

1 **Biomonitoring toxic and essential trace elements in the Lower Amazon region using**
2 **fish tissues**

3 **Feasibility of using fish tissues to biomonitor toxic and essential trace elements in**
4 **the Lower Amazon**

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21
22 **Abstract**

23 Brazilian soils can have high concentrations of toxic elements, mainly mercury (Hg) and arsenic (As),
24 metals also associated with anthropogenic activities (e.g. intensive agriculture, mining, deforestation and
25 hydroelectric plants). This can lead to large amounts of these elements reaching and/or being mobilized in
26 the aquatic ecosystem, which constitutes a serious threat to the environment and to the health of local
27 populations. Thus, we evaluate the feasibility of analyzing the tissues of freshwater fish species for
28 monitoring toxic and trace element accumulation within the aquatic ecosystem in the Lower Amazon,
29 Brazil. Two fish species were considered: *Cichla temensis* (Tucunaré), a carnivorous species, and
30 *Pterygoplichthys pardalis* (Acari), a detritivorous species. Samples of liver and muscle from both species
31 were evaluated in relation to their potential use for biomonitoring purposes. The study findings clearly
32 demonstrate the value these fish species and tissues, particularly liver, for biomonitoring toxic and trace
33 element concentrations in the aquatic environment across the study region. While Tucunaré liver proved
34 the best option for biomonitoring elements that accumulate through the food chain (e.g. Hg), Acari liver
35 better reflected elements that typically accumulate in the sediments (e.g. As). Moreover, the trace element
36 profiles, determined using chemometric (multivariate) techniques, differed greatly in specimens from
37 waters in the Andean mountain range (sampling sites located in the main course of the Amazon River) with
38 high sediment concentrations, and in specimens from the Guyana and Brazilian shields (Porto Trombetas
39 on the Trombetas River and Itaituba on the Tapajós River). The findings also indicate that deposition of
40 elements in freshwater fish in this area is mainly associated with the geological origin of the soils and that
41 large amounts of toxic elements can reach the aquatic ecosystem due to anthropogenic activities, thereby
42 posing a serious danger to the environment and the health of the riverside communities.

43
44 **Key words:** Biomonitoring; Amazon river; trace and toxic elements; fish liver and muscle.

47 1. Introduction

48 Aquatic ecosystems can be polluted by a wide range of contaminant substances, such as heavy metals and
49 pesticides, that may be deposited in the sediments and/or accumulated through the trophic chain, (Lescord
50 et al., 2020; Varol and Sünbül, 2017; Zupo et al., 2019). The Amazon region is an environmental icon with
51 unique characteristics. Amazonian forests host a quarter of terrestrial species in the world, and they account
52 for about 15% of global terrestrial photosynthesis and act as the engine of global atmospheric circulation
53 (Malhi et al., 2008), which is essential to combat the impacts of climate change (Nepstad et al., 2008). The
54 Amazon basin produces about 20% of the world's freshwater discharge, and the aquatic environment is vital
55 for the local population using it for food supply (fish), transportation, and economical activities (Latrubesse
56 et al., 2017).

57 Since the last century, Amazonian freshwater ecosystems have been facing a serious problem of mercury
58 (Hg) contamination associated with artisanal gold mining. The devastating consequences of the mining
59 activities have been widely monitored in several studies in the past few years, with particular focus on
60 human exposure through consumption of fish (Castilhos et al., 2015; Crespo-Lopez et al., 2021; Passos et
61 al., 2008). In addition, other mining activities and oil extraction have led to important spills of toxic
62 chemicals into the rivers in the area (Soares et al., 2017). Mining activities, together with the large-scale
63 development of agriculture and intensive livestock farming, have indirectly aggravated problems associated
64 with environmental pollution in the Amazon. Such activities have triggered extensive deforestation and are
65 associated with the construction of extensive infrastructure networks designed to facilitate access to various
66 industrial operations. However, the impact of these activities on other toxic elements, including interactions
67 with trace elements that are essential for living organisms, has not been widely evaluated.

68 Within the Brazilian Amazon, the state of Pará is particularly seriously affected by mining exploitations.
69 In the municipality of Itaituba, gold extraction is common (and often unregulated and clandestine); in Porto
70 Trombetas (municipality of Oriximiná), bauxite mining has been carried out since 1969; and in Juruti, a
71 bauxite exploitation project has also been initiated within the last 10 years. Numerous mining-related
72 accidents have been reported in the region, including the direct discharge of effluent comprising bauxite
73 tailings rich in iron (Fe), aluminium (Al) and silica (Si) oxides into the Batata ~~Lake~~ Lake in Oriximiná
74 between 1979 and 1989 (Lin and Caramaschi, 2005) and the historic mercury contamination in the Tapajós
75 river basin associated with artisanal gold mining (Lino et al., 2019). The Pará region is also well known for
76 agricultural production (mainly corn and soybean), which has led to intense deforestation (Fearnside, 1990).
77 All of these activities are very likely to have a significant impact on environmental pollution, the
78 consequences of which have not been evaluated in depth.

79 According to the results of a previous study assessing toxic element contamination in the main fish species
80 consumed in Santarém (the main city in western Pará), Hg pollution is of serious concern in the area
81 (Albuquerque et al., 2020b) and m–Maximum admissible Hg concentrations in fish destined for human
82 consumption (0.5 mg/kg fresh weight) are frequently exceeded in carnivorous species. According to the
83 patterns observed in this study, it seems that mercury is transferred through the aquatic food chain rather
84 than in the form of waterborne mercury, although other essential trace elements, such as selenium (Se), Fe,
85 manganese (Mn) and cobalt (Co) in addition to exert an essential role in the organism (Watanabe et al.,
86 1997) may play an important role in Hg methylation in the environment. Although other toxic elements,
87 i.e. arsenic (As), cadmium (Cd), and lead (Pb), were found at relatively low concentrations in the fish flesh,
88 some interesting patterns were observed that deserve further investigation. Liver plays an essential role in
89 trace element metabolism and is the main organ in which metals accumulate. Analysis of liver tissue may
90 therefore provide more useful information than muscle in relation to assessing toxic element exposure and
91 bioaccumulation in the aquatic ecosystem.

92 The objective of this study was to evaluate and compare the feasibility of using liver and muscle tissue from
93 two different freshwater fish species as analytical samples for monitoring toxic and trace element
94 accumulation in the aquatic ecosystem in the western part of the state of Pará. For this goal, the
95 concentrations of thirteen toxic and trace elements were determined in liver and muscle tissue extracted
96 from a carnivorous fish species, *Cichla temensis* (Tucunaré) and a detritivorous fish species,
97 *Pterygoplichthys pardalis* (Acari), captured at various sampling points across the study area. Chemical data

98 were analyzed by using unsupervised chemometric techniques to elucidate the relationships between
99 samples, essential and toxic elements, species and sampling points.

100

101 **2. Material and methods**

102 *2.1. Fish species and sampling procedure*

103 Samples were obtained at 5 different points in the western part of the state of Pará (**Figure 1**). Three points
104 were selected within the main course of the Amazon River, from the source to the mouth of the river: Faro,
105 the most western point of the state of Pará, which is free of mining activities (sampling point 1, SP1); Jurutí,
106 where a bauxite exploitation project was initiated within the last 10 years (sampling point 2, SP2); and
107 Santarém, the most important urban area in the region (sampling point 3, SP3). Another two sampling sites
108 were also established in rivers from the Guyana and Brazilian shields: the first one at Itaituba, on the
109 Tapajós River (sampling point 4, SP4), where the largest small-scale gold mining sites called “garimpos”
110 are located; and at Porto Trombetas on the Trombetas River (sampling point 5, SP5), a region/area where
111 a bauxite exploitation has been carried out since 1969. A total of 258 specimens of two different fish species
112 largely distributed in the Amazon River and fished for human consumption, -with distinct feeding patterns
113 were obtained from these sampling sites. Thus, 125 of the samples corresponded to *Pterygoplichthys*
114 *pardalis* (Acari or Amazon Sailfin Catfish), a detritivorous, nocturne, benthonic species that mainly feeds
115 on detritus and algae scraped or rasped from the bottom substrates of the river, participating in the pre-
116 mineralization phase of organic matter present in the sediments. Acari lives in groups on sites with
117 decomposed organic matter and do not perform systematic migrations, remaining in shoals in the original
118 environments. When necessary, they make small lateral movements during the ebb or flow moving between
119 the lakes and the seasonally flooded areas. The Acari is extremely tolerant to inhospitable environments
120 (e.g. low O₂) (Armbruster, 2004; Soares et al., 2006). -The remaining 133 samples were of *Cichla temensis*
121 (Tucunaré), a sedentary, voracious predatory carnivorous fish that lives both in the middle courses of the
122 slow flowing rivers and in flooded areas during the rainy season. In the rainy season, the fish is usually
123 found lurking near the shore where it feeds on smaller species. They have diurnal habits, can use different
124 places of food, and occasionally they also eat invertebrates such as crustaceans and insects. In general,
125 Tucunaré are sedentary, although they can perform lateral movements between the main river channel and
126 the flood plains for foraging (Kullander and Ferreira, 2006). Most of Tucunaré was found moving only one
127 km in a capture-recapture study, but a few larger specimens moved up to 21 km (Hoeinghaus et al., 2003).
128 In each sampling site, specimens of Acari and Tucunaré were obtained directly from professional fishermen
129 and were measured and weighted, and packed in airtight plastic bags and immediately transported to the
130 laboratory at 4°C. Since nematode infection can change mineral status, fish was era-examined and only
131 parasite-free specimens were used (Rosa Leite et al., 2020). Summarized data of the specimens included in
132 our study are presented in Table 1; no statistical significant differences in length and weight were observed
133 between specimens collected in different areas.

