

1 **Oxidative Stress index (OSi) as a new tool to assess redox status in dairy**  
2 **cattle during the transition period**

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8

9 **Abstract**

10           Oxidative stress plays a key role in the initiation or progression of  
11 numerous diseases and dairy cows undergo oxidative stress at the transition  
12 period. However, discrepancies between methodologies make it difficult to  
13 make comparisons between studies and therefore research on this topic may  
14 not be implemented in farms. This study aims to test under field conditions the  
15 use of an Oxidative Stress index (OSi) as a combined measurement through a  
16 ratio between pro- and antioxidants throughout the transition period in dairy  
17 farms. Serum samples of high yielding dairy cows were taken and markers of  
18 oxidative damage and antioxidant capacity were measured in 4 different  
19 production stages: (i) Late lactation (*LL*; -2 to -1 months); (ii) Prepartum (*PrP*; -1  
20 month until parturition); (iii) Postpartum (*PsP*; delivery to +1 month) and (iv)  
21 Peak of Lactation (*PkL*; +1 to +2.5 months). Values were compared between  
22 production stages and against a metabolic baseline status (CTR, 4<sup>th</sup> – 5<sup>th</sup> month  
23 of gestation). Reporting for the first time in the literature values of the redox  
24 status for these cows with the lower metabolic demands available on high  
25 production commercial dairy herds. With the joint evaluation through the OSi  
26 differences were found, which were not present with the separate evaluation of  
27 pro- or antioxidants; supporting our hypothesis that the OSi indicates more  
28 accurately the oxidative status of the animals. It was also confirmed that dairy  
29 cows undergo oxidative stress after parturition and that antioxidant  
30 supplementation from one month before parturition until the peak of lactation  
31 may be needed to reduce the risk of OS.

32 **Keywords:** Oxidative status; Peripartum period; Vitamin supplementation; Dairy  
33 cow; Antioxidants.

#### 34 **Implications**

35       There is strong evidence that Oxidative stress (OS) plays a central role in  
36 the initiation, progression and maintenance of several pathologies. However, at  
37 present there is disagreement as to whether dairy cows suffer an oxidative  
38 challenge around parturition or not; in part due to the differences in the  
39 methodologies used. This study demonstrates that measurement of both pro-  
40 and anti-oxidants allows determination of an OS index that was utilized to  
41 quantify and demonstrate that the transition period is a time of increased  
42 oxidative stress in dairy cows. Moreover, the better timeframe for antioxidant  
43 supplementation, in terms of OS, was identified, in order to minimize the  
44 incidence of postpartum diseases.

#### 45 **Introduction**

46       Oxidative Stress (OS) plays a key role in several pathological conditions  
47 connected with animal production, reproduction and welfare (Lykkesfeldt and  
48 Svendsen, 2007), and is attributable to an imbalance between oxidant and  
49 antioxidant substances in the body. OS can be particularly dangerous since no  
50 clinical symptoms are shown.

51       One of the most critical moments in dairy health, with consequences for  
52 production variables, is the transition period (Goff and Horst, 1997) when the  
53 capacity of antioxidant defenses is exceeded by the production of reactive  
54 oxygen substances (ROS). The influence of OS in ruminant health in this period  
55 is a relatively recent field of research but unfortunately, differences between

56 models and methodologies make it difficult to make meaningful comparisons  
57 (Celi, 2011) with practical conclusions.

58 Therefore it is necessary to provide useful OS markers that would help to  
59 analyze it with accuracy, in order to define protective nutritional strategies  
60 based on antioxidant supplementation. We consider that it is important to  
61 evaluate not only concentrations of oxidants and antioxidants separately, but  
62 also analyze their relationship through a proportion or ratio, because it is the  
63 imbalance between oxidants and the antioxidants that defines the concept of  
64 OS (Castillo *et al.*, 2005).

65 The first approach using this ratio was made in human medicine by  
66 Sharma *et al.* (1999). For dairy cattle, Celi (2011) in a review article proposed  
67 the use of the ratio pro-oxidants/antioxidants as an index indicative of an  
68 animal's risk to develop disease. Thus, an increase in the ratio indicates risk of  
69 OS due to increase in ROS production or defensive antioxidant consumption.

