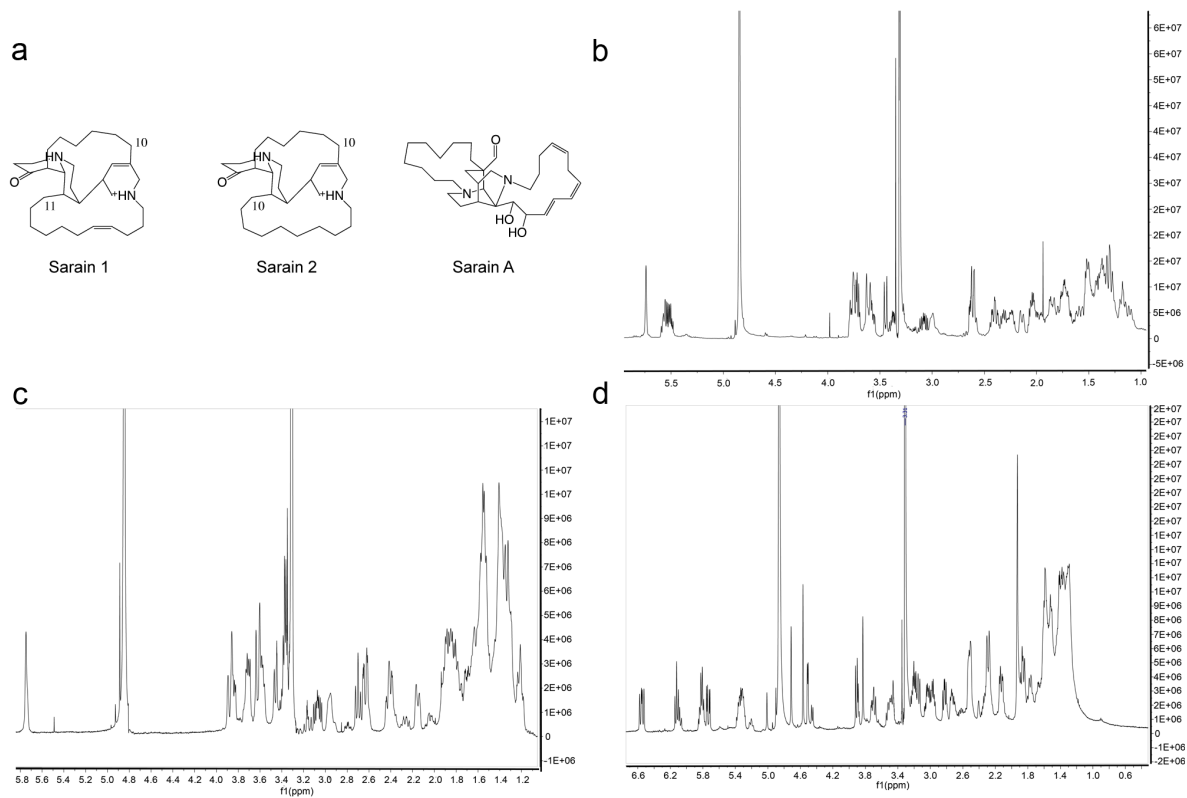
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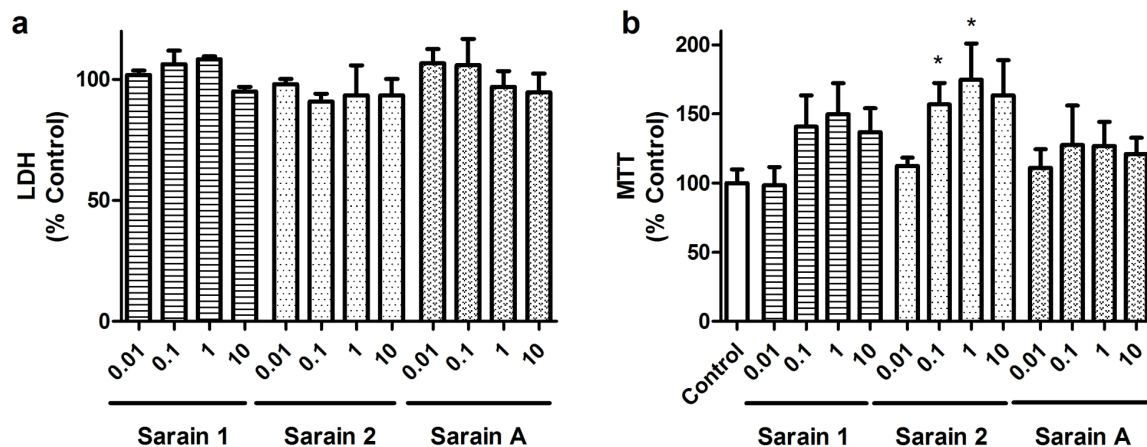
613 **Figures**