134 *2.2. Sample preparation*

135 Once in the laboratory, each specimen was measured and weighed, and tissue samples were prepared
136 immediately to prevent possible sample deterioration and/or potential contamination. Samples of muscle
137 and liver tissue were extracted and dried in an oven at 85°C for 24 hours until constant weight. Subsamples
138 of approximately 1 g, were weighed accurately and digested in a mixture of 5 ml of concentrated nitric acid
139 (TMA, Hiperpure, PanReac, Spain) and 3 ml of 30% w/v hydrogen peroxide (PanReac, Spain) in a
140 microwave-assisted digestion system (Ethos Plus; Milestone, Sorisole, Italy). Digested samples were
141 transferred to polypropylene sample tubes and diluted to 15 ml with ultrapure water according to previously
142 described procedures and conditions (Albuquerque et al., 2020a; Rey-Crespo et al., 2013).

143 *2.3. Toxic and trace element analysis*

144 The concentrations of the non-essential elements As, Cd, Hg, Pb and of the essential trace elements Co,
145 chromium (Cr), copper (Cu), Fe, Mn, molybdenum (Mo), nickel (Ni), Se and zinc (Zn) in the digested
146 samples were determined by inductively coupled plasma mass spectrometry (ICP-MS; VG PQ Excel,

147 Thermo Elemental, USA). The analytical conditions have been described in detail in previously published
148 studies (Albuquerque et al., 2020b; Luna et al., 2019). Samples were analyzed in triplicate and an analytical
149 quality control programme was applied throughout the study. Blank solutions were processed and measured
150 alongside samples, and blank values obtained were subtracted from sample readings before calculation of
151 the final results. Limits of detection (LOD) were calculated as three times the standard deviation of the
152 reagent blanks. In all cases, the LODs were sufficient to enable determination of the essential and trace
153 metals at the levels found in the samples of both fish species. The accuracy of the determinations was
154 evaluated by comparison with a certified reference material (CRM) of fish protein DORM-3 (National
155 Research Council, Ottawa, Ontario, Canada), which was analyzed following exactly the same procedure as
156 for fish samples. The results obtained (summarized in **Table 24**) showed satisfactory agreement between
157 measured and certified values, thus demonstrating that the accuracy of the method was acceptable. As there
158 is no CRM available for Co and Mo, the analytical recoveries of these elements were determined by using
159 spiked samples at concentrations producing absorbance values up to 10 times the usual levels in muscle.
160 The mean recoveries were 89% and 92%, respectively. The precision of the analytical determinations,
161 calculated as the relative standard deviation (RSD) of 10 distinct digestions of the same sample, ranged
162 between 4.3 and 7.6%.

163 2.4. Data matrices and chemometric procedures

164 Two different data matrices were obtained from the chemical data: *Liver.set* and *Muscle.set*. The first matrix
165 corresponds to the analytical data for liver tissue, and the second incorporates the data on the mineral
166 composition of muscle. Each matrix ($X_{258 \times 13}$) is composed of the concentrations of the 13 mineral elements
167 (columns) in the 258 samples (rows) from both fish species (Acari and Tucunaré). The data normality was
168 checked by means of the Kolmogorov–Smirnov test. As the data were not normally distributed, they were
169 log-transformed before analysis. Differences in toxic and trace elements concentrations in the fish species
170 from the different sampling points were studied using a general linear model in which “species” and
171 “sampling point” were the main fixed factors. The statistical analysis was performed using IBM SPSS for
172 Windows v.24 (IBM Corporation, Armonk, NY, USA).

173 Chemometric analysis of the data was carried out ~~with the main objective of **forto** testing~~ the potential use
174 of mineral concentrations in liver and/or muscle of the two fish species as markers of bioaccumulation.
175 Therefore, ~~the *Liver.set* and *Muscle.set* data **sets**~~ were processed by chemometric (**multivariate**) techniques
176 in order to evaluate the capacity of the different fish species (Acari vs. Tucunaré) and the diverse target
177 tissues (liver vs. muscle) for this purpose. In addition, the capacity of the selected biomarkers to differentiate
178 between sampling sites affected by different levels of environmental pollution (associated with diverse
179 anthropogenic activities) was also evaluated. ~~The chemometric study consisted of the use of **Two**~~
180 ~~unsupervised **multivariate** display **chemometric** techniques: **Principal Component Analysis (PCA)** and~~
181 ~~**Hierarchical Cluster Analysis (HCA)** were applied~~ to explore the relationships between samples and
182 variables and to reveal the latent structure of the chemical information contained in both $X_{258 \times 13}$ data
183 matrices. ~~As 13 metals were determined for both data sets (*Liver.set* and *Muscle.set*), each fish sample was~~
184 ~~therefore characterized by a point in a 13-dimensional space of the variables. **Principal Component Analysis**~~
185 ~~(PCA) and **Hierarchical Cluster Analysis (HCA)** were used to examine these data sets. PCA is a useful~~
186 ~~technique in exploratory data analysis involving numerous samples and variables (Massart et al., 2003).~~
187 ~~This display technique enables better visualization of the data set in a reduced dimension of the principal~~
188 ~~components (PC) with minimum loss of total information. PCA decomposes the original data matrix $X_{n \times m}$~~
189 ~~into a product of another two matrices. The first of these, the score matrix $S_{n \times m}$, contains information about~~
190 ~~the samples, while the second, the loadings matrix $L_{n \times m}$, includes information about the variables. If the~~
191 ~~number of principal components selected is lower than the number of original variables (m), PCA enables~~
192 ~~considerable reduction and simplification of the original data matrix X . Thus, in the case at hand, PCA was~~
193 ~~first carried out used~~ to visualize the 13-dimensional data matrices in a reduced dimension, thereby
194 preserving the maximum information contained in the data variance (Massart et al., 2003) ~~After that, HCA~~
195 ~~(Massart and Kaufman, 1983) is another multivariate display chemometric technique (usually applied in~~
196 ~~combination with PCA) was performed used to establish clusters of **group**-similar samples (or variables)~~
197 ~~on the basis of the Euclidean distance between them as a **into a number of clusters based on the observed**~~

198 values of the variables. In the present case, clusters were obtained according to the Ward agglomerative
199 procedure on the basis of the squared Euclidean distance between samples as the similarity measure. The
200 final result produced by HCA is a graphical tree diagram, representing the clusters, i.e. a called dendrogram,
201 which is a two-dimensional plot of the sample similarities in the 13-dimensional space of the variables.
202 Before PCA and HCA, pretreatment consisting of an autoscaling procedure was applied to both *Liver.set*
203 and *Muscle.set* matrices to prevent the diverse ranges of the different elements analyzed affecting the
204 outcome. In this common data pretreatment procedure, each value of a variable is subtracted from the mean
205 value of the variable and divided by the standard deviation. This produces new variables with zero mean
206 and unit variance in all cases, thus preventing the undesired influence of the different size of original
207 variables. The multivariate techniques (PCA and HCA) All chemometric procedures were carried out using
208 Stat graphics Centurion XVI v. 16.1.15 (Statistical Graphics Corp., Rockville, MD, USA).

210 3. Results

211 3.1. Toxic and trace element concentrations in liver and muscle

212 The data on toxic and trace element concentrations in liver and muscle of the fish specimens were analyzed
213 using a General Linear Model in order to evaluate the influence of the fish species (Acari vs. Tucunaré) and
214 sampling site (SP1 to SP5). The results are presented in **Table 32**. In general, for the liver, strong ($p < 0.001$)
215 statistically significant differences between fish species and geographical regions were detected for most
216 elements (except Mn and Mo). By contrast, for the muscle, significant differences were only observed for
217 the toxic elements (As and Hg) and Se. However, as the interaction between both factors (fish species and
218 geographical region) proved significant, accumulation of toxic and trace elements does not follow the same
219 geographical pattern in both fish species, and it should therefore be studied separately.

