

# A model of indirect cell death caused by tumor vascular damage after high-dose radiotherapy

## Abstract

Purpose: To present a radiobiological model of indirect tumor cell death caused by vascular damage in high-dose hypofractionated radiotherapy.

Methods and Materials: Tumor oxygenation is obtained by solving the reaction-diffusion equation, with a capillary network created according to a vascular fraction and distribution of capillary sizes. Tumor cells die according to the linear-quadratic model with oxygen enhancement ratios. Radiation also kills endothelial cells (ECs): if the death of ECs in any given capillary depletes a cross section of the capillary (functional sub-unit) the capillary becomes non-functional. Such capillary *death* will affect tumor oxygenation, driving tumor cells in the vicinity into severe hypoxia. Capillaries can recover function in time due to ECs proliferation. Tumor cells entering a pre-determined severe hypoxia status are tagged and killed according a hypoxia death model. We have compared our model with experimental results on indirect cell death.

Results: Our model can reproduce experimental results of indirect cell death with realistic parameters. The decrease in surviving fraction with time is due to EC and capillary death, which causes indirect cell killing. Our results show that capillary damage and indirect cell death are important for doses  $\geq 15$  Gy.

Conclusions: We present a dynamic model of indirect cell death caused by tumor vascular damage after high-dose radiotherapy, based on first principles and experimental data. The model can fit recently experimental data that shows the effect of *indirect* cell death in tumors grown in mice.

## 1. Introduction

Developments in radiotherapy treatment delivery have lead to a situation where high-dose fractions can be safely delivered [1]. This has boosted the use of Stereotactic Body Radiation Therapy (SBRT) and Stereotactic Radiation Surgery (SRS) [2-4].

There is an intense debate on the radiobiology of large radiation doses [5-10]. There are studies that suggest that, in addition to direct cell death, high-doses may cause *indirect* cell death. Such effect seems to be two-fold: i) high-doses may trigger an immune-response against the tumor [9,11,12], and; ii) may produce vascular damage, causing cell starvation and death [7,9,13]. A seminal experimental study showed that damage of capillaries triggered tumor cell death and increased control [14]. A critical analysis by Brown *et al* showed that control obtained with SBRT can be explained by dose escalation, with no need for *new biology* [8]. Park *et al* reviewed many clinical and pre-clinical experimental results, finding evidence of vascular damage at high-doses [15]. A recent experimental report showed that high single fraction doses (15-30 Gy) caused *indirect* cell death in pre-clinical models [13]. On the other hand, another study claim that endothelial cell death does not play a significant role in tumor control after investigating a genetically modified tumor mouse model with hyper-radiation-sensitive endothelial cells [16]. It seems that vascular damage happen at large doses, but its role in tumor control is still debatable.

Despite the increasing experimental literature on *indirect* tumor cell death caused by vascular damage, efforts on modelling this effect have been limited. Recently, researchers at DKFZ have developed an analytical model of capillary death based on the inactivation of functional subunits (FSU) [17,18]. Paul-Gilloteaux *et al* have developed an in-silico tumor response model that includes endothelial cell damage and its effect in radiotherapy response [19]. In this work we present a dynamical model of indirect tumor cell death triggered by damage of the tumor vascular system. The model is developed from first principles and experimental data, and includes: i) oxygenation of tumors according to the reaction-diffusion equation, ii) direct tumor cell death (linear-quadratic model), and re-oxygenation caused by this effect; iii) endothelial cell death, which can induce capillary death, and endothelial cell proliferation and recovery of capillary function; iv) tumor hypoxification due to vascular damage; v) indirect tumor cell death due to severe hypoxia; vi) evaluation of tumor control probability.

## 2. Methods and Materials

### 2.1. Sketch of the model

The flowchart of the model is presented in Figure 1. The pre-irradiation oxygenation of the tumor is calculated by solving the reaction-diffusion equation, with a capillary network created according to a certain vascular fraction and capillary radii. This oxygen distribution is pre-evaluated: regions with extreme hypoxia are treated like a pre-existing necrotic core, where cells are dead, local consumption is adjusted accordingly, and the oxygen distribution is recalculated. Then, oxygenation-dependent  $\alpha$  and  $\beta$  values are calculated by including oxygen enhancement ratios (*OERs*). The tumor is irradiated, and tumor cells die according to the linear-quadratic (LQ) model. Radiation also kills endothelial cells (ECs) forming the vasculature of the tumor. If the death of ECs in any given capillary fulfills some predetermined conditions according to a capillary-death model, the capillary becomes non-functional and stops oxygenating the tumor, which we will refer to as capillary *death*. This will affect tumor oxygenation, driving tumor cells in the vicinity of non-functional capillaries into severe hypoxia. This effect competes with reoxygenation caused by tumor cell death. Capillaries can recover function in time due to ECs proliferation. Tumor cells entering a pre-determined severe hypoxia status are tagged and killed according a hypoxia-death model.