70 In line with these considerations, the approach we have used aims to  
71 test, under field conditions in a commercial dairy herd, the use of an Oxidative  
72 Stress index (OSi, based on the ratio between Reactive Oxygen Substances  
73 (ROS) and Serum Antioxidant Capacity (SAC), i.e. ROS/SAC), comparing the  
74 information given by this parameter with those given by ROS and SAC  
75 separately. Moreover, the usefulness of this index is evaluated in the most  
76 complex stage: around parturition (2 months prior parturition to 2.5 months after  
77 it) which includes the transition period.

## 78 **Materials and Methods**

79 This study involved the collection of serum samples at different stages of  
80 the transition from gestation to lactation in dairy cows in order to compare the

81 differences between these stages in terms of oxidative status. Permission for  
82 the procedures of the experiment was granted by the Bioethical Committee of  
83 the University of Santiago de Compostela (Spain)

84 *Animals, nutrition and husbandry*

85         The study was carried out on a commercial dairy herd located in Arzúa  
86 (Galicia, NW Spain), with an average 305 days normalized milk production of  
87 10.235 kg/cow, and where economics play the main role in farm decisions. At  
88 this herd, we sampled fortnightly 25 cows from 2 months before the expected  
89 date of parturition until 2,5 months after it. The data obtained from 3 animals  
90 was discarded because one animal needed a caesarean section at calving, and  
91 another two of them developed clinical mastitis and left displacement of the  
92 abomasum respectively; therefore only data from cows (n=22) that had a  
93 normal calving and a healthy postpartum was included. Samplings took place  
94 between October and February, when the climate conditions (average ( $\pm$ s.d.)  
95 maximum temperature: 13.3°C ( $\pm$ 4.23); average ( $\pm$ s.d.) minimum temperature:  
96 5.1°C ( $\pm$ 2.37) and average ( $\pm$ s.d.) relative humidity: 83.3% ( $\pm$ 5.61)) are not  
97 supposed to increase the production of ROS due to heat stress (Bernabucci *et*  
98 *al.*, 2002).

99         As hitherto there are no published reference values for oxidative status  
100 biomarkers (Celi, 2011), it was necessary to establish a control group in order to  
101 have a baseline value to compare with those values obtained from transitional  
102 cows. This control group (CTR, n=40) was formed with animals between the 4<sup>th</sup>-  
103 5<sup>th</sup> month of pregnancy when neither lactation nor pregnancy were major  
104 metabolic burdens as described by Castillo *et al.* (2005).

105           During the study period all animals were kept under identical conditions.  
106   The diet for all cows consisted of a base ration fed as a daily total mixed ration  
107   (Table 1). Cows were dried off 60 days before the expected date of parturition  
108   and supplemented with a vitamin complex injection (see Table 1). Lactating  
109   cows were fed *ad libitum*, whereas dry cows were allowed only twice a day to  
110   feed, after every milking of lactating cows.

#### 111 *Blood samplings and groups*

112           Blood samples were obtained by coccygeal venipuncture with evacuated  
113   tubes without anticoagulants, between 1800 and 1830 h. Tubes for serum  
114   collection were rapidly cooled on crushed ice and transported to the lab, where  
115   they were centrifuged at 2000×g for 20 min and the supernatant serum was  
116   frozen at -20°C until analysis, within the first 3 months after collection.

117           In order to relate our results with the production stage of the transitional  
118   cows, the samplings of these animals were grouped ex post into four stages: (1)  
119   Late lactation (*LL*) from 2 to 1 months prior to parturition, (2) Prepartum (*PrP*)  
120   from -1 month until delivery, (3) Postpartum (*PsP*) from delivery to 1 month after  
121   parturition, and (4) Peak of Lactation (*PkL*) from +1 to +2,5 months after  
122   delivery. In each sampling, at least one control cow was also sampled, trying  
123   thereby to minimize any possible temporal effect.

#### 124 *Analytical determinations*

125           ROS were assayed as described by Trotti *et al.* (2002) using the  
126   spectrophotometric d-ROM test (Diacron International, Italy), which determines  
127   hydroperoxides (breakdown products of lipids as well as of other organic  
128   substrate, generated by the oxidative attack of ROS) through their reaction with

129 the chromogen N,N-diethylparaphenylenediamine. Results are expressed in  
130 arbitrary “Carratelli Units” (CarrU), where 1 CarrU is equivalent to the oxidizing  
131 power of 0.08 mg H<sub>2</sub>O<sub>2</sub>/dL. Intra- and inter-assay CV were 3.22 and 8.19%  
132 respectively.