220 Detailed data on the toxic and essential trace element concentrations in the liver and muscle of specimens
221 of Acari and Tucunaré from the different geographical areas are presented in **Figures 2 and 3**, respectively.
222 For the toxic elements, the highest geographical variations corresponded to Hg and As, although for both
223 elements geographical variations depended on the fish species considered. Mercury concentrations were
224 particularly high in the liver of Tucunaré collected in the mining areas of Itaituba (SP4) and Porto
225 Trombetas (SP5),—i.e. up to 26.7 mg/kg dry weight (0.5 mg Hg/kg fresh weight is the maximum residue
226 level in the Brazilian and other international legislations), with mean values 5 times higher in the other
227 areas (see box-whisker-plots of Figure 2, note the different scales on the y-axis for liver and muscle
228 samples). The mean Hg concentrations were generally one order of magnitude lower in Acari than in
229 Tucunaré, but they were significantly higher in the specimens from Porto Trombetas (SP5) and Faro (SP1)
230 than in specimens from the other sampling sites. The Hg concentrations were lower (ca. 50 %) in muscle
231 than in liver of both fish species, but with the same pattern of accumulation (Pearson correlation coefficient
232 for Hg in liver and muscle 0.793 and 0.830 ($p < 0.001$) for Acari and Tucunaré, respectively). By contrast,
233 the highest As concentrations were detected in both liver and muscle of Acari (approximately 5 times higher
234 than in Tucunaré), although the same geographical pattern was detected in both species: the As
235 concentrations were highest in the fish samples from the main course of the Amazon River (Faro [SP1],
236 Juruti [SP2] and Santarém [SP3]). The concentrations of As in liver and muscle were closely correlated in
237 both fish species (Pearson correlation coefficient 0.696 and 0.772, $p < 0.001$), as observed for Hg. The Cd
238 concentrations were higher in liver than in muscle, as expected due to the bioaccumulation capacity of this
239 element; the concentrations were similar in both fish species, with similar geographical variation. Finally,
240 Pb concentrations were generally low in both fish species, and except for the liver of Acari (Pb
241 concentrations were higher in specimens caught in Faro [SP1]), no significant geographical variations were
242 found. None samples exceeded the maximum residue levels for As, Cd and Pb in the Brazilian (1, 1 and 2
243 mg/kg fresh weight) and other international legislations (1-2, 0.5-1, 0.5 mg/kg fresh weight respectively;
244 for review see Albuquerque et al., 2020a)

245 The distributions of essential trace element concentrations are shown in box-whisker plots on the basis of
246 fish sample, tissue analyzed and sampling point (**Figure 3**). Essential trace element concentrations in the
247 fish species studied were generally within the adequate physiological ranges (Albuquerque et al., 2020b).

248 As in the case of toxic elements, the concentrations were higher and more variable in the liver than in
249 muscle. For these elements the main geographical variations (statistically significant for all the elements,
250 except Mn) were found in the liver of Acari, and in most cases the concentrations of essential trace elements
251 were highest in fish from Faro (SP1) (as for the toxic elements). For the other categories of samples,
252 significant differences were observed only for Fe in the Tucunaré liver (as with Hg, the highest
253 concentrations corresponded to the mining areas of Itaituba [SP4] and Porto Trombetas [SP5]) and Se in
254 the muscle of Acari (concentrations were highest in specimens from Faro [SP1]).

255 3.2. Chemometric analysis

256 Although the individual analysis (for each element) of toxic and trace element deposition in liver and
257 muscle of Acari and Tucunaré revealed significant differences between geographical areas, this did not
258 enable identification of a clear pattern of exposure to metals in the studied area. For all elements studied,
259 an overlap between the specific metal levels in liver and muscle of both species was observed. This finding
260 indicated that, despite some differences being detected, neither of the metals analyzed in the two species
261 seems to be able to reflect the metal exposure in this geographical region. Therefore, a multivariate
262 approach was applied for joint consideration of all variables.

263 3.2.1. Fish species

264 Application of PCA to the *Liver.set* matrix, examination of score and loadings plot afforded interesting
265 results. As it can be seen in **Figure 4a**, in which the scores of the fish samples are presented in the space
266 defined by the first three principal components (accounting for 63% of the total data variance), two natural
267 groups of the samples were detected according to the fish species (Acari and Tucunaré). The samples of
268 each species are thus located in different zones of the 13-dimensional space, implying a different mineral
269 profile for each species when all the variables are evaluated together, although none by themselves were
270 capable of producing this separation. The sample grouping revealed by PCA was verified by using other
271 display chemometric techniques with a different mathematical basis. In this case, HCA was used to reveal
272 the groups of samples in the 13-dimensional space according to the squared Euclidean distance between
273 them as a similarity measurement and using the Ward method as agglomerative procedure for identification
274 of clusters. The result obtained in the form of dendrogram is presented in **Figure 5**. Two main groups of
275 samples (coded as clusters A and cluster B) were identified: cluster A, composed of Acari samples, and
276 cluster B composed of Tucunaré samples. Additionally, cluster C, including samples from the two fish
277 species, illustrates the minimum overlap between the two main groups in the multidimensional space.
278 Moreover, the level of similarity within Tucunaré samples is higher than the similarity between Acari
279 samples. The intra-species variability for Tucunaré is therefore lower than that observed for Acari. The
280 concordant conclusions obtained by two diverse chemometric techniques confirm the very different total
281 metal profiles in liver samples from the two fish species.

282 In order to study the relationships between variables, the same display chemometric techniques were
283 applied to the $X_{238 \times 13}$ *Liver.set*. Examination of the loadings obtained in the PCA showed that the variables
284 contributing most to the first principal component were Cd, Co, Fe, Hg and Se, while As, Cr, Mo, Ni and
285 Pb were the dominant variables in the second PC. This finding can be interpreted with the help of the PCA
286 biplot (presented in **Figure 4b**), produced by a 3D-graph plotting function (Biplot) in which samples and
287 variables are plotted in the same space defined by the first three PCs. The graph produced is very useful for
288 evaluating the associations between the samples (fish species) and variables (mineral elements). As it can
289 be seen in this figure, the variables contributing most to PC1 are mainly related to Tucunaré, while those
290 with the highest loadings in PC2 correspond to the Acari samples. Following an approach similar to the
291 previously applied to the samples, this result was verified by HCA. The result for the variable association
292 produced by this chemometric technique clearly revealed two groups of variables: the first one is composed
293 of Fe, Cd, Se, Co, Hg and Mo (which mainly coincides with the most important variables in PC1) and it is
294 related to Tucunaré species, and the second cluster is formed by the variables Cr, Ni, Pb, Mn, As, and Zn
295 (most with high loadings in PC2) and is related to Acari. Thus, the variable association was confirmed by
296 a second different display multivariate chemometric technique. A similar multidimensional approach was
297 used to examine the *Muscle.set* matrix. Samples of both fish species also form separate groups in the

298 multidimensional space of the variables. However, a higher degree of overlap in the muscle data was
299 demonstrated, as can be seen in the score plot of muscle samples in **Figure 6a**. This greater overlap was
300 also confirmed by HCA (**Figure 7**). This means that muscle mineral patterns for the two species of fish are
301 not as different as observed for the liver. On the other hand, when the relationships between variables and
302 samples were examined in the corresponding biplot, very different patterns were observed relative to those
303 observed for liver. The only evident association was for Hg levels in muscle of Tucunaré (**Figure 6b**). For
304 the other variables associated with Acari, two subsets were identified, the first composed of As, Cr and Ni,
305 and the second determined by the remaining variables. This result was also confirmed by HCA.

306 3.2.2. Geographical distribution/sampling sites

307 In order to explore the associations between fish samples and the sampling sites, PCA was applied to the
308 *Liver.set* and *Muscle.set* matrices separately for each fish species on the basis of the sampling locations.
309 The results obtained are presented in the form of score plots in **Figure 8**. Differences between differentiated
310 polluted areas were observed. Liver samples from Acari formed three separate groups: the first and most
311 numerous group is comprised of samples from the main course of the Amazon basin (including Faro [SP1],
312 Juruti [SP2] and Santarém [SP3]), the second group is composed of Itaituba (SP4) samples, while the last
313 one is formed by Porto Trombetas (SP5) samples, which are very different from the other two groups. The
314 same pattern can be observed for muscle samples from Acari. In this case, both target tissues are sensitive
315 to different pollution areas. However, examination of the Tucunaré data ~~only~~ identified two groups: the
316 first is composed of all the samples from the main course of the Amazon River (SP1, SP2 and SP3), but the
317 second group includes samples from both Itaituba (SP4) and Porto Trombetas (SP5). Very similar results
318 were obtained for Tucunaré muscle samples.

319

320 4. Discussion

321 The study findings demonstrate the potential feasibility of using fish tissues for biomonitoring toxic and
322 trace elements in the western Pará aquatic ecosystem. However, as different information was obtained in
323 relation to the toxic and trace elements in each type of sample and species (liver or muscle, Acari or
324 Tucunaré) in the different geographical areas, the selection of the most appropriate type of sample will
325 depend on the particular objectives of the biomonitoring study.