Rather than instantaneous cell death, we assume a progressive death to kinetic distributions. Finally, *direct*, *indirect* and overall surviving fractions are evaluated, and used to compute tumor control probabilities.

For the sake of computational simplicity, we assume that vascular fraction are homogeneous within the tumor (thus we can simulate only one voxel of the tumor). We also study only single-fraction treatments. More detailed information about the model is provided in the Supplementary Materials.

## 2.2. Oxygen distribution in the tumor and FEM solver.

The stationary state of the reaction-diffusion equation for oxygen distribution in a tumor voxel is [20,21]:

$$D\Delta u(\mathbf{x},t)=g(u(\mathbf{x},t)) \quad (1)$$

In the above equation  $u(\mathbf{x},t)$  is the distribution of the oxygen,  $D$  its diffusion coefficient, and  $g$  is the oxygen consumption rate, which has the following form [22]:

$$g(u(\mathbf{x},t))=g_{max} u(\mathbf{x},t)/(u(\mathbf{x},t)+k) \quad (2)$$

We solve this equation in two spatial dimensions, which was shown to be a good surrogate of the 3D problem [22]. We have implemented a Matlab-based finite-element-method (FEM) solver [23]. Blood capillaries are assumed to be cylindrical, with a heterogeneous distribution of radii. There are experimental studies showing lognormal and exponential distributions of radii of tumor capillaries [24-26], and we have implemented both options in our model. Minimum and maximum radii limits are also imposed according to experimental studies. Blood capillaries are randomly positioned in a voxel according to a vascular fraction,  $vf$ , defined as the ratio of capillary area to total area [22]. The overlap of capillaries is explicitly avoided when generating the geometry. A steady 40 mmHg oxygen partial pressure is associated to capillaries by imposing Dirichlet conditions on their boundaries. Neumann conditions are applied to the flux of  $u$  at the outer boundary of the voxel. If the function of a capillary is destroyed by radiation at any time, that capillary is removed from the set of Dirichlet boundary conditions and it does not behave as an oxygen source anymore. The geometry is finely meshed, typically >10000 nodes for a 1 mm × 1 mm pixel.

## 2.3. Tumor cell death, kinetics and re-oxygenation.

Radiation induced cell tumor death is modelled with the LQ model,

$$\log(SF_D^\infty)=-\alpha(u)d-\beta(u)d^2 \quad (3)$$

where  $SF_D^\infty$  is the surviving fraction,  $d$  the radiation dose, and  $\alpha$  and  $\beta$  depend on the oxygenation of the cells as [27]:

$$\alpha(u)=\frac{\alpha_{ox}}{OER\alpha_m}\left(\frac{uOER\alpha_m+K_m}{u+K_m}\right) \quad (4)$$

$$\beta(u)=\frac{\beta_{ox}}{(OER\beta_m)^2}\left(\frac{uOER\beta_m+K_m}{u+K_m}\right)^2 \quad (5)$$

$\alpha_{ox}$ ,  $\beta_{ox}$ ,  $OER\alpha_m$  and  $OER\beta_m$  are the  $\alpha$ - $\beta$  values and the maximum enhancement ratios under fully aerobic conditions.  $K_m$  controls the slope of the curve.

We consider a progressive death of tumor cells that have been lethally damaged by radiation, *i.e.* cells do not die instantly but follow a given kinetic model. In this work we have used an exponential kinetic model to describe this effect as in [28], with half-life  $t_{1/2}^d = \log(2)/\lambda$ . The fraction of death cells, which do not consume oxygen, is taken into account at each step by decreasing oxygen consumption accordingly in Equation (1).

