

1 **Obtaining reduced-salt restructured white tuna (*Thunnus alalunga*) mediated by**
2 **microbial transglutaminase**

3 María J. Martelo-Vidal, Inmaculada C. Fernández-No, Esther Guerra-Rodríguez, Manuel

4 Vázquez*

5 *Department of Analytical Chemistry, Faculty of Veterinary Science, University of Santiago de*

6 *Compostela, 27002-Lugo, Spain.*

7

8

9

10

11 * Corresponding author. Email: manuel.vazquez@usc.es

12

13

14 **ABSTRACT**

15 White tuna (*Thunnus alalunga*) is a blue fish with nutritional significance and high benefits to
16 health. The aim of this work was to develop white tuna restructured products with reduced-salt
17 (15 g/kg) using transglutaminase. Textural profile analysis, expressible water, dry matter, water
18 activity and colour parameters were measured. In a first study, the temperature effect of the
19 setting phenomenon was evaluated at three conditions: 4 °C/12 h, 25 °C/2 h or 40 °C/20 min.
20 The results showed that texture parameters were improved using transglutaminase at 4 °C/12 h.
21 Considering the results, in a second study the setting at 4°C was selected and the
22 transglutaminase concentration (150, 300, 450 U/kg) and setting time (6, 12, 18 h) were
23 optimized. The better setting treatment was at 4°C for 18 h using 450 U/kg of transglutaminase.
24 Restructured products were obtained under these conditions and in a third study the microbial
25 load was evaluated during the storage at 4°C for 12 days. Different microbiological groups
26 (psychrotrophs, aerobic mesophiles, anaerobes, proteolytic bacteria and Enterobacteriaceae)
27 were measured. The results showed that the manipulation after the cooking step is critical.
28 Overall, it was demonstrated that the restructuring of white tuna is feasible.

29

30 Keywords: restructured fish products; transglutaminase; texture; *Thunnus alalunga*, setting

31

32

33

34

35

36

37 1. Introduction

38 White tuna (*Thunnus alalunga*) is mainly commercialized fresh or in canned preserves.
39 It is a blue fish with mild flavour. Its protein content has large nutritional significance with high
40 benefits to health. As functional food, its flesh has high levels of polyunsaturated fatty acids
41 (PUFA) with anticholesterol, antithrombotic activity, anti-inflammatory, antiarrhythmic and
42 vasodilatory activity (Moreno, Carballo, & Borderías, 2008). Moreover, the protein digestibility
43 and high nutritive value of “ready-to-eat” meals prepared from this fish are appreciated in
44 several countries (Wang et al., 2013; Hu et al., 2014).

45 Current knowledge on fish muscle gelation processes (initially developed for surimi-
46 based products) allows to obtain novel foods resembling cooked ham or turkey breast using fish
47 muscle (Martelo-Vidal, Mesas, & Vazquez, 2012). The application of new ingredients allows
48 new mechanical properties or appearance in products with low salt or low cholesterol and fats
49 (Andrés-Bello, García-Segovia, Ramírez, & Martínez-Monzó, 2011; Herranz, Tovar, Borderias,
50 & Moreno, 2013).

51 Restructuring technology allows to use several commercial and non-commercial fish
52 species as well as trimmings from filleting. The application of restructuring technology to high-
53 value mince of white tuna provides a high-quality meal with high nutritive value (Ramirez, Uresti,
54 Velazquez, & Vazquez, 2011).

55 To obtain fish restructured products, the process needs the following steps: i) extraction
56 and solubilisation of myofibrillar proteins with salt; ii) setting phenomenon at 0-40 °C; ii)
57 denaturation of protein structure applying heat (90 °C for at least 40 min) allowing aggregation
58 of proteins in organized structure matrix (Ramirez, Uresti, Velazquez, & Vazquez, 2011; Yin,
59 Reed, & Park, 2014).

60 After being mixed with salt, sols prepared below 40°C from most fish species have a
61 unique ability to form a highly deformable gel. This process is called setting. A stronger gel
62 results by heating at higher temperatures than by cooking directly (Ramirez, Rodriguez-Sosa,
63 Morales, & Vazquez, 2003). Setting phenomenon improves functional and mechanical
64 properties of gels and it is dependent of habitat temperature of fish species (Martínez, Robledo,
65 Velazquez, Ramírez, Vázquez, & Uresti, 2014). Furthermore, adding microbial transglutaminase
66 (protein–glutamine gamma-glutamyltransferase, EC 2.3.2.13, MTG) to mince improve several
67 functional properties of the gels obtained (Martínez, Robledo, Velazquez, Ramírez, Vázquez, &
68 Uresti, 2014; Song & Zhao, 2014), such as mechanicals properties, heat stability, gelation and
69 emulsifying (Hinz, Huppertz, Kulozik, & Kelly, 2007). The use of MTG in fish restructured
70 products was firstly used in surimi industry and quickly applied in other protein foods (Cortez-
71 Vega, Fonseca, Feisther, Silva, & Prentice, 2013; Castro-Briones, Calderon, Velazquez, Rubio,
72 Vazquez, & Ramirez, 2009).

73 Transglutaminase is a family of enzymes that encourage polymerization of the cross-
74 linking of proteins (Guerra-Rodríguez & Vázquez, 2014; Kudre & Benjakul, 2014). The
75 endogenous transglutaminase is calcium-dependent (Dluzewska, Marciniak-Lukasiak, & Kurek,
76 2015). When calcium is added to fish mince and the setting phenomenon occurs at the range 4-

77 40°C, good gels can be obtained after cooking at 90°C (Ramirez, Rodriguez-Sosa, Morales, &
78 Vazquez, 2003). MTG is different from fish transglutaminase because MTG is calcium
79 independent (Tellez Luis, Ramirez, & Vazquez, 2004).

80 Activity of MTG is highly dependent on temperature (Yao & Zhao, 2015). Optimal
81 activity is at 60 °C. On the other hand, the effect of transglutaminase is promptly inhibited by
82 completely denatured myofibrillar protein aggregates (Martínez, Robledo, Velazquez, Ramírez,
83 Vázquez, & Uresti, 2014).

84 The fish mince is sterile but the skin, gills, guts and mucus contain high levels of
85 microorganisms (Ananou, Zentar, Martínez-Bueno, Gálvez, Maqueda, & Valdivia, 2014). Fish
86 and fish products have high water content, about 65 to 80 %, large amount of non-protein
87 nitrogen and pH post mortem of 6-7 (Cosansu, Mol, Alakavuk, & Ozturan, 2013). Consequently,
88 the fish preservation is difficult due to microbial growth and physicochemical degradations
89 (enzymatic and chemicals degradations). Microbial contamination causes changes in
90 appearance, textural characteristics and mainly the quality of these foods. Therefore, it is
91 important to determine and to study the bacterial load as well as textural profile guarantying
92 quality of fish products (Atanassova et al., 2014; Carrascosa et al., 2014).