326 The interest in Hg biomonitoring studies is obvious considering that contamination with this element is one
327 of the main concerns in Lower Amazon, regarding both the environmental risk and the health risks to the
328 inhabitants of the area, whose diet is largely fish-based. From this point of view, muscle of carnivorous fish
329 species seems to be the best choice of sample. The tissue concentrations of Hg have been studied in a broad
330 selection of fish species in the Amazonian region in the last few decades (Azevedo et al., 2020; Bastos et
331 al., 2015; Lima et al., 2015; Lino et al., 2019; Martín-Doimeadios et al., 2014; Silva et al., 2019) and there
332 is a general agreement that Hg accumulation occurs mainly in the form of methyl-Hg and is highest in
333 carnivorous fish species. In previous studies, Hg concentrations were often found to be above the maximum
334 levels allowed in the Brazilian as well as in other international legislation (Rabitto et al., 2011). These high
335 levels are toxic for humans, and they must be closely monitored. In Amazonian fish, Hg is transferred
336 through the aquatic food chain rather than in the form of waterborne Hg (Barbosa et al., 2003), and therefore
337 fish species at the top of the food chain can provide the best information about Hg pollution. It is generally
338 assumed that gold-mining activities constitute the main source of Hg contamination in Amazonia (Hg has
339 been historically used, since the times of the Spanish colonizers in the XVI century, in the amalgamation
340 process used in the extraction of gold from ore). Since the 1980s, a new gold rush has been occurring in
341 South America, particularly in Brazil, where almost 90% of gold production is associated with often
342 unregulated and small-scale gold mining sites called “garimpos” (Lacerda and Salomons, 1998). In Brazil
343 alone, artisanal-scale gold mining accounts for 30 tonnes of gold per year, 26% of which is produced in the
344 Tapajós River Basin, with the largest area of garimpos located at ~~is in~~ Itaituba (Lobo et al., 2016), the
345 central area of the Tapajós River basin, where it is estimated that approximately 500 tons of gold has been
346 recovered since 1980. In addition to this clearly anthropogenic source of Hg, high concentrations of Hg
347 have been found in the mineral horizons of soils from different sub-basins in the Amazon, which are

348 responsible for the high Hg concentrations detected in fish in areas not affected by the gold-mining
349 exploitations (Barbosa et al., 2003). Soil erosion, intensified by human activities such as forest clearing,
350 agriculture and other mining activities, has been shown to be an important natural source of Hg in local
351 aquatic systems (Berzas Nevado et al., 2010). The findings of the present study indicate that the main
352 sources of Hg exposure in the aquatic ecosystems under study are the Hg used in the amalgamation process
353 involved in gold mining in the municipality of Itaituba in the Tapajos River and also the earthworks and
354 perforation of soils in the Porto Trombetas bauxite exploitations (See Figure 2).

355 The results of the PCA and HCA showed that the metal profiles of Acari and Tucunaré are different (see
356 Figure 4a), and therefore the species provide different information about the metal status of the sampled
357 areas. Tucunaré is the most appropriate choice for biomonitoring Hg, as it is more sensitive to this metal
358 (in fact Hg is one of the metals with the highest score in PC1: see section 3.2.1, Figure 4). In addition, the
359 pattern of Hg accumulation is similar in the liver and muscle of Tucunaré. Both tissues could therefore be
360 useful for monitoring purposes; however, as Hg accumulation was much higher in the liver than in the
361 muscle, liver is preferred, particularly for poorly contaminated or unpolluted areas, or when the limits of
362 detection of the analytical technique used for Hg quantification is high (i.e. fails to detect when there is
363 limited concentration of metals in the tissues) using methods such as cold vapor atomic fluorescence
364 spectrometry or direct mercury analysers, reported in studies from South America (Pestana et al., 2019;
365 Ribeiro et al., 2017). Therefore, Tucunaré liver is considered potentially useful for biomonitoring Hg
366 exposure in the aquatic ecosystem in the Amazonia. In addition, the chemometric analysis also showed that
367 other trace elements are also closely associated with Hg accumulation in the liver of Tucunaré, e.g. Se, Fe
368 and Co (See Figure 4b). Selenium is a well-known antagonist of Hg as it sequesters this element and reduces
369 its environmental bioavailability, thereby protecting living organisms from its toxic effects (Sørmo et al.,
370 2011). Thus, only determination of the amount of Hg present in the environment or in food sources may
371 provide an inadequate reflection of the potential health risks generated by this element if the protective
372 effects of Se are not also considered (Ralston et al., 2008). In fact, the Se:Hg molar ratio in tissues has been
373 proposed to estimate the protective role of Se against Hg toxicity: Se:Hg molar ratios >1 being considered
374 protective (Ralston et al., 2008). In our study (data not shown) the Se:Hg molar ratio was well above 1 in
375 most samples, the only exception being 12 of 133 muscle specimens of Tucunaré; these ratios being
376 statistically higher ($p < 0.001$) in the liver (mean value: 53.93) compared to the muscle (20.33) and in Acari
377 (61.43) compared to Tucunaré (11.68). ~~Further research on Hg-Se interactions will help to clarify the~~
378 ~~consequences of Hg exposure and identify populations that may be protected or at greater risk from the~~
379 ~~toxic effects of Hg.~~ Moreover, it has recently been suggested that Fe and Co may play an important role in
380 mercury methylation (Albuquerque et al., 2020b). If these results are confirmed, liver samples from
381 carnivorous species could provide additional information to better understand the metabolic methylation of
382 Hg and consequently its toxicity. Moreover, these elements ~~may~~ potentially play an important role in
383 bioremediation strategies (Paranjape and Hall, 2017).

384 Interestingly, Cd also appears to be associated with Hg, Fe, Co and Se in Tucunaré liver (Figure 4b). ~~This~~
385 ~~is not surprising, because Cd (like Hg) is a toxic element that is bioaccumulated and biomagnified at the~~
386 ~~top of the food chain.~~ In fish, as observed in other animal species, including mammals, Cd is accumulated
387 by being bound to hepatic metallothionein in the liver, kidney and gills for very long periods. However, Cd
388 concentrations in the muscle are very low and are generally not related to Cd exposure, although some
389 samples from Amazonian fish may have Cd concentration higher than maximum allowed limit (Alcala-
390 Orozco et al., 2020). Indeed, the study findings confirmed very low Cd concentrations in muscle (2 orders
391 of magnitude lower than in the liver) and also a stable pattern not related to the different geographical areas,
392 thus ruling out this type of sample as a useful biomarker of Cd exposure. With the only exception of the
393 specimens collected in Itaituba (SP4), Cd concentrations were similar in the liver of Acari and Tucunaré,
394 with similar geographical variations. This finding suggests that sediments are the main source of Cd
395 exposure in the habitats of both species (the main course of the rivers for Acari and in flooded areas for
396 Tucunaré), particularly in Acari given its position at the bottom of the food chain.

397 On the other hand, if the objective of biomonitoring is to detect other toxic (mainly As) and essential trace
398 elements, then the liver of Acari is the optimum type of sample. This species is extraordinarily sensitive to

399 As (in fact As is one of the metals with high score in PC1: see section 3.2.1, Figure 4). Acari is a
400 detritivorous species and therefore feeds on debris (sediments) on the river bottom, where most toxic and
401 trace elements typically accumulate (Palacios-Torres et al., 2020). Although As contamination receives less
402 attention than Hg contamination, it is also a major concern in the Amazon River. A recent study evaluating
403 soil and tailing samples from gold mining areas at Amazon demonstrated that concentrations of As were
404 exceeding by far the acceptable value from Brazilian regulatory agency (258 times higher), with high
405 concentration in all exploration areas, especially in tailings, inorganic reactive fractions of As being a
406 serious risk for the local population (Souza Neto et al., 2020). Waters and rivers in the Andes mountains
407 have extremely high concentrations of As, both in solution or absorbed in iron oxides and hydroxides
408 particles. Arsenic (originated from the common occurrences of arsenic-bearing sulphites along the Andean
409 mountain range) appears in these environmental waters at concentrations close to the maximum value
410 accepted for potable water of $10 \mu\text{g L}^{-1}$ (Scarpelli, 2005). Moreover, Andean waters contain high loads of
411 sediments containing very high concentrations of As, up to four orders of magnitude higher than in the
412 water itself (Scarpelli, 2005). Arsenic concentrations were very high in the liver of Acari in this study (one
413 order of magnitude higher than in Tucunará and than reported in other international studies studies (Liu et
414 al., 2012; Squadrone et al., 2013) and they accurately reflect the high levels of As residues found in
415 sediments and in water throughout the Amazon basin (Seyler and Boaventura, 2001). In these selected
416 samples, As concentrations were significantly higher in the Andean tributaries and in their area of influence
417 (sampling points located in the main Amazon course SP1, SP2 and SP3) than in the non-Andean areas
418 (Itaituba [SP4] in the Tapajós River and Porto Trombetas [SP5] in the Trombetas River).