133 Serum Antioxidant Capacity (SAC) was estimated with the OXY-  
134 Adsorbent Test (Diacron International, Italy) (Trotti *et al.*, 2001). This test  
135 exploits the capacity of a massive solution of hypochlorous acid (HClO) to  
136 oxidise the complete pool of antioxidants in serum (albumin, bilirubin, uric acid,  
137 thiol groups, vitamins, glutathione, glutathione peroxidase, superoxide  
138 dismutase, catalase, etc.). Thus SAC considers the cumulative action of all the  
139 antioxidants present in serum, rather than the simply sum of measurable  
140 antioxidants. Results are expressed as μmol HClO/mL. Intra- and inter-assay  
141 CV were 2.85 and 5.10% respectively.

142 Both variables were used previously in bovine studies and managed  
143 according to manufacturer’s instructions. The Oxidative Stress index (OSi) was  
144 calculated as ROS/SAC; expressed as CarrU/(μmol HClO/mL). Both ROS and  
145 SAC were measured on an UV/VIS absorption spectrophotometer (Clima MC-  
146 15; RAL Técnica para el Laboratorio.).

#### 147 *Statistical procedure*

148 Data for each parameter was checked for normal distribution with the  
149 Kolgomorov-Sminorv test. A repeated measurements ANOVA was used to  
150 compare means among the different stages of the transition period, with the  
151 individual cows as experimental unit. Following analysis of variance, significant  
152 inter-group differences were detected by Bonferroni test. To compare the  
153 means of each transitional stage with the mean of the CTR group the Student-*t*

154 test was used. The criterion for statistical significance was established at  
155  $P < 0.05$ . All statistical procedures were performed with the IBM SPSS v19.0 for  
156 Windows software package.

## 157 **Results**

158 Table 2 shows the results of the oxidative status markers in all the  
159 studied stages. Values in CTR-cows can be considered as the baseline values  
160 for dairy cows under field conditions, taking into account that they were  
161 obtained in animals with the theoretically lowest metabolic burdens than can be  
162 achieved in lactating cows in a commercial dairy farm. Thus, the values  
163 obtained at the transitional stages will be referred to CTR values.

164 Mean ROS values did not differ significantly between control and any  
165 stage of the transition period. ROS progressively increased from *LL* to *PsP* with  
166 a slight decrease in the next stage. Although values in *PkL* were higher than  
167 prior parturition, they didn't achieve statistical significance.

168 Similarly, mean OXY values did not statistically differ between CTR and  
169 transitional cows at any stage; nonetheless it can be noted that there was an  
170 increase in the antioxidant barrier in *PrP*, with a subsequent decrease after  
171 delivery, reaching the lowest activities at *PkL*.

172 Despite the lack of statistical significance in the differences among  
173 transitional stages and with the CTR group in either ROS or SAC separately,  
174 the evaluation of the oxidative status of the animals with the OSi found a  
175 significant difference between the means of OSi in lactating vs. dried animals.  
176 However, the values of CTR cows only differed significantly with the animals at  
177 *PkL*. It is noted that the values in dried animals were lower than in CTR ones;  
178 which were considered to be the baseline levels.

179 **Discussion**

180 This experiment studied the differences between the separate and the  
181 joint evaluation of pro- and antioxidants at blood level throughout the transition  
182 period of dairy cows. Serum samples were taken at different stages of the  
183 transition from gestation to lactation and compared among them and a control  
184 group.

185 *Pro-oxidants*

186 Changes in ROS during the study were in accordance with previous  
187 reports that showed an increase in oxidant species after parturition, attributable  
188 to the metabolic challenges associated to this stage (Bernabucci *et al.*, 2005;  
189 Dobbelaar *et al.*, 2010). Furthermore, during lactation, energy partitioning  
190 associated to milk production contributes to maintain a metabolic stress,  
191 favoring high ROS production (Castillo *et al.*, 2006).