93 The aim of this work was to develop white tuna (*Thunnus alalunga*) restructured
94 products and to optimize the setting phenomenon of the process. The effect of setting
95 conditions using MTG and a reduced-salt content on mechanical properties were evaluated.
96 Microbial load on the optimal restructure product was also determined.

98 **2. Materials and methods**

99 *2.1. Raw Materials*

100
101 White tuna (*Thunnus alalunga*) was caught near the Galician coast in Northwest Spain
102 at the Celeiro harbour (Lugo, Spain) and transported into ice in polystyrene boxes to the
103 laboratory (Lugo, Spain) within 8 h after the harbour discharge. Skin and bones were removed
104 manually. MTG was manufacture in our laboratory following the process described in our
105 Spanish patent (Vázquez & Guerra-Rodriguez, 2012). The enzyme activity was determined by
106 the colorimetric procedure (Grossowicz, Wainfan, Borek, & Waelsch, 1950).

108 *2.2. Methods*

110 *2.2.1. Production of white tuna restructured products*

111 Fish muscle was chopped and washed with distilled water (ratio muscle:water, 1:3) at
112 temperature lower than 15 °C for 5 min (Martelo-Vidal, Mesas, & Vazquez, 2012). Then it was
113 drained and the tuna paste was mixed with NaCl and MTG for 5 min. It was stuffed in stainless
114 steel molds. The filled molds were immersed in water bath to allow the setting phenomenon.
115 After the setting phenomenon, they were heated in water bath at 90 °C for 45 min, cooled in ice-
116 water bath for 5-7 min and stored in fridge at 4°C for 12 h.

117 The effect of the setting phenomenon was assayed at three conditions: 4°C for 12 h, 25
118 °C for 2 h or 40 °C for 20 min. The experiments were performed using 15 g/kg NaCl and 300 U
119 of MTG per kg of muscle. The MTG concentration was fixed on the basis of previous literature
120 (Martelo-Vidal, Mesas, & Vazquez, 2012). Controls at the same setting conditions without MTG
121 were assayed. After selection the best setting temperature, an experimental design was
122 followed to evaluate the optimal MTG concentration and time of the setting phenomenon (see
123 below).

124

125 2.2.2. Mechanical properties

126 Samples of restructured white tuna were equilibrated at room temperature for 30 min in
127 plastic bags to avoid dehydration. Then restructured products were cut into cube of 2 x 2 x 2
128 cm. Mechanical properties were determined using a TA-XTplus (Stable Micro System, Viena
129 Court, UK). Texture Profile Analysis (TPA) was carried on using cylindrical aluminium probe
130 (P/50) of 50 mm of diameter. Samples were compressed to 75% of their original height using a
131 compression speed of 60 mm/min (Andrés-Bello, García-Segovia, Ramírez, & Martínez-Monzó,
132 2011). Hardness, adhesiveness, springiness, cohesiveness and chewiness were determined for
133 each treatment and ten samples were analysed for each treatment (Aubourg, Torres, Saraiva,
134 Guerra-Rodríguez, & Vázquez, 2013; Torres, Saraiva, Guerra-Rodríguez, Aubourg, & Vázquez,
135 2014).

136

137 2.2.3. Expressible water, water activity and dry matter

138 Expressible water (Ew) for each treatment was analysed. Samples were weighed ($2 \pm$
139 0.2 g) and put in two layers of filter paper disk. Then they were placed in 10 mL centrifuge tubes
140 and centrifuged 1000 g at 4°C for 15 min. After centrifugation, wet disk filter papers were
141 removed and sample were weighed. The percentage of expressible water was calculated as
142 equation (1):

143

$$144 \quad Ew = \frac{G_0 - G}{G_0} \cdot 100 \quad (1)$$

145

146 Where Ew is the percentage of expressible water, G_0 is the initial weight (g) and G is
147 the final weight. Four samples were analysed for each treatment (Martelo-Vidal, Mesas, &
148 Vazquez, 2012).

149 Furthermore, water activity (A_w) values were determined for each treatment using
150 AquaLab meter (Pullman, USA). Three replicates were analysed for each treatment.

151 Percentage of dry matter was determined by triplicate for each treatment. Samples were
152 weighed (5 ± 0.2 g) and put into a crucible preweighed. Then samples were drayed for 24 h in
153 90 °C. Following, samples were reweighed and then dry matter were determined as equation (2)

$$154 \quad DM = \frac{P_d}{P_w} \cdot 100 \quad (2)$$

155 Where DM is the percentage of dry matter, P_d is the dry weigh (g) and P_w is the wet
156 weight.

157

158 2.2.4. Colour determinations

159 Colour of samples was determined using a ColorStriker meter (Mathai, Hannover,
160 Alemania) (Uresti, Lopez-Arias, Ramirez, & Vazquez, 2003). Values of L* (Lightness),
161 a*(redness) and b*(yellowness) were calculated based on illuminant C and the 2° standard
162 observer. Eight samples were measured for each treatment.

163

164

165 2.2.5. Experimental design and statistical analysis

166 Duncan's multiple-range test at a significance level of 0.05 was used for the comparison
167 of the mean values between treatments.

168 An experimental design to evaluate the MTG concentration and time for the setting were
169 performed. Results were analysed by response surface using Design Expert 7.1.1 software
170 (Stat-Ease Inc., Minneapolis, Minnesota, USA). A derived Box-Behnken (Box & Behnken, 1960)
171 design was performed (Martelo-Vidal, Mesas, & Vazquez, 2012; Aubourg, Torres, Saraiva,
172 Guerra-Rodríguez, & Vázquez, 2013).