#### 2.4. EC and capillaries death.

We have implemented a model of capillary death based on the death of endothelial cells (EC) and the definition of functional subunits (FSUs). ECs conforming blood capillaries are assumed to die following the LQ model (OERs are not considered as these cells are well oxygenated):

$$\log(SF_e^\infty) = -\alpha_e d - \beta_e d^2 \quad (6)$$

We consider that damaged ECs do not die instantly after irradiation, but follow a given kinetic curve. According to some experimental results [29-31] we have modelled such kinetics as a linear decrease with time,

$$SF_e(t) = \begin{cases} 1 - (1 - SF_e^\infty)t/t_e & \text{if } t < t_e \\ SF_e^\infty & \text{if } t \geq t_e \end{cases} \quad (7)$$

In this equation  $SF_e(t)$  shows the evolution of the relative number of surviving ECs with time. The above equation is used to generate distributions to evaluate the probability of each EC of dying at each time step during the simulation.

Capillaries are assumed to have cylindrical geometry with length  $L$  and radius  $R$ . For simplicity we assume that all capillaries have the same length, but radii vary according to a probability distribution. ECs of size  $dx \cdot dy$  form the capillary wall. Thus, each capillary can be represented as a matrix with size dependent on  $L$ ,  $R$ ,  $dx$  and  $dy$ . A matrix describing the state of each EC (1=alive, 0=death) is created at the beginning of the simulation. After irradiation, each EC is randomly tagged as *lethally damaged* or *undamaged*, according to Eq. (6). Cells tagged as *lethally damaged* are then monitored during the simulation, and at each time step they are killed according to a probability distribution constructed from Eq. (7).

Capillary FSUs are defined as cross sections with  $n$  cells thickness. A capillary is killed if (and when) any FSU conforming it has been depleted (notice the overlap of different FSUs; capillary of length  $m$  cells will have  $m-n+1$  FSUs of length  $n$ ). This model is similar to that presented in [17], which used instead square-shaped FSUs to model capillary death.

Lost capillary function can be restored due to EC proliferation, which we assume will start after  $t_d$ . We assume that surviving ECs proliferate exponentially as  $N_{EC}(t) = N_{EC,0} \exp(\mathcal{N})$ , where  $N_{EC,0}$  is the number of ECs that are alive in the voxel after the delivery of the dose (therefore dose dependent). Newly generated cells take spots in the EC state matrix, and the function of capillaries is restored if those new cells cancel out the capillary death condition. No new capillaries are created due to EC proliferation, only recovery of already existing capillaries is allowed.

## 2.5. Indirect tumor cell death due to severe hypoxia

A model of indirect tumor cell death due to severe hypoxia has been developed based on experimental results [32,33]. We consider that cells below a certain oxygen threshold ( $u_{th}$ ) can die due to the effect of severe hypoxia. The probability of death depends on the time that the cells stay in severe hypoxia. This relationship is well described by an exponential law [33]:

$$\log(SF_{H^\infty}) = -\mu t_h \quad (8)$$

In the above equation  $SF_{H^\infty}$  represents the surviving fraction of a population of cells exposed to severe hypoxia during a time  $t_h$  ( $t_{1/2}^H = \log(2)/\mu$ ). Again, we use the symbol  $\infty$  to denote that this surviving fraction is evaluated when all lethally damaged cells have died. Cells exposed to severe hypoxia do not die instantly. In fact, experimental results show that cells continue to die even after normal oxygenation has been re-established [32]. We have used a simple linear kinetic model to account for the death of cells that are (or have been) exposed to severe hypoxia:

$$SF_H(t') = \begin{cases} 1 - (1 - SF_{H^\infty} t')/t_{H^\infty} & \text{if } t' < t_{H^\infty} \\ SF_{H^\infty} & \text{if } t' \geq t_{H^\infty} \end{cases} \quad (9)$$

Time  $t'$  in the above equation is measured from the instant when cells enter in severe hypoxia.  $t_{H^\infty}$  is the time at which we consider that every lethally damaged cell has died. Nodes entering/leaving severe hypoxia are tagged at each step of the calculation, and cells are killed according to the model above. There is one particularity with the implementation that is worth noticing here: as there is no way to know a priori how long cells will stay in severe hypoxia, the value of  $t_h$  (and  $SF_{H^\infty}$ ) in Eq. (8) is re-evaluated at each step of the simulation; this slightly changes the shape of the death kinetic model, but the effect is not important.