419 Finally, considering all of the information on the concentrations of the thirteen toxic and trace elements in
420 the samples, assessed as potential biomarkers of pollution in relation to their geographical origin, Acari
421 samples (both liver and muscle) best reflect the differences in the three sampling areas, as can be seen in
422 section 3.2.2 (Figure 8). Samples from this type of fish were capable of distinguishing between the
423 specimens from the main course of the Amazon River (from the source to the mouth of the river, Faro
424 [SP1], Juruti [SP2] and Santarém [SP3], representing the Andean waters) and specimens from the tributary
425 rivers, i.e. Tapajós (Itaituba [SP4]) and Trombetas (Porto Trombetas [SP5]). These results are consistent
426 with the type of waters contributing to the Amazon River. On the one hand, Andean tributary rivers
427 (including Solimoes and Madeira) carry high loads of sediments, which give the water a distinctive brown
428 colour. The large sediment loads are due to the high erosion rates at the high elevations of the Andes range
429 (up to 4000 m) with steep slopes and a thin cover of vegetation (Scarpelli, 2005). It is estimated that the
430 97% of the total suspended sediments in the mouth of the Amazon River are derived from the Andean
431 tributaries. On the other hand, the Amazon tributaries from the Guyana shield (e.g. the Trombetas River)
432 and from the Brazilian shield (e.g. the Tapajós River) carry small loads of sediments, as both are
433 characterised by surface elevations rarely surpassing a few hundred metres, with intense rainfall and thick
434 vegetation and a low rate of erosion (Scarpelli, 2005). Information on toxic and trace element concentrations
435 (with the exception of Hg) in the Amazon basin is scarce (see Seyler and Boaventura, 2001); however, it
436 seems that the patterns observed in fish in the present study are related to the natural origin of the soils and
437 to the rate of erosion. In a recent study from Atrato River, an ecosystem also impacted by impacted by gold
438 mining, but at the Colombian Pacific, pollution by Cr, Ni, Cu, As, Cd and Pb was found and linked to gold
439 mining (Palacios-Torres et al., 2020).

440 In general, in the Amazon basin is relatively free of industrial and other human inputs of toxic elements
441 the type of anthropogenic activities (mainly mining) makes that, and the concentrations in the aquatic
442 environment are probably ~~therefore~~ closely related to the background concentrations in the soil. The soils
443 in the Brazilian Amazon are geochemically very diverse, reflecting the distinct territorial areas and the
444 different source materials and factors involved in soil formation (Nascimento et al., 2018). This explains
445 why, for some elements, the highest residues were found in SP1-Faro, a region free of mining and other
446 relevant anthropogenic sources of trace elements, but that on the contrary, is most strongly influenced by
447 the Andean waters. Finally, the study findings also indicated that Acari tissues (both liver and muscle) are
448 capable of providing more information about toxic and trace element exposure than Tucunará tissues. The
449 patterns of accumulation in Acari samples ~~is are~~ different in specimens collected in the Amazon River (SP1,
450 SP2 and SP3), in Itaituba (SP4) and in Porto Trombetas (SP5) However, for Tucunará samples these last

two areas appeared together and overlapped in the chemometric analysis showed in Figure 8). This finding probably is related to the detritivorous nature of Acari, which feeds on the debris on the bottom of the river where most trace elements typically concentrate. However, it is also possible that this primitive fish species has more rudimentary homeostatic mechanisms that lead to higher accumulation in the liver when the fish are feeding in polluted environments, but this hypothesis need further evidence.

5. Conclusions

The findings of the present study clearly demonstrated the feasibility of using fish species to biomonitor toxic and trace element concentrations in the aquatic environment of the western part of the state of Pará (Brazil). Liver tissue from Tucunaré and Acari proved more useful for this purpose than muscle tissue. Although Tucunaré (a carnivorous species) liver is the best candidate for biomonitoring elements that accumulate through the food chain (e.g. Hg), Acari (a detritivorous species) liver better reflects elements that typically accumulate in the sediments (e.g. As). Moreover, the findings indicate that element deposition in freshwater fish in this area seem to be more closely related to the geological origin of the soils than to the anthropogenic activities. The trace element profiles show a clear difference between specimens feeding in waters originating in the Andean mountain range, with a high sediment concentrations (sampling sites located in the main course of the Amazon River), than fish from the Brazilian and the Guyana shields (the Tapajós and Trombetas rivers respectively). The abnormally high concentrations of several toxic elements in some Brazilian soils (mainly Hg and As) favour large amounts of these elements reaching aquatic ecosystem due to anthropogenic activities (including intensive agriculture, mining and deforestation and energy production in hydroelectric plants), thus posing a serious risk to the environment and to the health of the riverside communities. [New studies, including analysis of toxic and trace element concentrations in water, suspended particulate matter and sediments, as well as the physical and chemical properties of the water would help to better understand the dynamic of these elements in the aquatic ecosystem.](#)

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502

503 **Declarations of interest**

504 The authors declare that there is no conflict of interest regarding the publication of this article.

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670 Table 1. Summary of the samples collected

<u>region</u>	<u>Acarí</u>			<u>Tucunaré</u>		
	<u>N</u>	<u>Weight(g)</u>	<u>Length (cm)</u>	<u>N</u>	<u>Weight(g)</u>	<u>Length (cm)</u>
<u>Faro</u>	<u>19</u>	<u>382±44</u>	<u>32,9±1.2</u>	<u>14</u>	<u>496±87</u>	<u>32,6±2.1</u>
<u>Juruti</u>	<u>20</u>	<u>355±25</u>	<u>32,3±0.7</u>	<u>21</u>	<u>556±49</u>	<u>34,3±1,1</u>
<u>Santarém</u>	<u>41</u>	<u>354±12</u>	<u>32,1±0.5</u>	<u>54</u>	<u>540±44</u>	<u>32,6±0,9</u>
<u>Itaituba</u>	<u>21</u>	<u>344±26</u>	<u>31.6±0.7</u>	<u>20</u>	<u>541±98</u>	<u>33,4±2,0</u>
<u>Porto Trombetas</u>	<u>24</u>	<u>335±21</u>	<u>32,8±0.5</u>	<u>24</u>	<u>555±50</u>	<u>36,6±1,0</u>

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674 **Table 21.** Results of the analytical quality control programme applied in the ICP-MS determination of toxic
 675 and trace elements in this study: limits of detection and analysis of certified reference material. Results are
 676 expressed as mean± standard deviation.

CRM DORM-3^a			
	Detection limit (µg L⁻¹)	Analyzed levels (mg Kg⁻¹)	Certified levels^b (mg Kg⁻¹)
As	0.4	6.62 ± 0.38	6.88 ± 0.30
Cd	0.2	0.291 ± 0.062	0.290 ± 0.020
Hg	0.1	0.348 ± 0.021	0.382 ± 0.060
Pb	0.1	0.367 ± 0.046	0.395 ± 0.050
Co	0.1	0.200 ± 0.014	--
Cr	0.4	1.74 ± 0.61	1.89 ± 0.17
Cu	2.8	14.9 ± 1.2	15.5 ± 0.63
Fe	7.0	352 ± 43	347 ± 20
Mn	1.0	3.36 ± 0.33	(4.6)
Mo	0.9	0.661 ± 0.010	--
Ni	0.3	1.27 ± 0.25	1.28 ± 0.24
Se	0.8	3.51 ± 0.32	(3.3)
Zn	5.0	48.1 ± 2.2	51.3 ± 3.1

^a Fish protein DORM- 3, National Research Council, Ottawa, Ontario. ^b In parenthesis only informative values. CRM: certified reference material.

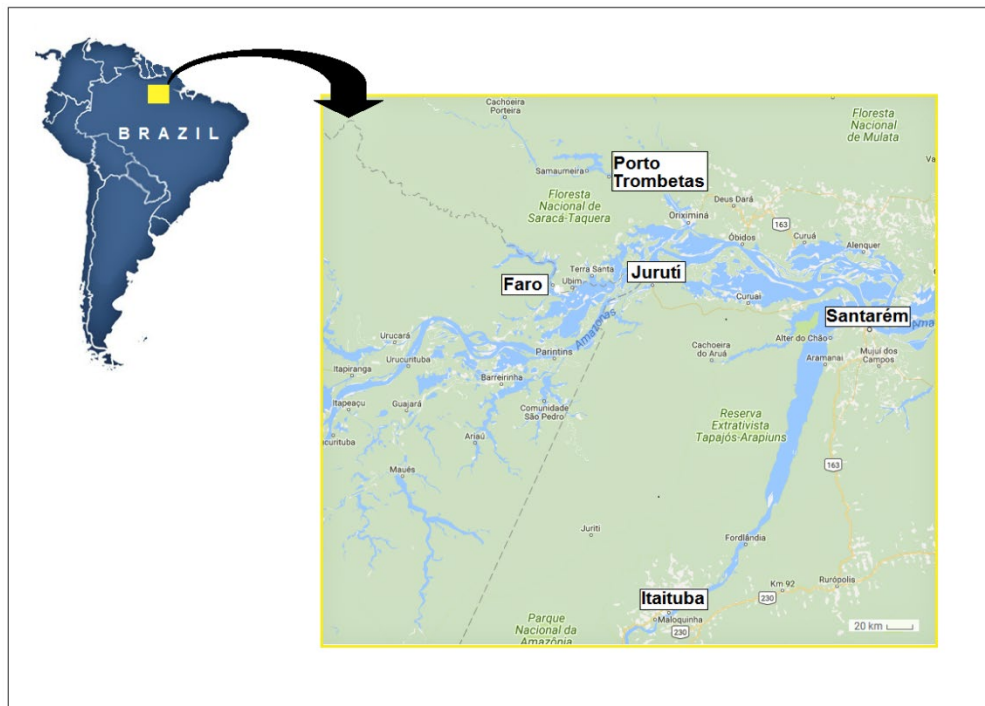
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681 **Table 23.** Summary of the general linear model used to evaluate the influence of the sampling point (Faro
682 [SP1], Jurutí [SP2], Santarém [SP3], Itaituba [SP4], Porto Trombetas [SP5]) and fish species (Acari and
683 Tucunaré) on toxic and essential trace element accumulation in liver and muscle in this study. Statistically
684 significant effects at $P < 0.05$ (*), $P < 0.01$ (**) and $P < 0.001$ (***), -- not significant.