173 All experiments were performed at 4 °C as setting temperature. The variables studied
174 were MTG (TG: 150, 300 and 450 U/kg) and setting time (t: 6, 12 and 18 h). The normalized
175 dimensionless variables were expressed as functions of real variables in the following form
176 (Guerra-Rodríguez, Portilla-Rivera, Ramírez, & Vázquez, 2012):

$$177 \quad X_1 = \frac{TG - 300}{150} \quad (3)$$

$$178 \quad X_2 = \frac{t - 12}{6} \quad (4)$$

179 The interrelationship between the studied variables, the independent and dependent
180 variables were established through a model that includes linear terms, interaction and second
181 order terms. The mathematical model used as a first approximation can be summarized in the
182 equation (5)

183

$$184 \quad V = a_0 + \sum a_i x_i + \sum b_i x_i^2 + c x_1 x_2 \quad (5)$$

185

186 Where V is the dependent variable in every case (hardness, adhesiveness, springiness,
187 cohesiveness, chewiness, Ew, Aw, DM, L*, a* and b*), x_i is the independent variable normalized
188 (x₁ or x₂), a₀, a_i, b_i and c are the coefficients of the regression calculated with the experimental
189 values by multiple linear regressions. Model terms were selected based on the p-value with
190 95% confidence level. Partial models of the quadratic model were also obtained and analysed
191 by ANOVA (Guerra-Rodríguez & Vázquez, 2013).

192

193

194 *2.2.6. Bacteriological analysis and pH*

195 Bacterial load was determined at 0, 5 and 12 days after processing. Samples of
196 restructured products were weighed (25 g) and put in sterile bag (Nasco, Fort Atkinson, Wis)
197 with 225 mL of 0.1% peptone water (BPW, Fluka). Samples were homogenised and from these
198 suspensions were prepared nine decimal dilutions in peptone water by mixing 1 mL of the
199 previous dilution with 9 mL of sterile peptone water.

200 Total viable counts of aerobic mesophiles and psychrotrophic bacteria were determined
201 using Plate Count Agar (PCA, Fluka) (Carrascosa et al., 2014). Anaerobic bacteria were also
202 determined using PCA and plates were placed at anaerobic atmosphere inside anaerobiosis
203 jars. Plates used to aerobic and anaerobic bacteria were incubated at 30 °C ± 1°C for 48 h and
204 plates used to count psychrotrophic bacteria were incubated at 4°C for 10 days. Enterobacteriae
205 were determined using Violet Red Bile Glucose (Fluka) incubated 30 °C ± 1 °C for 24 h (García-
206 Soto, Fernández-No, Barros-Velázquez, & Aubourg, 2014). Proteolytic bacteria were
207 determined in casein agar medium incubated at 30 °C ± 1 °C for 48 h (Ben-Gigirey, Vieites
208 Baptista de Sousa, Juan M., Villa, & Barros-Velazquez, 2000).

209 Results of bacteria counts were transformed into log of the number of colony-forming
210 units per gram (log ufc/g) of product (Muela, Alonso, Morago, Calanche, Roncales, & Beltran,
211 2014). All microbiological analyses were performed in duplicate and using a blank to discard
212 external contaminations.

213 The pH was measured using a portable pH meter (PCE-PH22, PCE Ibérica, Albacete,
214 Spain) equipped with a penetration probe.

215

216 **3. Results and discussion**

217

218 *3.1. Selection of setting temperature*

219

220 Cold-water fishes need lower temperature to denature the muscle proteins than hot-
221 water fishes (Ramirez, Uresti, Velazquez, & Vazquez, 2011). Therefore to obtain good gels
222 using cold-water fishes a setting phenomenon at 4 °C for 12-24 h or 25 °C for 2 h is
223 recommended meanwhile for warm-water fishes a setting phenomenon at 40 °C for 20 min is
224 recommended (Morales, Ramirez, Vivanco, & Vazquez, 2001). White tuna is a cold-water fish
225 but it can be found also in warm-water areas. For that reason, in a first study the effect of the
226 setting temperature was evaluated at three levels: 4 °C for 12 h, 25 °C for 2 h or 40 °C for 20
227 min.

228

229 *3.1.1. Texture Parameters*

230 Table 1 shows the results for the textural parameters (hardness, adhesiveness,
231 springiness, cohesiveness and chewiness) of the restructured products obtained with or without
232 MTG (control).

233 Comparing the values of the textural parameters obtained without MTG, the setting at
234 25°C/2 h showed the best mechanical properties **with a significant high value for the chewiness.**

235 This occurs probably because at this temperature endogenous transglutaminase was
236 active and the endogenous proteases were less active than at 40 °C. **However, the**
237 **adhesiveness showed a significant low value. It means the significant highest adhesiveness.**

238 When MTG was added, the textural parameters were improved for all time/temperature
239 setting conditions. The setting treatment at 4 °C/12 h using MTG showed the **significant** highest
240 values for hardness (20981.22 g), springiness (0.793) and cohesiveness (0.416). It was also
241 obtained the product with the **significant** least adhesiveness (-2.15 g·s) and the highest
242 chewiness (6930.35 g).

243 Overall, the mechanical properties of restructured products obtained with 1.5% NaCl
244 and 300 U of MTG/kg of muscle were better than those of the controls obtained using 1.5%
245 NaCl without MTG.

246

247 *3.1.2. Expressible water, water activity and dry matter*

248 The expressible water (Ew) is associated with water holding capacity. A low value of
249 expressible water means a high water holding capacity (Ramirez, Rodriguez-Sosa, Morales, &
250 Vazquez, 2003; Morales, Ramirez, Vivanco, & Vazquez, 2001). Ew affects product juiciness.
251 Therefore restructuring process should have a positive effect on Ew parameter to preserve an
252 acceptable sensory quality of final products (Aubourg, Torres, Saraiva, Guerra-Rodríguez, &
253 Vázquez, 2013).

254 Figure 1a showed the results of Ew. This parameter varied from 36.37 % to 43.71 % for
255 restructured product without MTG and from 32.77 % to 37.00 % for restructured product with
256 MTG. When the setting was performed at 4 °C for 12 h (with or without MTG), Ew values were
257 lower than the obtained for the other setting conditions. Adding MTG improved the value of Ew
258 and the juiciness of the product. The best Ew was the lowest value (32.77 %) obtained using
259 MTG at 4°C for 12 h. This value compares very well with those of commercial products of turkey
260 breast (Martelo-Vidal, Mesas, & Vazquez, 2012).

261 Water activity (Aw) is shown in Figure 1b. It varied in the range 0.970-0.980 for the
262 products without MTG and in the range 0.969-0.980 for product with MTG. It is interesting to
263 obtain products with low Aw because it improves the self-life of the product, reducing the rate of
264 enzyme reactions, chemical reactions and microbial growth.

265 When setting treatment was performed at 4 °C for 12 h without MTG, water activity
266 showed high values (0.980 ± 0.004). However, at the same temperature using MTG, the water
267 activity decreased up to 0.969 ± 0.005 .