614

615 **Fig. 1** (a) Chemical structures of compounds from *Haliclona (Rhizoniera) sarai*. (b)NMR spectra of
616 sarain 1, (c) sarain 2 and (d) sarain A

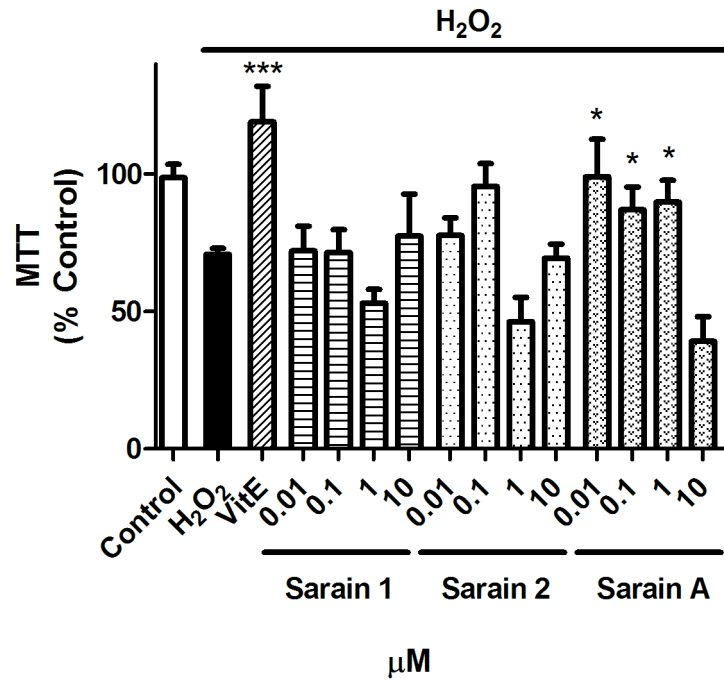
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619 **Fig. 2** (a) Cell viability of SH-SY5Y cells treated with sarains. The cytotoxicity of the compounds at
 620 0.01, 0.1, 1 and 10 μM was determined by LDH assay after 24 h of incubation. (b) Effect of sarains on
 621 mitochondrial function. SH-SY5Y cells were incubated with compounds for 24 h and their effects on
 622 mitochondrial function were evaluated by MTT. Values are in percentage of untreated control
 623 cells.* $p < 0.05$. Results are mean \pm SEM of three independent experiments

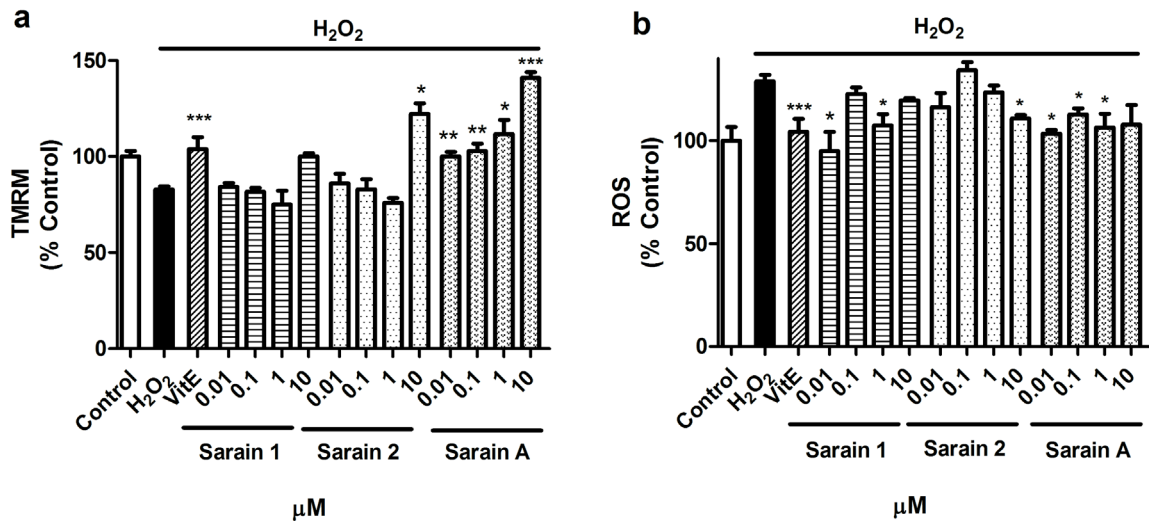
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626 **Fig. 3** Effect of sarains on mitochondrial function against H₂O₂ insult. Mitochondrial function was
 627 measured by MTT assay. SH-SY5Y cells were co-treated with 150 μM H₂O₂ and compounds at 0.01,
 628 0.1, 1 and 10 μM for 6h. VitE at 25 μM was used as positive control. Sarain 1 and sarain 2 showed no
 629 protective effect against H₂O₂-induced cytotoxicity. Sarain A increased cell viability at 0.01, 0.1 and 1
 630 μM. The values are presented in percentage of non-treated control cells and compared to cells treated
 631 with 150 μM H₂O₂ alone. **p*<0.05 and ****p*<0.001. Data are mean ± SEM of three or more independent
 632 experiments performed by triplicate