	Liver			Muscle		
	Sampling Point (SP)	Fish Species (FS)	SP*FS	Sampling Point (SP)	Fish Species (FS)	SP*FS
As	***	***	**	***	***	**
Cd	***	***	**	--	--	--
Hg	***	***	***	***	***	***
Pb	***	**	**	--	--	--
Co	--	***	--	--	--	--
Cr	***	***	***	*	*	--
Cu	***	***	***	--	--	--
Fe	--	***	***	--	--	--
Mn	--	*	--	--	--	--
Mo	--	--	--	--	--	--
Ni	***	***	***	--	*	--
Se	*	***	*	***	--	--
Zn	***	--	*	*	*	--

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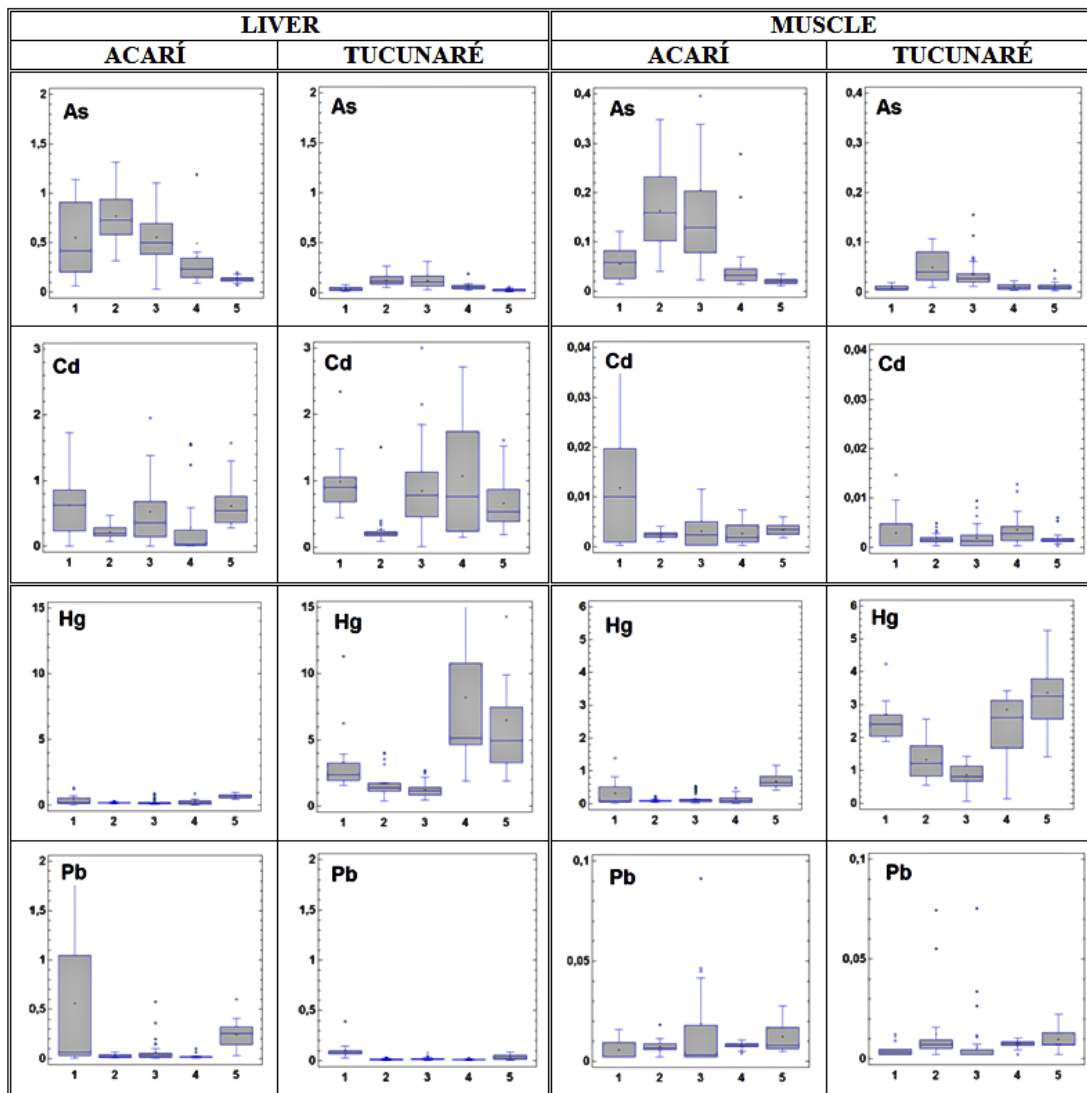


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689 Figure 1. Identification and location of sampling sites in the western part of the state of Pará. 1-Faro, 2-
690 Juruti, 3-Santarém, 4-Itaituba, 5-Porto Trombetas. [The symbols in the map indication gold-mining](#)
691 [are not precise geographical location since there are several small scale artisanal mining activity](#)
692 [in the region.](#)