268 Results of Dry matter (DM) are shown in Figure 1c. It was observed a clear increase in
269 the DM of the products obtained using MTG. This suggests that MTG made bonds that retain
270 proteins in the structure of the product, increasing the DM, consequently the yield of the
271 process.

272

273 3.1.3. Colour determinations

274 Colour parameters of the products are shown in Figure 2. Values of L* varied from
275 66.04 to 69.82 (Figure 2a). When setting was performed at 4 °C for 12 h, L* values were lower
276 than those obtained using higher setting temperatures (25 °C for 2 h or 40 °C for 20 min). This
277 fact was observed in both groups, with or without MTG.

278 The values of the a* attribute varied from 3.32 to 4.42 (Figure 2b). The lower value was
279 determined in restructured product without MTG and setting at 25 °C for 2 h. The b* parameter
280 (Figure 2c) varied in the narrow range from 11.02 to 12.82. These results suggest that
281 temperature and time of setting have a scarce effect on colour parameters. In the same way,
282 the use of MTG did not show an effect on the parameter a*.

283

284 3.2. Optimization of setting phenomenon at 4°C

285 Considering the overall results, the setting at 4°C was selected as the best for products
286 obtained from white tuna (*Thunnus alalunga*). Although a time of 12 h is usually used for the
287 setting at this temperature, it is interesting to evaluate the optimal time and the optimal MTG
288 concentration for the setting at 4°C.

289 Table 2 shows the variables involved in the experimental design of optimization. The
290 independent variables were transglutaminase concentration and time of incubation at 4°C. It
291 was evaluated 3 levels of each variable: 150, 300, 450 U/kg for TG and 6, 12 or 18h for
292 incubation time. Table 3 shows the experiments essayed including the dimensionless variables
293 obtained from the real variables.

294

295 3.2.1. Mechanical Properties

296 Table 4 shows the results on textural parameters. Hardness increased from 15989 g
297 using 150 U/kg of MTG and 6 h of setting treatment to 23978 g using 450 U/kg of MTG and 18 h
298 of setting treatment. Using 450 U/kg of MTG during 6 h, the adhesiveness was lower than using
299 150 U/kg of MTG and 18 h (-1.89 g·s and -12.13 g·s, respectively). Springiness varied from
300 0.632 of restructured with 150 U/kg MTG and 18 h of setting to 0.802 of restructured with 450
301 U/kg of MTG and 12 h of setting. Cohesiveness were less affected, it was varying from 0.352
302 using 150 U/kg MTG and 18 h of setting and 0.416 with 300 U/kg of MTG and 12 h of setting
303 treatment. Chewiness increased from 4167.17 g of restructured with 150 U/kg of MTG and 18 h
304 of setting to 7308.36 g using 450 U/kg of MTG and 6 h of setting.

305 All texture parameters were submitted to multifactor ANOVA test. The F-values of 1.11
306 (hardness), 3.26 (adhesiveness), 3.40 (springiness), 3.82 (cohesiveness) and 3.78 (chewiness)
307 implied that all mathematical models were not significant. The values of r² were 0.65 (hardness),
308 0.85 (adhesiveness), 0.56 (springiness), 0.56 (cohesiveness) and 0.56 (chewiness).

309 Therefore texture parameters were affected by MTG concentration and setting time in
310 the range of study but it was not possible to model their effects being the means values the best
311 predictors.

312

313 *3.2.2. Expressible water, water activity and dry matter*

314 Table 5 shows the results on expressible water, water activity and dry matter.
315 Expressible water of restructured varied from 27.69 % to 36.16 %. These values correspond
316 with 150 U/kg and 6 h of setting and 450 U/kg and 18 h of setting, respectively. Expressible
317 water of restructured products was affected by MTG concentration and time of setting treatment
318 but the model obtained was not significant (F-value was 1.99 and r^2 was 0.77).

319 Water activity varied from 0.962 to 0.982. Furthermore, DM varied from 24.46 % to
320 27.02 %. The effect of MTG concentration and setting time on Aw and DM were evaluated by
321 multifactor ANOVA showing F-values of 6.61 and 15.03, respectively. This implying that both
322 models were significant. The r^2 were 0.80 for Aw and 0.96 for DM, both of them were considered
323 good. The statistical parameter "adequate precision" measures the signal to noise ratio. A ratio
324 greater than 4 is desirable. It was 8.35 for Aw and 4.38 for DM. Then the models fitted well to
325 experimental data.

326 Figure 3a shows the graph that represents the prediction of the model for Aw. Values of
327 Aw decrease when increase MTG concentration and setting time. The lowest Aw was obtained
328 using 450 U/kg of MTG and 18 h setting time. When Aw is lower than 0.95, products can
329 preserve itself at fridge temperatures better than other products with higher Aw.

330 Figure 3b shows the graph that represents the prediction of the model for DM. The
331 model predicted the highest DM using 450 U/kg of MTG and 6 h of setting time. The model
332 obtained is interesting for economical evaluations.

333

334 *3.2.3. Colour determinations*

335 The values of colour determinations on restructured products of white tuna varied from
336 63.73 to 70.34 for L^* , 2.38 to 4.68 for a^* and 10.98 to 12.36 for b^* . Effect of MTG concentration
337 and setting on L^* , a^* and b^* were also evaluated by multifactor ANOVA getting F-values of 2.64
338 for L^* parameter, 22.85 for a^* and 26.89 for b^* , implying that the models for a^* and b^* were
339 significant and model for L^* was not significant. Values of $r^2=0.974$ and $r^2=0.978$ for a^* and b^*
340 (respectively) were considered good. Figure 4 shows the prediction of the models for a^* and b^*
341 parameters. For both parameters the effect of incubation time is more important that the effect
342 of MTG concentration used.

343 Table 6 summarizes the models obtained and the statistical indexes. Overall, the
344 optimal setting was considered when it was used 450 U/kg of MTG and 18 h of setting at 4°C. It
345 allows to obtain tuna restructured products with the lowest Aw, high value of DM and low values
346 of colour attributes. The use of molds allowed to obtain any shape for the products. As example,
347 Figure 5 shows some of the products of reduced-salt restructured white tuna obtained with
348 several shape (including the shape of chicken).

349

350 *3.3. Bacteriological analysis and pH*

351 The restructured product obtained using optimal conditions for setting were
352 manufactured and Table 7 shows the results of bacteriological analyses (log ufc/g) and pH

353 measures at several times (0, 5 or 12 days) of fridge storage (4°C). Results are expressed as
354 mean values for each time. Microbial load increased gradually throughout the storage period
355 from day 0, except in the case of proteolytic bacteria, which began growing from day 5. **The**
356 **statistical analysis showed significant differences with the time for all variables except for the pH**
357 **values.**

358 Psychrotrophic and mesophilic bacteria on day 0 were 5.34 and 2.50 log ufc/g,
359 respectively. They increased during fridge storage reaching up to 5.63 and 5.40 log ufc/g on day
360 5, respectively.