Direct and indirect cell death of tumor cells due to severe hypoxia will affect oxygen consumption and reoxygenation, as discussed in Section 2.2. Oxygen consumption is thus scaled as:

$$g_{rel}(\mathbf{x}, t) = g_{max} SF_D(\mathbf{x}, t) SF_H(\mathbf{x}, t) \quad (10)$$

## 2.6. Most relevant experimental parameters.

Table I shows the most relevant parameters of the model. There are conflicting experimental reports on the radiosensitivity of ECs: in-vitro clonogenic assays point out a high radiosensitivity ( $\alpha_e \sim 0.18$  Gy) [34], but in-vivo experimental analyses show highly radio-resistant cells ( $\alpha_e \sim 0.007$  Gy) [29,30,35]. We have investigated different radiosensitivities of ECs. Li *et al* [30] observed progressive death of ECs after a large single dose of radiation until 16h post-irradiation, while Peña *et al* [29] observed a peak of apoptosis of ECs 12h post-irradiation, and much lower values of apoptosis 24h post-irradiation. Therefore, a value of  $t_e = 16$ h seems appropriate.

Different lognormal and exponential distributions of capillary radii have been obtained from several publications [23-25]. We have investigated variable values of  $n$  to model capillary death. Regarding the doubling time  $t_d$  for EC proliferation, values in the range 2-10 days have been reported [15].

There is not much experimental evidence on the value of  $u_{th}$ . Some studies claim that below 1 mmHg cells can enter cell cycle arrest and eventually die [36,37]. On the other hand, Ljungkvist *et*

al [33] observed hypoxia turnover for cells with oxygen levels below 10 mmHg (cells marked with pimonidazole and CCI103F). We have not used such high thresholds, as they would result in a large percentage of cells affected by indirect death for standard vascular fractions even without the effect of capillary cell death. Values of  $t_{1/2}^H$  have been mainly obtained from [32,33]. The latter study reported values  $\approx 15\text{h}-50\text{h}$ , while the former observed progressive cell death 24h after cells had returned to normoxic status, therefore the term  $t_H^\infty$  in our model to account for such effect. We have used  $t_H^\infty \approx 2-3t_{1/2}^H$ .

We have considered oxygen-dependent radiosensitivities for tumor cells [27], and  $t_{1/2}^D=120\text{h}$  [28].

## 2.7. Fit to Song's experimental data

In [13] tumors grown in mice were irradiated with single-doses (10-30 Gy), and surviving fractions evaluated at different times post-irradiation. They observed a marked decrease of the surviving fraction with time, which they attributed to *indirect* tumor cell death caused by vascular damage. Further analyses showed reduced blood perfusion and increased hypoxia in the tumor microenvironment. We have extracted SFs at different times post-irradiation (figure 1 in that paper) and used our model to fit the data. We also extracted data of Hoechst 33342 and pimonidazole uptake (figure 3) pre-irradiation and 48h after 20 Gy irradiation.

In order to fit experimental data, surviving fractions at each time  $t$  in our model were obtained by considering both dead and lethally damaged cells at that time (we assume that lethally damaged cells will not proliferate when planted). Therefore, this will include all cells killed or lethally damaged by radiation, which is delivered at time  $t=0$ , and cells killed or lethally damaged by severe hypoxia after irradiation. On the other hand, we have considered percentage of areas positive for Hoechst as a surrogate of capillary function, and pimonidazole uptake to shown living cells with  $u < 10$  mmHg [33].

We simulated a tumor with a homogeneous 4% vascular fraction and a lognormal distribution of capillary radii with maximum a minimum values of 2.8 and 26.7  $\mu\text{m}$ , taken from [24]. We set  $n=2$ ,  $t_e=16\text{h}$ ,  $t_d=72\text{h}$ , and  $dx=dy=10$   $\mu\text{m}$  in our capillary death model. We set a threshold oxygen pressure  $u_{th}=2$  mmHg. We varied  $\alpha_{ox}$  and  $\beta_{ox}$ ,  $\alpha_e$  ( $\alpha_e/\beta_e$  is set to 10 Gy) and  $t_{1/2}^H$  for hypoxia cell death to obtain a good fit to the experimental results.