192 *Antioxidants*

193 Unlike other studies (Sharma *et al.*, 1999) that used the Biological  
194 Antioxidant Potential (BAP) as an estimation of antioxidant capacity, we decided  
195 to estimate the SAC by the plasma barrier to oxidation (OXY-Adsorbent test).  
196 This was because in addition to the “scavengers” antioxidants (those  
197 determined by BAP), this test can also measure the so called “shock  
198 adsorbers”, i.e. all the antioxidants not active from the chemical point of view  
199 but able to “plug” the oxidant action of reactive oxygen substances. This  
200 provides information on the structural component of the antioxidant barrier of  
201 which the period of recovery is relatively slow, in comparison with antioxidants  
202 of lower weight, or at least a more rapid turnover, included in the BAP

203 determination. Therefore we are measuring the cumulative capacity of the  
204 antioxidant defense against a particular oxidant aggression (how the animal has  
205 been accumulating and disposing its antioxidants reserves to specific,  
206 predictable and expected situations such as delivery and early lactation) rather  
207 than measure the short-term antioxidants at the time of sampling.

208         The prepartum period is characterized by a depleted antioxidant status  
209 and, consequently, OS (Bernabucci *et al.*, 2002 and 2005), and therefore these  
210 cows were supplemented with a vitamin complex before parturition, which is a  
211 recommended practice to minimize the risk of postpartum diseases (Politis,  
212 2012). This fact prevents us from getting the clear picture of the natural cycle of  
213 OSI; but, on the other hand, shows the oxidative status that might be observed  
214 in dairy cows in commercial farms. Under these conditions, the slightly increase  
215 in SAC values at *PrP* can be considered as result of the preventive vitamin  
216 complex administration (Dobbelaar *et al.*, 2010). The small drop at *PsP* is not  
217 only the consequence of the utilization of antioxidants in colostrum production  
218 (Goff and Horst, 1997), but also the consequence of antioxidant consumption, in  
219 an attempt to cope with the metabolic production of oxidants. As lactation  
220 progresses, antioxidants continue to decline due to the depletion of fat-soluble  
221 antioxidants by milk in combination with their consumption by endogenous ROS  
222 production.(Castillo *et al.*, 2005 and 2006).

### 223 *Oxidative Stress index*

224         Currently there it is not agreement on whether dairy cows undergo OS  
225 during the transition period or not. Previous studies suggested that dairy cows  
226 experience OS during the peri-partum period (Bernabucci *et al.*, 2005, Castillo  
227 *et al.*, 2005). However, in contrast with these studies some authors do not

228 report an oxidative challenge in the periparturient period (Wullepit *et al.*, 2009,  
229 Dobbelaar *et al.*, 2010).

230 While with a separate evaluation of our results of ROS and SAC,  
231 apparently these cows didn't undergo OS, since no significant difference was  
232 found between the studied stages neither for ROS nor for SAC; when the  
233 oxidative status is studied by a combined evaluation of pro- and antioxidants  
234 with the OSi, statistical differences between the foregoing and subsequent  
235 parturition stages were found, suggesting that, in fact, these cows experienced  
236 an oxidative challenge after parturition. This finding suggests that it may be a  
237 better practice to evaluate jointly both oxidants and antioxidants rather than  
238 separately, since OS could be either a consequence of an excessive production  
239 of ROS production and/or a decrease in the body antioxidant defense and  
240 therefore these parameters are strictly interdependent.

241 This agrees with a study in human medicine, in which the relationship  
242 between the level of OS and pathology was higher when oxidants and  
243 antioxidant defense measurements were combined as a ratio (Sharma *et al.*,  
244 1999). However, care must be taken when interpreting these results, taking into  
245 account the higher variance associated with the base measurements. Marked  
246 individual variations were already reported for other oxidative status biomarkers  
247 in periparturient dairy cows, with many factors influencing it (Castillo *et al.*, 2005  
248 and 2006).

249 Of particular interest is the observation that in peak lactation, when  
250 theoretically the cow is metabolically adapted to milk production (Castillo *et al.*,  
251 2006), there is the maximum risk for OS, with values of the OSi significantly  
252 higher than CTR cows. This reason can be attributed not only to the slight

253 decrease in ROS, as the results of a lesser metabolic burden, but also to the  
254 larger decrease in SAC. For these reasons, and although no clinical symptoms  
255 of disease were observed in the studied animals, these findings suggest us the  
256 convenience of extending antioxidant supplementation from the dry period until  
257 peak of lactation.

## 258 **Conclusions**

259 Under the conditions of this study, the Oxidative Stress index (OSi)  
260 provides an objective assessment of the relationship between oxidants and  
261 antioxidants, not seen by the determination of both components separately.