361 The initial value of mesophilic bacteria is lower than that considered as maximum
362 acceptable limit (5 log ufc/g) for fish baked products by European Commission Regulations No
363 2074/2005 (Cai, Wu, Li, Zhong, Li, & Li, 2014). On day 12, the psychrotrophic and mesophilic
364 bacteria increased reaching 9.53 and 10.47 log ufc/g, respectively. Fish is normally stored at
365 refrigeration or freezing temperatures, and then psychrotrophs are more representative bacteria
366 than mesophilic bacteria. There are no legal limits for psychrotrophic bacteria. But for
367 mesophilic bacteria is 5 log ufc/g. Then it could be considered acceptable the same criteria for
368 psychrotrophic bacteria. Considering the growth for mesophilic bacteria, psychrotrophic bacteria
369 followed a similar trend.

370 Furthermore, the initial Enterobacteriaceae counts and total number of anaerobic
371 bacteria at time 0 were lower (1.48 and 2.74 log ufc/g), indicating acceptable quality. But it was
372 followed by an increased at day 5 (4.13 and 5.25 log ufc/g) that in case of Enterobacteriaceae
373 was higher than limits for fish baked products (3 log ufc/g). Moreover, growth of these bacteria
374 was lower than other bacteria, maybe Enterobacteriaceae has tendency to grow slowly at
375 refrigeration temperatures (Cai, Wu, Li, Zhong, Li, & Li, 2014).

376 The initial proteolytic bacteria were undetectable on time 0 followed by a prominent
377 increased after 5 and 12 days of storage (4.73 and 10.36 log ufc/g).

378 Considering that in the production of fish restructured products there is a step of heat
379 (90-95°C for 50 min), it can be suppose that these bacteria proceed from a bad manipulation of
380 operators after heating. This can be considered as a critical point in this kind of products.

381 The pH values of restructured products was increased slightly with time varying from
382 6.15 on 0 time to 6.28 on 12 days. These values were higher than values determined by other
383 authors in other species of tuna like *Thunnus obesus* (Ruiz-Capillas & Moral, 2005) and similar
384 to that determine on mince tuna (6.60) (Takahashi et al., 2012). Usually, pH value is increasing
385 quickly with fish products degradation but in our products the increase was slow.

386

387 **4. Conclusions**

388

389 The results showed that is feasible to obtain reduced-salt restructured fish products
390 from white tuna using transglutaminase and the setting phenomenon at low temperature (4°C).
391 Parameters of texture, L* and Ew of the restructured obtained showed to be independent of
392 setting temperature and transglutaminase concentrations in the range of study. However, the

393 variations of transglutaminase concentration and setting affected the a* and b* colour
394 parameters, water activity and dry matter of restructured products, and this dependence was
395 modelled. The better setting treatment was at 4°C for 18 h using 450 U/kg of transglutaminase.
396 Microbial study showed that the manipulation after the cooking step is critical.

397

398 **Acknowledgments**

399 This work was supported by Diputación de Lugo (Galicia, Spain).

400

401 **References**

- 402 Ananou, S., Zentar, H., Martínez-Bueno, M., Gálvez, A., Maqueda, M., & Valdivia, E. (2014).
403 The Impact of Enterocin AS-48 on the Shelf-Life and Safety of Sardines (*Sardina Pilchardus*)
404 Under Different Storage Conditions. *Food Microbiology*, *44*(0), 185-195.
- 405 Andrés-Bello, A., García-Segovia, P., Ramírez, J. A., & Martínez-Monzó, J. (2011). Production
406 of Cold-Setting Restructured Fish Products from Gilthead Sea Bream (*Sparus Aurata*) using
407 Microbial Transglutaminase and Regular and Low-Salt Level Producción De Reestructurados
408 De Dorada (*Sparus Aurata*) En Frío Usando Transglutaminasa y Niveles Normales y Bajos
409 De Sal. *CyTA - Journal of Food*, *9*(2), 121-125.
- 410 Atanassova, M. R., Chapela, M., Garrido-Maestu, A., Fajardo, P., Ferreira, M., Lago, J.,
411 Aubourg, S. P., Vieites, J. M., & Cabado, A. G. (2014). Microbiological Quality of Ready-to-
412 Eat Pickled Fish Products. *Journal of Aquatic Food Product Technology*, *23*(5), 498-510.
- 413 Aubourg, S. P., Torres, J. A., Saraiva, J. A., Guerra-Rodríguez, E., & Vázquez, M. (2013). Effect
414 of High-Pressure Treatments Applied before Freezing and Frozen Storage on the Functional
415 and Sensory Properties of Atlantic Mackerel (*Scomber Scombrus*). *LWT - Food Science and*
416 *Technology*, *53*(1), 100-106.
- 417 Ben-Gigirey, B., Vieites Baptista de Sousa, Juan M., Villa, T. G., & Barros-Velazquez, J. (2000).
418 Characterization of Biogenic Amine-Producing *Stenotrophomonas Maltophilia* Strains
419 Isolated from White Muscle of Fresh and Frozen Albacore Tuna. *International journal of food*
420 *microbiology*, *57*(1-2), 19-31.
- 421 Box, G. & Behnken, D. (1960). Some New Three Level Designs for the Study of Quantitative
422 Variables. *Technometrics*, *2*, 455-475.
- 423 Cai, L., Wu, X., Li, X., Zhong, K., Li, Y., & Li, J. (2014). Effects of Different Freezing Treatments
424 on Physicochemical Responses and Microbial Characteristics of Japanese Sea Bass
425 (*Lateolabrax Japonicas*) Fillets during Refrigerated Storage. *LWT - Food Science and*
426 *Technology*, *59*(1), 122-129.
- 427 Carrascosa, C., Millan, R., Saavedra, P., Jaber, J. R., Montenegro, T., Raposo, A., Perez, E., &
428 Sanjuan, E. (2014). Predictive Models for Bacterial Growth in Sea Bass (*Dicentrarchus*
429 *Labrax*) Stored in Ice. *International Journal of Food Science and Technology*, *49*(2), 354-363.
- 430 Castro-Briones, M., Calderon, G. N., Velazquez, G., Rubio, M. S., Vazquez, M., & Ramirez, J.
431 A. (2009). Mechanical and Functional Properties of Beef Products obtained using Microbial

432 Transglutaminase with Treatments of Pre-Heating Followed by Cold Binding. *Meat Science*,
433 83(2), 229-238.

434 Cortez-Vega, W., Fonseca, G. G., Feisther, V., Silva, T. F., & Prentice, C. (2013). Evaluation of
435 Frankfurters obtained from Croaker (*Micropogonias Furnieri*) Surimi and Mechanically
436 Deboned Chicken Meat Surimi-Like Material. *CyTA - Journal of Food*, 11(1), 27-36.