## Results and Discussion

Fit of SFs at  $t=0$  to the LQ model showed  $\alpha$  and  $\beta$  values 0.13  $\text{Gy}^{-1}$  and 0.0024  $\text{Gy}^{-2}$  respectively. As those values are for tumors with heterogeneous oxigenation, and the input parameters of our model are  $\alpha_{ox}$  and  $\beta_{ox}$ , fitted values were scaled up to account for hypoxia radio-resistance. Figure 2 shows the fit of our model to experimental data, with parameters  $\alpha_{ox}=0.16$   $\text{Gy}^{-1}$ ,  $\beta_{ox}=0.0028$   $\text{Gy}^{-2}$ ,  $\alpha_e=0.067$   $\text{Gy}^{-1}$ , and  $t_{1/2}^H=15\text{h}$  (mean and standard deviations of five simulations). Our model can qualitatively reproduce the experimental results. The decrease in surviving fraction with time is due to EC and capillary death, which causes severe hypoxia in the tumor. Our results show a steady decrease in time of SF for  $d \geq 15$  Gy. Experimental results showed for some doses a slight increase of SF between 3 and 5 days (not significant), which could be caused by accelerated proliferation, but that effect is not included in our model.

Surviving fractions of ECs with this parameters are 0.26, 0.08, 0.018, and 0.0003 for 10, 15, 20, and 30 Gy respectively, which results in severe damage to the capillary network for doses above 15 Gy, as shown in Figure 3. There is moderate vascular damage even for 10 Gy, but it does not result in

important indirect cell death because the remaining capillaries can maintain adequate oxygenation. Capillary functionality is seriously damaged for doses above 15 Gy, but due to EC proliferation it can be recovered, but for 30 Gy where EC depletion is so harsh that proliferation cannot recover functionally (within 5 days).

Percentage of functional capillaries 48h after irradiation with 20Gy is  $(5\pm 2)\%$ , not far from the ratio of Hoechst positive areas of  $(8\pm 3)\%$  extracted from [13]. On the other hand, the percentage of living cells with  $u < 10$  mmHg increases from  $(15\pm 4)\%$  before irradiation to  $(27\pm 2)\%$  48h after irradiation, while pimonidazole positive area increases from  $(17\pm 7)\%$  to  $(21\pm 3.5)\%$  in [13].

In Figure 4 we show a qualitative representation of the spatio-temporal evolution of oxygenation, and surviving fractions associated to direct (dose) and indirect death (severe hypoxia) for an irradiation with 15 Gy. At  $t=0$  the voxel has a heterogeneous distribution of oxygenation, including a necrotic core where  $u < u_{th}$ . 24h after irradiation most capillaries are non-functional, and many regions are in severe hypoxic conditions. Cells in dose regions are already dying, creating a heterogeneous map of indirect cell death (lower surviving fractions around non-functional capillaries). On the other hand, the map of direct cell death also presents heterogeneities, due to heterogeneities in oxygenation at the time of irradiation. 96h after irradiation many damaged capillaries have recovered function due to EC proliferation. That, and the death of many cells, leads to a fairly well oxygenated voxel. On the other hand, heterogeneities in direct, and specially indirect, cell death are more noticeable.

## Conclusions

Indirect tumor cell death caused by vascular damage seems to play a role in high-dose hypofractionated radiotherapy. Modelling of this effect has not been extensively addressed in the literature despite the importance it might have for hypofractionated schedules. We present a dynamic model of direct and indirect cell death (caused by tumor vascular damage) after high-dose radiotherapy, based on first principles and experimental data. The model can fit recent experimental data that shows the effect of indirect cell death in tumors grown in mice.

Some effects have not yet been included in this model, for example cell diffusion and tumor shrinkage, or proliferation. We have assumed a homogeneous vascular fraction in order to simplify and speed up simulations: real tumors will have heterogeneous vascular fractions, which could be included in the model by averaging results for different simulations. Future refinements of the model will focus on extending the *biology* in the model, and implementing a 3D solver (even if radii of capillaries are sampled from realistic distributions, and 2D solutions seem to be a good representation of the 3D problem, they may miss some effects caused by the chaotic network of tumor capillaries).

This study constitutes a stepping stone towards modelling indirect tumor cell death caused by vascular damage.