262 In addition, baseline levels of oxidative status biomarkers under field  
263 conditions for commercial high yielding dairy cows are reported, which will bring  
264 a step forward their applicability in farms. It was also found that dairy cattle  
265 show an increase in the levels of oxidative stress after parturition, and hence to  
266 develop preventive actions that would minimize the effects of production  
267 diseases after parturition, further studies should study the effects of antioxidant  
268 supplementation from one month prior parturition until the peak of lactation.

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312 plasma in heifers. *Livestock Science* 123, 276-282.

313

314 **Table 1**

315 **Ingredients and chemical composition of the diet supplied in the present study**

<b>Diet composition (kg DM/cow per day)<sup>† ‡</sup></b>	
Total dry matter offered	21.7
Corn silage	5.1
Grass silage	4.8
Concentrate <sup>§</sup>	11.6
Vitamin/mineral premix <sup>¶</sup>	0.2
<b>Nutrient analysis</b>	
Dry matter (%)	47.3
Crude protein (% DM)	17.8
Neutral detergent fibre (% DM)	30.6
Acid detergent fibre (% DM)	16.4
Starch (% DM)	31.2
Ether extract content (% DM)	4.4
Ashes (% DM)	7.3
PDIE (g/kg DM)	133.5
PDIN (g/kg DM)	130.9
Milk fodder units (UFL/kg DM)	0.94

316 DM: dry matter; PDIE: protein supplied when energy is limited in the rumen; PDIN: protein  
 317 supplied when nitrogen is limited in the rumen. UFL: 'Unité Fouragère Lait'. UFL is the net  
 318 energy for lactation equivalent to 1 kg standard air-dried barley.'

319 <sup>†</sup> The diet was fed as a total mixed ration. Lactating cows were fed *ad libitum*, whereas dried  
 320 cows had only access to the feedbunk twice a day; although water and straw were available  
 321 without restriction.

322 <sup>‡</sup>15 days before expected parturition the cows received a vitamin complex injection (Hipravit-  
 323 AD<sub>3</sub>E-Forte<sup>®</sup> Hipra Laboratories) at a dose of 0.10 mL/kg BW, containing each mL 75000 IU of  
 324 cholecalciferol, 50 mg of  $\alpha$ -tocopherol acetate and 500000 IU of vitamin A.

325 <sup>§</sup>Concentrate composition (% as fed): rapeseed meal (26.2), corn (20.0), wheat DDGs (15.9),  
 326 soybean meal (11.5), calcium soap (3.2), sugarcane (1.6), bicarbonate (1.6), calcium carbonate  
 327 (0.9) and sodium chloride (0.8).

328 <sup>¶</sup>Contained: 14% Ca, 4% P, 6% Na, 5% Mg, 650000 IU/kg vitamin A, 130000 IU/kg vitamin D3,  
 329 2600 IU/kg vitamin E, 9700 ppm Zn (oxide), 8100 ppm Mn, 8100 ppm Fe, 2000ppm Cu,  
 330 100ppm I, 40 ppm Cu, 40 ppm Se and 30 ppm Mo.

331 **Table 2**332 **Mean values of oxidative status markers throughout the studied stages.**

Parameter	Units	Transitional stages (n=22)				CTR (n=40)	rmse	P-value
		LL	PrP	PsP	PkL			
ROS	<i>CarrU</i>	121.4	129.8	153.0	145.1	135.6	35.3	0.074
SAC	$\mu\text{mol HClO/mL}$	481.1	516.8	489.8	425.8	480.0	117.8	0.169
OSi	<i>CarrU</i> / $(\mu\text{mol HClO/mL})$	0.26 <sup>a</sup>	0.26 <sup>a</sup>	0.34 <sup>bc</sup>	0.37 <sup>c</sup>	0.30 <sup>ab</sup>	0.10	0.003

333

334 ROS: Reactive oxygen substances; SAC: Serum Antioxidant Capacity; OSi: Oxidative Stress index. CTR: control cows (between the 4<sup>th</sup> and 5<sup>th</sup>  
 335 month of gestation); LL: late lactation (between 2 and 1 month before parturition); PrP: prepartum (from 1 month before parturition until  
 336 delivery); PsP: postpartum (from delivery until 1 month after calving); PkL: peak of lactation (from 1 month after parturition until peak lactation).  
 337 rmse: root mean squared error.

338 A repeated measurements ANOVA with cow as experimental unit was used to compare the means within the transitional stages, whereas the  
 339 means of these stages were compared with the means of the CTR group through the Student-*t* test. Means with different superscript alphabets  
 340 within rows are significantly different (P<0.05).