437 Cosansu, S., Mol, S., Alakavuk, D. U., & Ozturan, S. (2013). The Effect of Lemon Juice on Shelf
438 Life of Sous Vide Packaged Whiting (*Merlangius Merlangus Euxinus*, Nordmann, 1840). *Food
439 and Bioprocess Technology*, 6(1), 283-289.

440 Dluzewska, E., Marciniak-Lukasiak, K., & Kurek, N. (2015). Effect of Transglutaminase Additive
441 on the Quality of Gluten-Free Bread. *Cyta-Journal of Food*, 13(1), 80-86.

442 García-Soto, B., Fernández-No, I. C., Barros-Velázquez, J., & Aubourg, S. P. (2014). Use of
443 Citric and Lactic Acids in Ice to Enhance Quality of Two Fish Species during on-Board Chilled
444 Storage. *International Journal of Refrigeration*, 40(0), 390-397.

445 Grossowicz, N., Wainfan, E., Borek, E., & Waelsch, H. (1950). The Enzymatic Formation of
446 Hydroxamic Acids from Glutamine and Asparagine. *Journal of Biological Chemistry*, 187(1),
447 111-125.

448 Guerra-Rodríguez, E., Portilla-Rivera, O., Ramírez, J. A., & Vázquez, M. (2012). Modelling of
449 the Acid Hydrolysis of Potato (*Solanum Tuberosum*) for Fermentative Purposes. *Biomass
450 and Bioenergy*, 42(0), 59-68.

451 Guerra-Rodríguez, E. & Vázquez, M. (2013). Technical and Economical Evaluation of Microbial
452 Transglutaminase Production on Enzymatic Hydrolysates of Potato (*Solanum Tuberosum*).
453 *CyTA - Journal of Food*, 1-8.

454 Guerra-Rodríguez, E. & Vázquez, M. (2014). Evaluation of a Novel Low-Cost Culture Medium
455 Containing Exclusively Milk, Potato and Glycerol for Microbial Transglutaminase Production
456 by *Streptomyces Mobaraensis*. *Chemical Engineering Research and Design*, 92(4), 784-791.

457 Herranz, B., Tovar, C. A., Borderias, A. J., & Moreno, H. M. (2013). Effect of High-Pressure
458 and/or Microbial Transglutaminase on Physicochemical, Rheological and Microstructural
459 Properties of Flying Fish Surimi. *Innovative Food Science & Emerging Technologies*, 20(0),
460 24-33.

461 Hinz, K., Huppertz, T., Kulozik, U., & Kelly, A. L. (2007). Influence of Enzymatic Cross-Linking
462 on Milk Fat Globules and Emulsifying Properties of Milk Proteins. *International Dairy Journal*,
463 17(4), 289-293.

464 Hu, X., Zhao, M., Li, L., Yang, B., Yang, X., Wang, H., & Ren, J. (2014). Emulsifying Properties
465 of Cross-Linking between Proteins Extracted from Cold/Hot Pressed Peanut Meal and
466 Hydrolysed Fish (*Decapterus Maruadsi*) Proteins. *International Journal of Food Properties*,
467 17(8), 1750-1762.

468 Kudre, T. & Benjakul, S. (2014). Effects of Bambara Groundnut Protein Isolates and Microbial
469 Transglutaminase on Textural and Sensorial Properties of Surimi Gel from Sardine (*Sardinella
470 Albella*). *Food and Bioprocess Technology*, 7(6), 1570-1580.

471 Martelo-Vidal, M. J., Mesas, J. M., & Vazquez, M. (2012). Low-Salt Restructured Fish Products
472 from Atlantic Mackerel (*Scomber Scombrus*) with Texture Resembling Turkey Breast. *Food*
473 *Science and Technology International*, 18(3), 251-259.

474 Martínez, M. A., Robledo, V., Velazquez, G., Ramírez, J. A., Vázquez, M., & Uresti, R. M.
475 (2014). Effect of Precooking Temperature and Microbial Transglutaminase on the Gelling
476 Properties of Blue Crab (*Callinectes Sapidus*) Proteins. *Food Hydrocolloids*, 35(0), 264-269.

477 Morales, O. G., Ramirez, J. A., Vivanco, D. I., & Vazquez, M. (2001). Surimi of Fish Species
478 from the Gulf of Mexico: Evaluation of the Setting Phenomenon. *Food Chemistry*, 75(1), 43-
479 48.

480 Moreno, H. M., Carballo, J., & Borderías, A. J. (2008). Influence of Alginate and Microbial
481 Transglutaminase as Binding Ingredients on Restructured Fish Muscle Processed at Low
482 Temperature. *Journal of the science of food and agriculture*, 88(9), 1529-1536.

483 Muela, E., Alonso, V., Morago, P., Calanche, J. B., Roncales, P., & Beltran, J. A. (2014). Effect
484 of Gas Packaging Conditions on Thawed *Thunnus Obesus* Preservation. *Food Control*, 46,
485 217-224.

486 Ramirez, J. A., Rodriguez-Sosa, R., Morales, O. G., & Vazquez, M. (2003). Preparation of
487 Surimi Gels from Striped Mullet (*Mugil Cephalus*) using an Optimal Level of Calcium
488 Chloride. *Food Chemistry*, 82(3), 417-423.

489 Ramirez, J. A., Uresti, R. M., Velazquez, G., & Vazquez, M. (2011). Food Hydrocolloids as
490 Additives to Improve the Mechanical and Functional Properties of Fish Products: A Review.
491 *Food Hydrocolloids*, 25(8), 1842-1852.

492 Ruiz-Capillas, C. & Moral, A. (2005). Sensory and Biochemical Aspects of Quality of Whole
493 Bigeye Tuna (*Thunnus Obesus*) during Bulk Storage in Controlled Atmospheres. *Food*
494 *Chemistry*, 89(3), 347-354.

495 Song, C. & Zhao, X. (2014). Structure and Property Modification of an Oligochitosan-
496 Glycosylated and Crosslinked Soybean Protein Generated by Microbial Transglutaminase.
497 *Food Chemistry*, 163(0), 114-119.