## References

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## Figure Captions

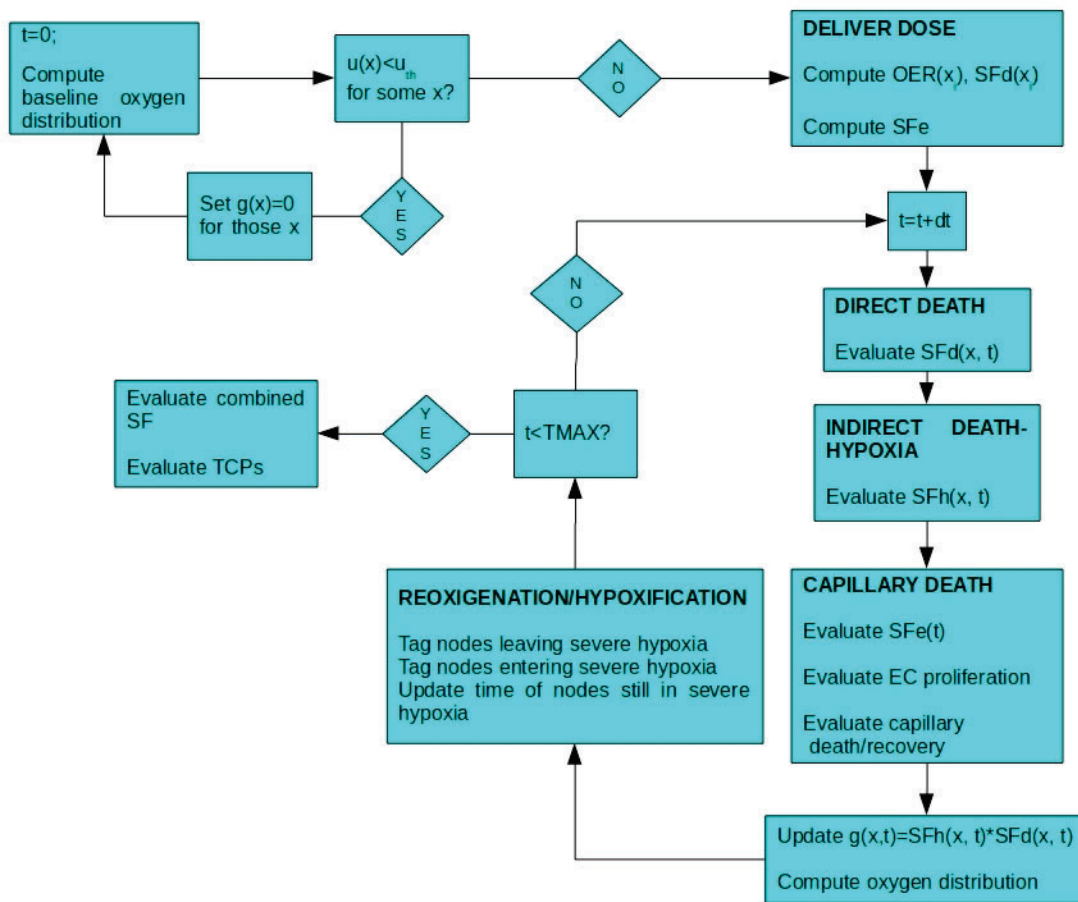


Figure 1: Sketch of the flowchart of the model.