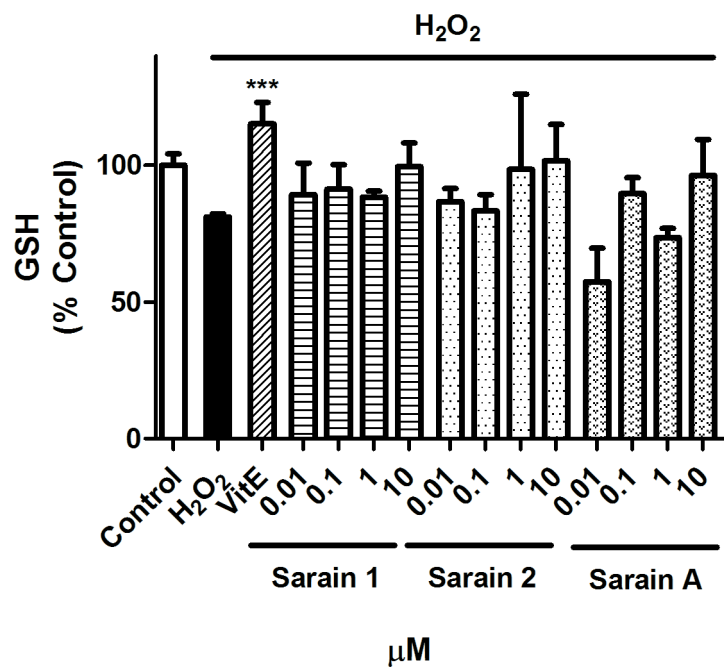
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635 **Fig. 4** Effect of sarains on $\Delta\Psi_m$ and ROS levels. Cells were co-incubated with 150 μM H_2O_2 and sarains
636 at 0.01, 0.1, 1 and 10 μM for 6 h. 25 μM vitE was used as positive control. (a) TMRM assay was used
637 to determine the $\Delta\Psi_m$. The treatment with sarain 1 had no effect on $\Delta\Psi_m$, and sarain 2 only increased
638 $\Delta\Psi_m$ at 10 μM . Sarain A restored $\Delta\Psi_m$ levels at all the concentrations. (b) ROS levels were assessed
639 with carboxy- H_2DCFDA . Sarain 1 decreased ROS at 0.01 and 1 μM and sarain 2 diminished ROS levels
640 at 10 μM . Sarain A showed inhibition of ROS production at 0.01, 0.1 and 1 μM . Data are expressed as
641 percentage of untreated control cells and compared to cells treated only with 150 μM H_2O_2 by Student's
642 *t* test. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. Values are mean \pm SEM of three or more independent
643 experiments performed by triplicate