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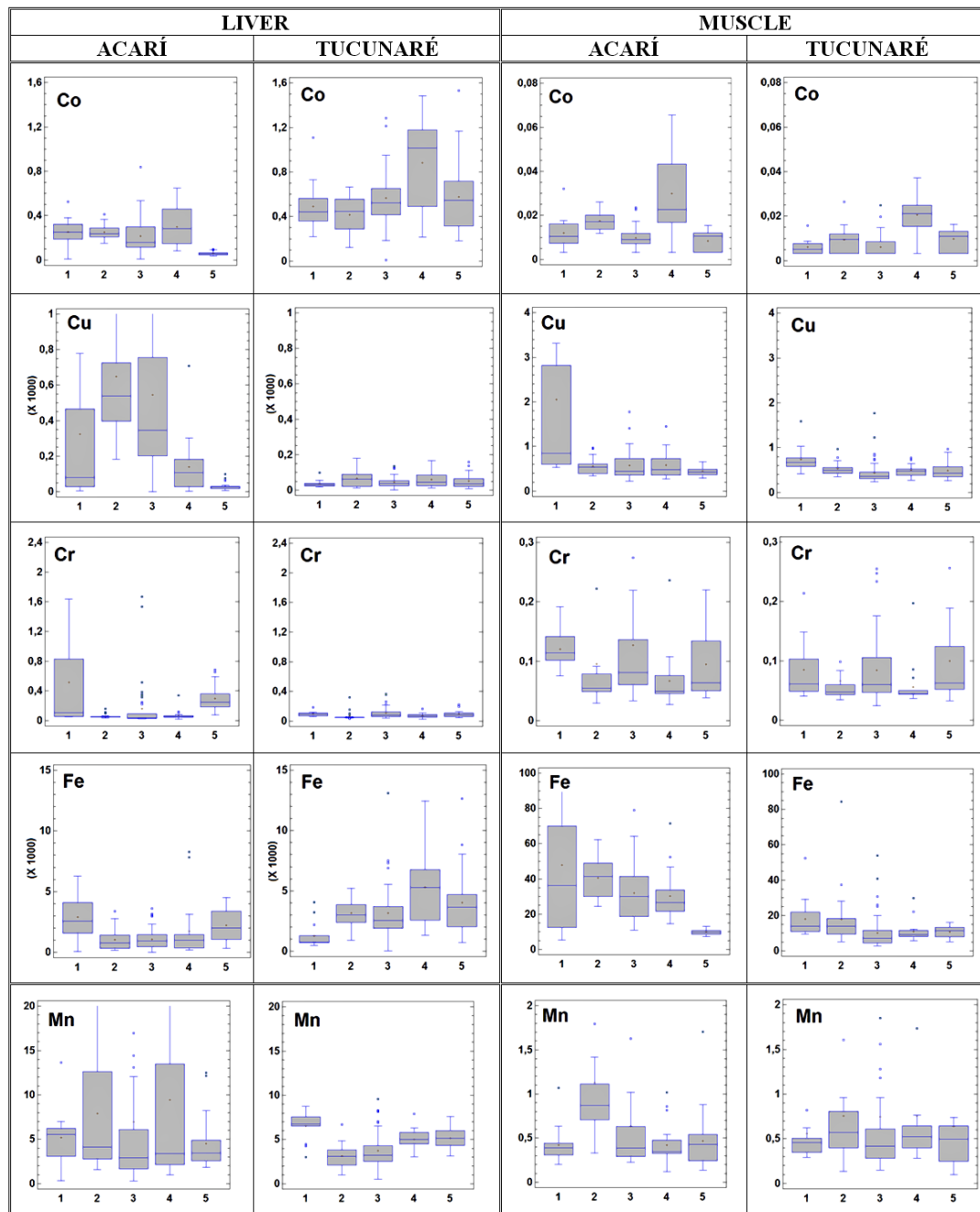
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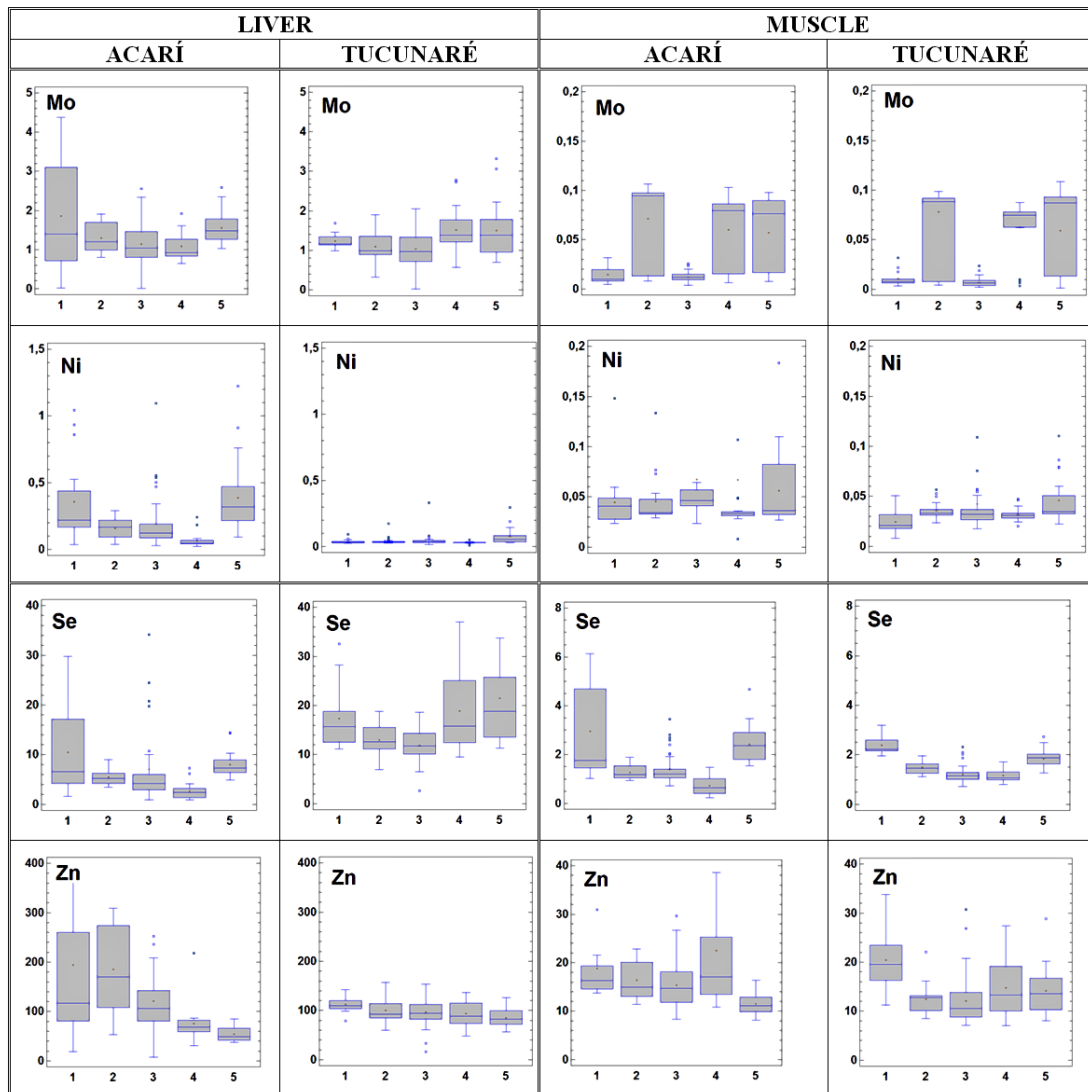
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Figure 2. Box-whisker plots of the toxic element concentrations (in mg kg⁻¹ dry weight) in the liver and muscle of Acari and Tucunaré for the five sampling sites considered in this study. Sampling site codes: 1: Faro; 2: Jurutí; 3: Santarém; 4: Itaituba; and 5: Porto Trombetas.



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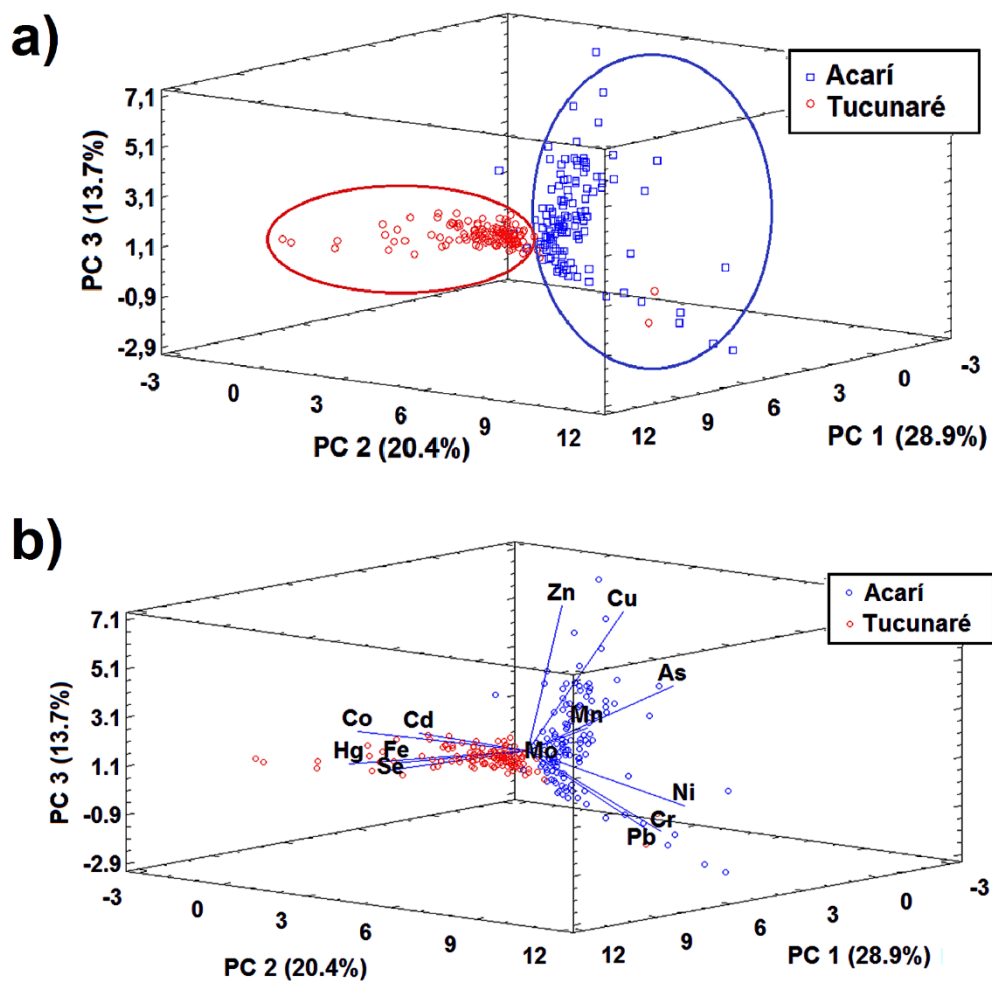
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Figure 3. Box-whisker plots of the essential trace element concentrations (in mg kg^{-1} dry weight) in the liver and muscle of Acari and Tucunaré for the five sampling sites considered in this study. Sampling sites codes: 1: Faro; 2: Jurutí; 3: Santarém; 4: Itaituba; and 5: Porto Trombetas. A: plots for Co, Cu, Cr, Fe, Mn. B: plots for Mo, Ni, Se, and Zn.

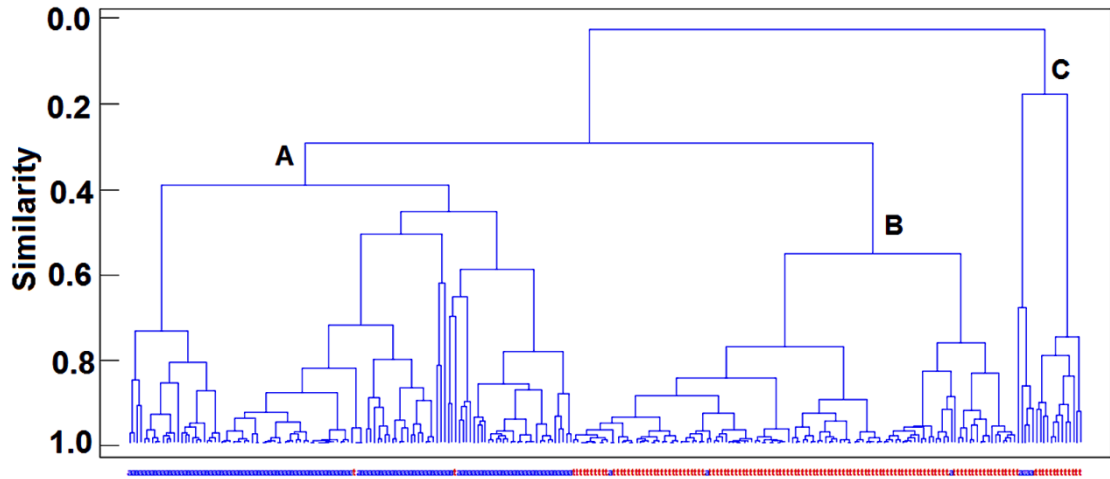


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712 Figure 4. a) PCA-Score plot for the Acari and Tucunaré fish samples of the *Liver.set* in the space of first
 713 three principal components (63.0% of total data variance). b) PCA-Biplot for the Acari and
 714 Tucunaré fish samples of the *Liver.set* in the space of first three principal components.