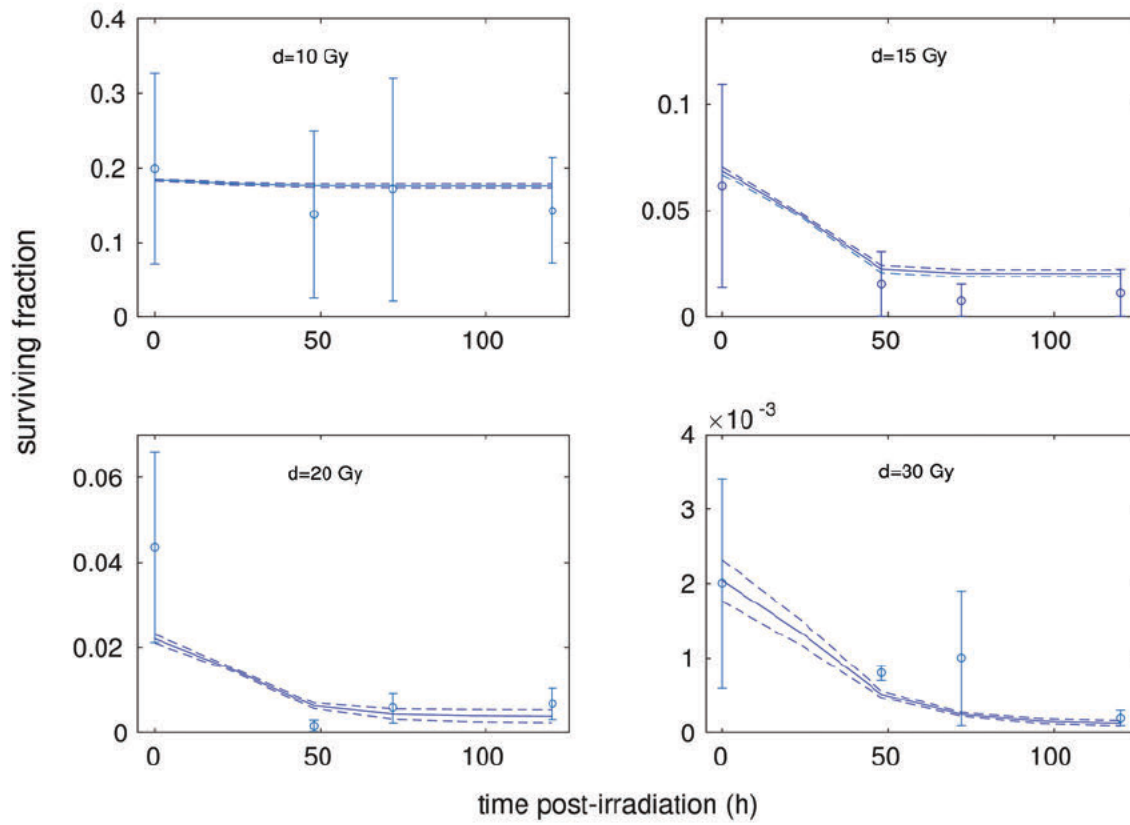


Figure 2: Surviving fractions at different times post-irradiation with different doses: experimental data taken from [13] (o) and model results: mean (solid lines) and  $\pm 1$  standard deviation (dashed lines) of five simulations.

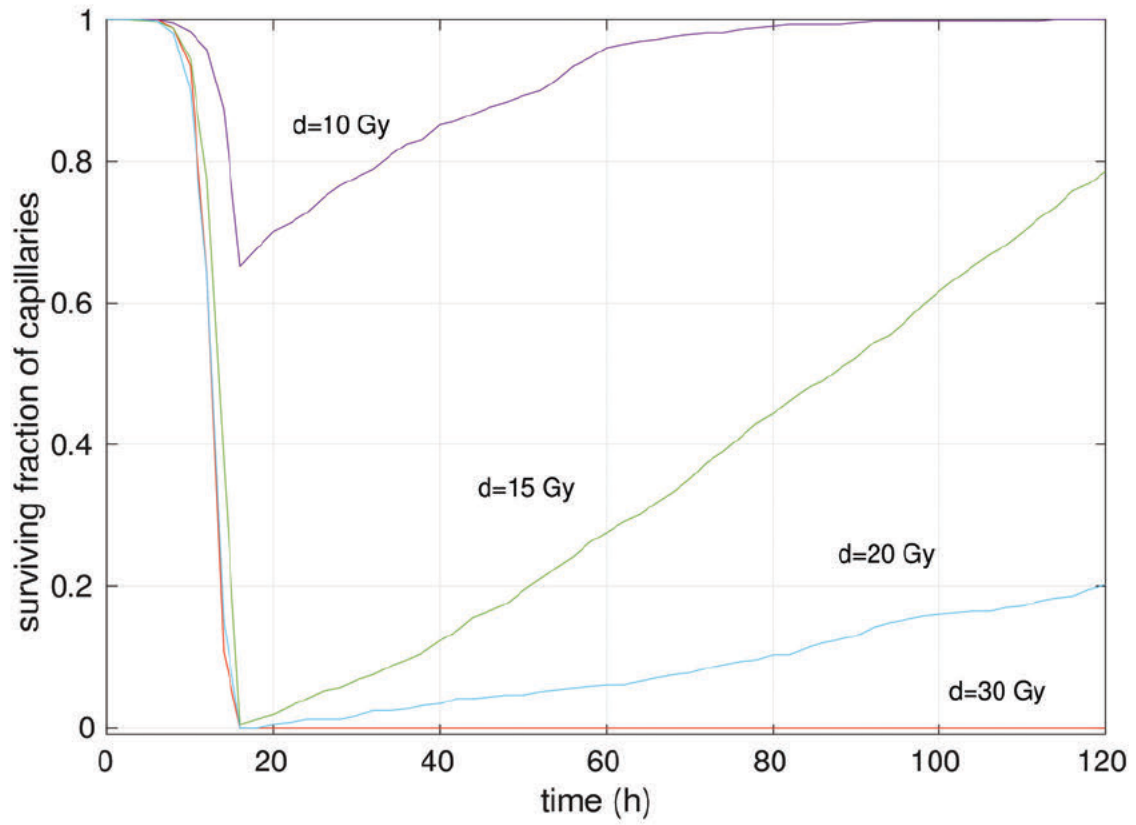


Figure 3: Functionality of capillaries versus time post-irradiation obtained with our model.