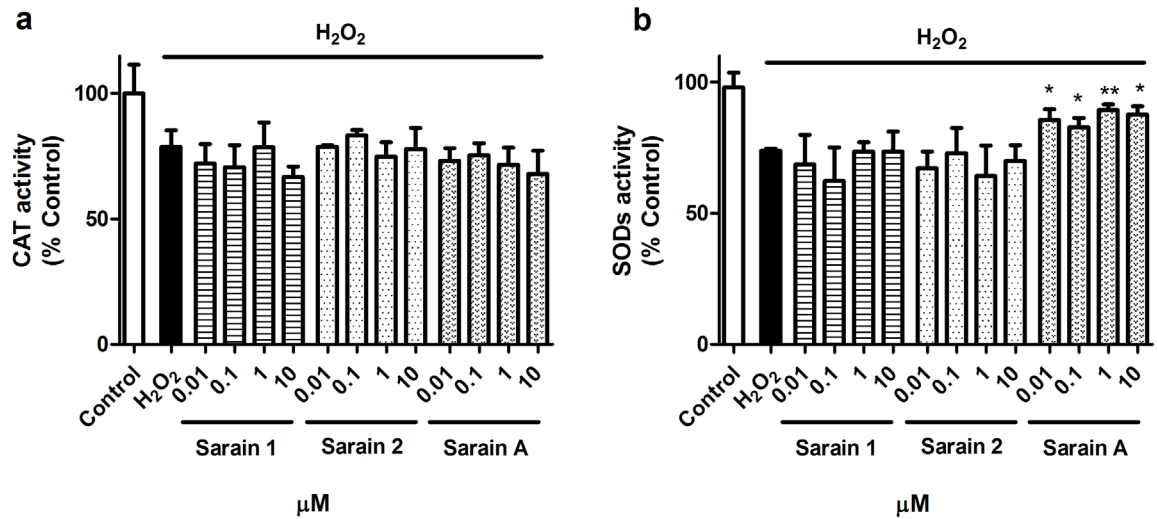
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646 **Fig. 5** Evaluation of GSH content in cells. GSH levels were measured by Thiol Tracker Violet in
 647 neuroblastoma cells co-treated with 150 μM H₂O₂ and sarains at 0.01, 0.1, 1 and 10 μM during 6h. VitE
 648 (25 μM) was used to test de validity of the *in vitro* model. Neither sarain 1, sarain 2, nor sarain A
 649 increased GSH content. Values are presented as percentage of untreated control cells and compared to
 650 cells treated only with 150 μM H₂O₂ by Student's *t* test. ****p*<0.001. Values are mean ± SEM of three
 651 or more independent experiments performed by triplicate

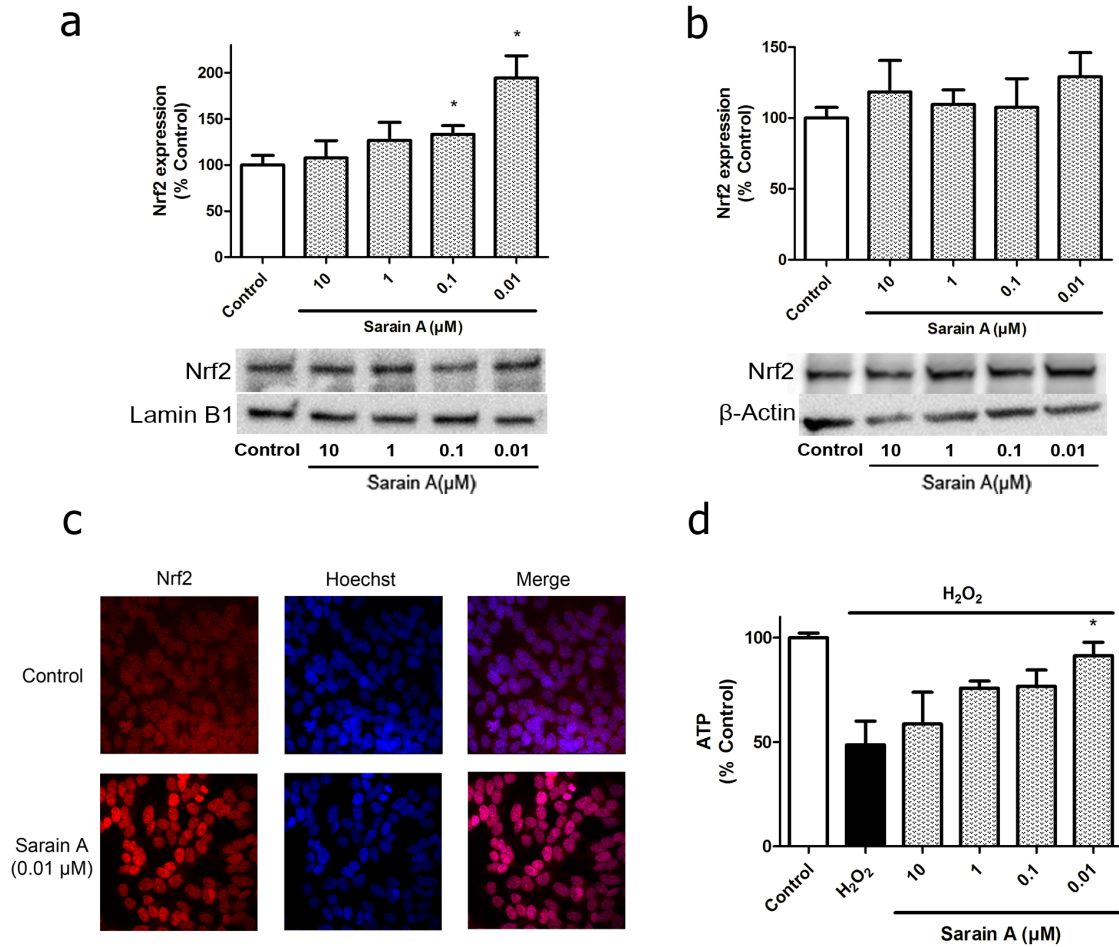
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654 **Fig. 6** Effect of sarains on the activity of antioxidant enzymes. (a) None of the compounds increased
 655 significantly the activity of CAT. (b) Sarains 1 and 2 had no effects on SODs activity, whereas sarain A
 656 increased the activity of the enzymes at all the concentrations tested. Values are presented as percentage
 657 of untreated control cells and compared to cells treated only with 150 μM H₂O₂ by Student's *t* test.
 658 **p*<0.05, ***p*<0.01. Values are mean ± SEM of three or more independent experiments performed by
 659 triplicate