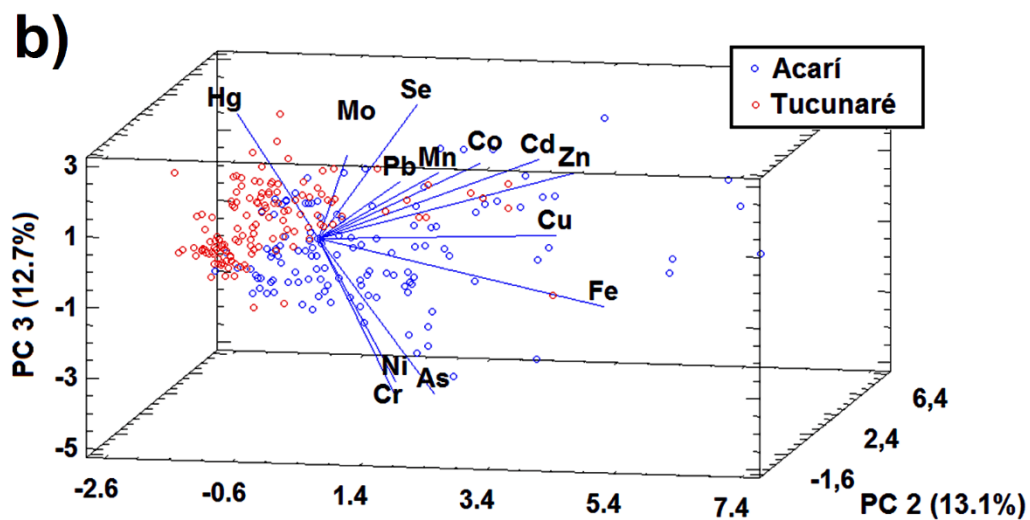
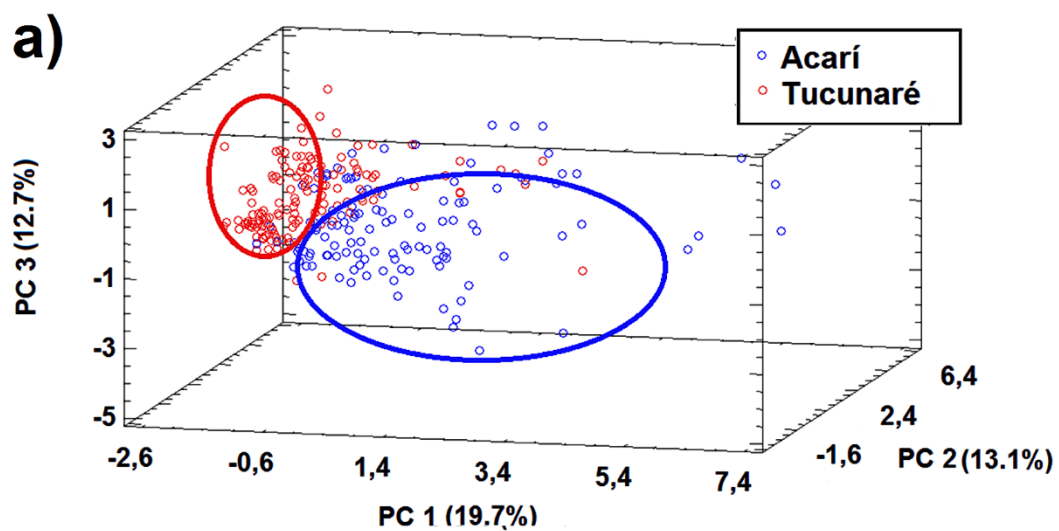
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Figure 5. HCA-Dendrogram for the Acari and Tucunaré fish samples of the *Liver.set.* (Codes a: Acari; t: Tucunaré).



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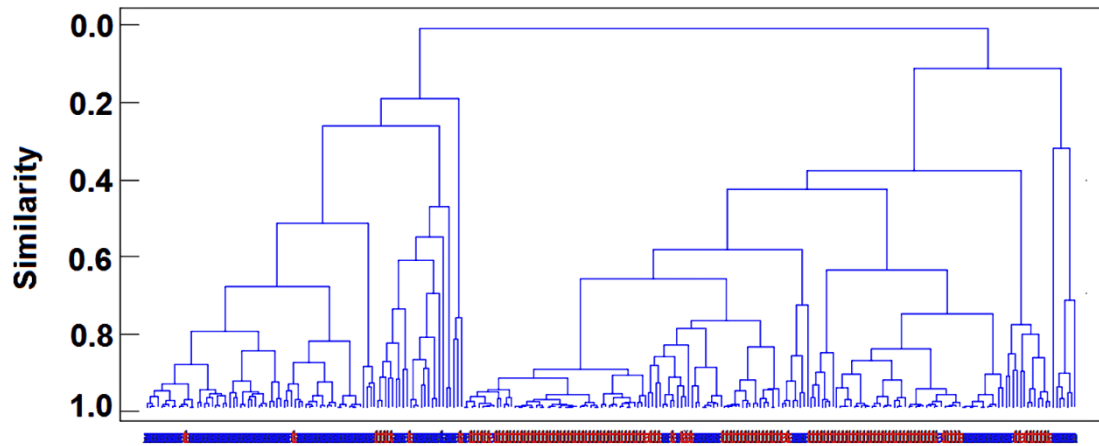
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Figure 6. a) PCA-Score plot of the Acari and Tucunaré fish samples of the *Muscle.set* in the space of first three principal components (45.5% of total data variance). b) PCA-Biplot of the Acari and Tucunaré fish samples of the *Muscle.set* in the space of first three principal components.



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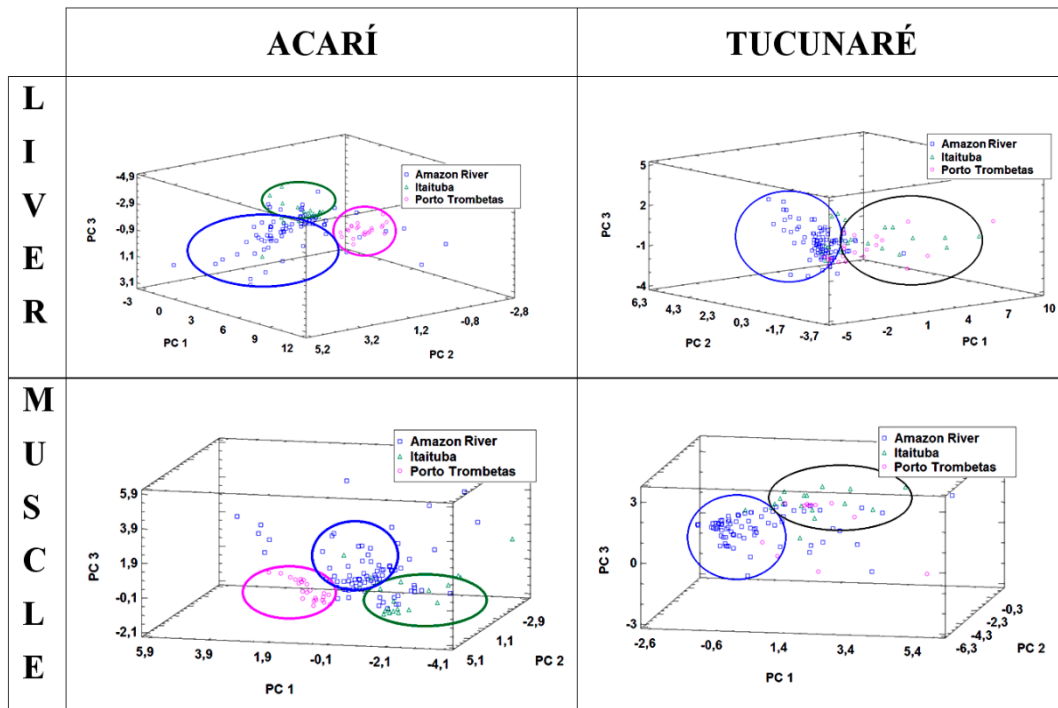
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Figure 7. HCA-Dendrogram of the Acari and Tucunaré fish samples of the *Muscle.set*. (Codes a: Acari; t: Tucunaré).



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Figure 8. PCA-Score plots for fish samples and target tissues according to the sampling site (Amazon river (1-Faro, 2-Jurutí, 3-Santarém) Itaituba and Porto Trombetas).