498 Takahashi, H., Kashimura, M., Miya, S., Kuramoto, S., Koiso, H., Kuda, T., & Kimura, B. (2012).
499 Effect of Paired Antimicrobial Combinations on *Listeria Monocytogenes* Growth Inhibition in
500 Ready-to-Eat Seafood Products. *Food Control*, 26(2), 397-400.

501 Tellez Luis, S., Ramirez, J., & Vazquez, M. (2004). Application in Restructured Fish Products of
502 Transglutaminase obtained by *Strepto Verticillum Ladakanaum* in Media made from
503 Hydrolysates of Sorghum Straw. *Journal of Food Science*, 69(1), M1-M5.

504 Torres, J. A., Saraiva, J. A., Guerra-Rodríguez, E., Aubourg, S. P., & Vázquez, M. (2014). Effect
505 of Combining High-Pressure Processing and Frozen Storage on the Functional and Sensory
506 Properties of Horse Mackerel (*Trachurus Trachurus*). *Innovative Food Science & Emerging*
507 *Technologies*, 21(0), 2-11.

508 Uresti, R. M., Lopez-Arias, N., Ramirez, J. A., & Vazquez, M. (2003). Effect of Amidated Low
509 Methoxyl Pectin on the Mechanical Properties and Colour Attributes of Fish Mince. *Food*
510 *Technology and Biotechnology*, 41(2), 131-136.

511 Vázquez, M. & Guerra-Rodríguez, M. E. (2012). Aditivo Alimentario Conteniendo La Enzima
512 Transglutaminasa Obtenido Por Fermentación De Medios De Cultivo Formulados Con
513 Leche, Patata y Glicerol . *Spanish Patent No. ES 2376439. Madrid: Spanish Patent and*
514 *Trademark Office.*(Spanish Patent No. ES 2376439).

515 Wang, R., Peng, Z., Hui, T., Wang, F., Yao, Y., Zhang, Y., & Zhou, G. (2013). Potential use of
516 Crude Extracts from Alaska Pollock Muscle as Meat Tenderizer. *CyTA - Journal of Food,*
517 *11(1), 50-59.*

518 Yao, X. & Zhao, X. (2015). Effects of Caseinate Deamidation on Transglutaminase-Induced
519 Glucosamine Conjugation and Cross-Linking as Well as Properties of the Treated
520 Caseinates. *CyTA-Journal of Food, 13(3), 400-407.*

521 Yin, T., Reed, Z. H., & Park, J. W. (2014). Gelling Properties of Surimi as Affected by the
522 Particle Size of Fish Bone. *LWT - Food Science and Technology, 58(2), 412-416.*

523

524

525

526

527 **Table 1**

528 Textural parameters of white tuna restructured products performed using different
529 temperature/time for setting conditions (TG is transglutaminase)*.

530

Setting Conditions	Hardness (g)	Adhesiveness (g·s)	Springiness	Cohesiveness	Chewiness (g)
4°C/12 h (No TG)	13122.23 ^b	-39.878 ^b	0.519 ^b	0.299 ^{ab}	2085.81 ^a
25°C/2 h (No TG)	13842.93 ^b	-22.787 ^b	0.593 ^{bc}	0.334 ^b	2846.26 ^b
40°C/20 min (No TG)	11485.18 ^a	-67.29 ^c	0.443 ^a	0.285 ^a	1480.28 ^a
4°C/12 h (TG)	20981.22 ^c	-2.15 ^a	0.793 ^d	0.416 ^c	6930.35 ^c
25°C/2 h (TG)	14270.80 ^b	-16.983 ^b	0.559 ^b	0.335 ^b	2695.01 ^b
40°C/20 min (TG)	14664.42 ^b	-2.786 ^a	0.647 ^c	0.364 ^b	3485.47 ^b

531

532 **Note:** *Different letters for the same parameter indicate a significant difference ($p < 0.05$).

533

534 **Table 2**

535 Variables involved in the experimental design for the study of the setting at 4°C in the process
 536 for restructuring white tuna and their nomenclature, units and values or ranges.

	Nomenclature	Units	Values or ranges
<i>(a) Fixed variables</i>			
NaCl concentration		g/kg	15
Ratio mince/water for washing			1/3
Time of stage of washing		min	5
Stage of mixing		min	5
Cooking Temperature	Tc	°C	90
Cooking Time	tc	min	50
Cooling Temperature	Te	°C	4
Cooling Time	te	min	30
Time of waiting until analysis	ta	h	12
Temperature of waiting until analysis	Ta	°C	4
<i>(b) Independent variables</i>			
Concentration of transglutaminase	TG	U/kg	(150, 300, 450)
Time of incubation	t	h	(6, 12, 18)
<i>(c) Independent normalized variables</i>			
Temperature of incubation	x_1		(-1, 0, 1)
Time of incubation	x_2		(-1, 0, 1)
<i>(D) Dependent variables</i>			
Hardness		g	
Adhesiveness		g·s	
Springiness			
Cohesiveness			
Chewiness		g	
Expressible water	EW	%	
Water activity	Aw		
Dry matter	DM	%	
Colour parameters	L, a*, b*		

537

Table 3. Operational conditions assayed with the experimental design for the setting at 4°C.

Experiment	<i>TG</i>	<i>t</i>	Dimensionless	
	<i>U/kg</i>	<i>h</i>	<i>x</i> ₁	<i>x</i> ₂
1	150	6	-1	-1
2	300	6	0	-1
3	450	6	1	-1
4	150	12	-1	0
5	300	12	0	0
6	450	12	1	0
7	150	18	-1	1
8	300	18	0	1
9	450	18	1	1

538

539

540

541

542

543 **Table 4**

544 Experimental results of textural properties achieved for the treatments of the experimental
 545 design for the setting at 4°C.

Experiment	Hardness (g)	Adhesiveness (g·s)	Springiness	Cohesiveness	Chewiness (g)
1	15989	-8.79	0.728	0.410	4781,66
2	19256	-3.77	0.713	0.385	5400,19
3	23782	-1.89	0.751	0.406	7308,36
4	17743	-4.38	0.653	0.364	4256,29
5	20981	-2.15	0.793	0.416	6930,35
6	18760	-4.70	0.802	0.410	6168,61
7	18835	-12.13	0.632	0.352	4167,17
8	22999	-3.01	0.717	0.359	6022,53
9	23978	-2.65	0.713	0.386	6638,41

546

547

548

549

550 **Table 5.**

551 Experimental results of expressible water (Ew), water activity (Aw), dry matter (DM) and colour
552 parameters achieved for the treatments of the experimental design for the setting at 4°C.