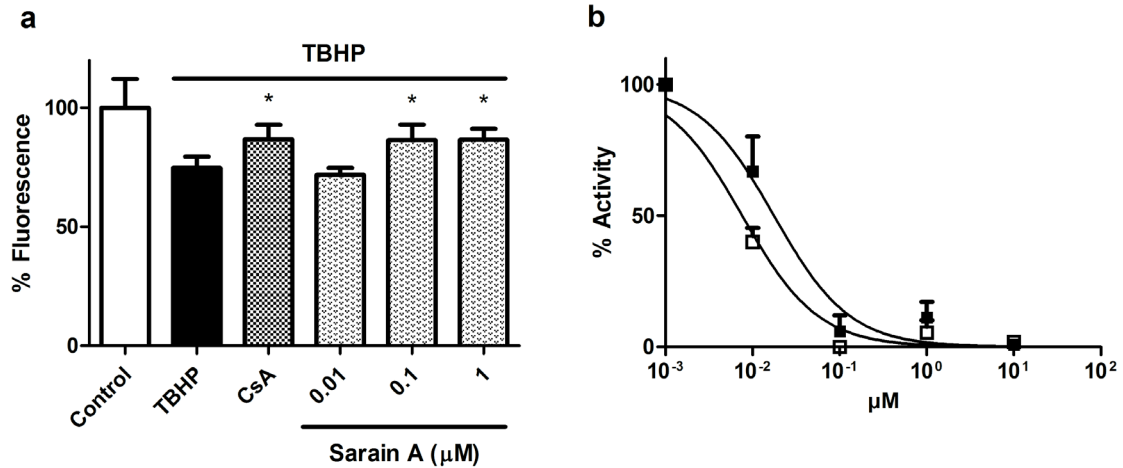
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662 **Fig. 7** (a-c) Evaluation of Nrf2 expression. For western blot analysis (a, b), SH-SY5Y cells were
 663 incubated with sarain A at 10, 1, 0.1 and 0.01 μM for 6 h. Band intensity was normalized by lamin B1
 664 or β -actin in nucleus and cytosol, respectively. Values are mean \pm SEM of at least three independent
 665 experiments performed in duplicate and compared to control cells by Student's *t* test. (* p <0.05). (c)
 666 Cells were treated with sarain A for 6h and immunostained with anti-Nrf2 antibody to detect the
 667 localization of the transcription factor. (d) Effect of sarain A on ATP levels. Cells were co-treated with
 668 the compound and 150 μM H₂O₂ for 6 h. Data are presented as percentage of untreated cells and
 669 compared with cells treated with H₂O₂ alone by Student's *t* test. (* p <0.05)

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672 **Fig. 8** Effect of sarain A on the blockage of mPTP. (a) The extent of mPTP opening was determined by
 673 flow cytometry. SH-SY5Y cells were co-treated with 1 mM TBHP and sarain A at 0.01, 0.1 and 1 μM.
 674 Treatment with sarain A at 0.1 and 1 μM significantly increased the fluorescence with respect to cells
 675 treated only with 1 mM TBHP. CsA at 0.2 μM also decreased mPTP opening significantly. Values are
 676 presented as percentage of untreated control cells and compared to cells treated only with 1 mM TBHP
 677 by Student's *t* test. (**p*<0.05). Values are mean ± SEM of three independent experiments. (b) Inhibition
 678 of CypD PPIase activity. The enzyme was incubated with sarain A (■) and CsA (□) at different
 679 concentrations (0.001- 10 μM). Data are presented as percentage of the maximal PPIase activity. Values
 680 are mean ± SEM of three independent experiments