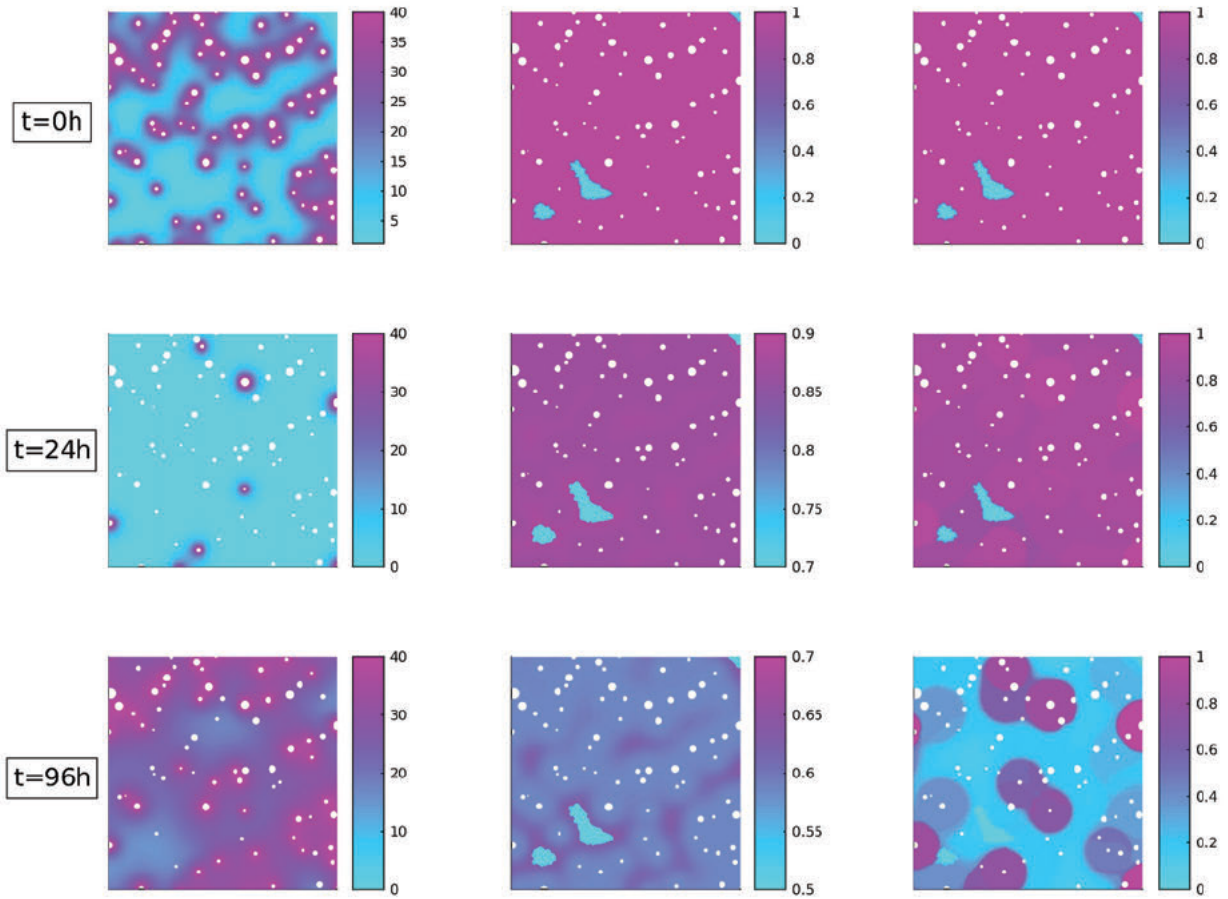


Figure 4. Qualitative representation of the spatio-temporal evolution of oxygenation (left), and surviving fractions associated to direct death (center) and indirect death (right). White circles are capillaries. Notice the different colormap scale in the central panels, in order to highlight the effect of OERs on the surviving fraction.