Experiment	Ew	Aw	DM	L*	a*	b*
1	36.16	0.977	25.53	66.22	3.16	10.98
2	35.31	0.981	26.84	68.89	2.44	11.15
3	32.81	0.982	27.02	70.10	2.38	11.29
4	34.98	0.974	24.46	65.53	4.47	12.05
5	32.77	0.969	24.95	66.09	4.37	12.02
6	35.02	0.977	25.15	63.73	4.68	12.36
7	35.69	0.978	25.43	67.74	3.18	11.17
8	31.02	0.971	26.09	70.34	2.88	11.50
9	27.69	0.962	26.67	70.21	3.05	11.52

553

554

555 **Table 6.** Models obtained and statistical indexes.

Model	r^2	Adjusted r^2	Predicted r^2	Adequate precision
$Aw = 0.996 + 0.001 \cdot TG - 0.0010 \cdot t$	0.799	0.678	0.454	8.349
$DM = 28.663 + 0.011 \cdot TG - 0.950 \cdot t + 0.039t^2$	0.962	0.898	0.540	11.90
$a^* = -0.751 - 0.010 \cdot TG + 1.080 \cdot t - 0,046 \cdot t^2$	0.974	0.933	0.690	11.95
$b^* = 8.11 + 0.001 \cdot TG + 0.601 \cdot t - 0.024 \cdot t^2$	0.978	0.942	0.819	14.00

556

557

558

559

560

561 **Table 7.**

562 Bacteriological analysis and pH measured on restructured products of white tuna on three times
563 (0, 5 and 12 days) stored on refrigeration*.

Time (day)	Psychrotrophs (log ufc/g)	Mesophiles (log ufc/g)	Anaerobes (log ufc/g)	Proteolytic bacteria (log ufc/g)	Enterobacteriaceae (log ufc/g)	pH
0	5.341 ^a	2.498 ^a	2.740 ^a	0.000 ^a	1.477 ^a	6.145 ^a
5	5.628 ^a	5.402 ^b	5.248 ^b	4.732 ^b	4.130 ^b	6.235 ^a
12	9.531 ^b	10.473 ^c	10.323 ^c	10.359 ^c	7.924 ^c	6.280 ^a

564 **Note: *Different letters for the same parameter indicate a significant difference (p < 0.05).**

565

566

568 **FIGURE CAPTIONS**

569 **Fig 1.** Changes of expressible water (Ew), water activity (Aw) and dry matter (DM) of
570 restructures fish products with MTG (white bars) and controls without MTG (black bars). Lines
571 show standard deviations.

572 **Fig 2.** Changes in colour attributes (L*, a* and b*) of restructured fish products restructures fish
573 products with MTG (white bars) and controls without MTG (black bars). Lines show standard
574 deviations.

575 **Fig 3.** Prediction model for dependence of water activity (Aw) and dry matter (DM) on
576 transglutaminase concentration and time of setting phenomenon at 4°C.

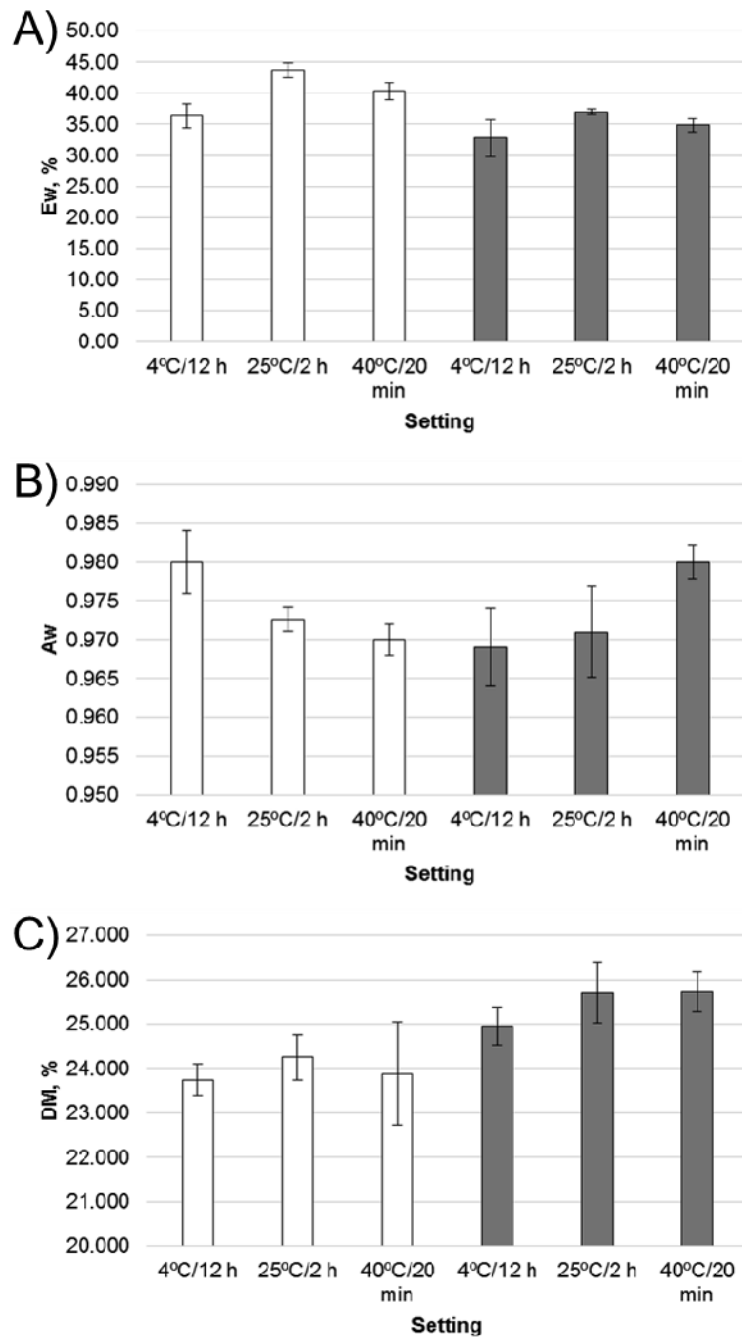
577 **Fig 4.** Prediction model for dependence of a* and b* on transglutaminase concentration and
578 time of setting phenomenon at 4°C.

579 **Fig 5.** Low-salt restructured white tuna (*Thunnus alalunga*) obtained with several shapes.

580

581

582

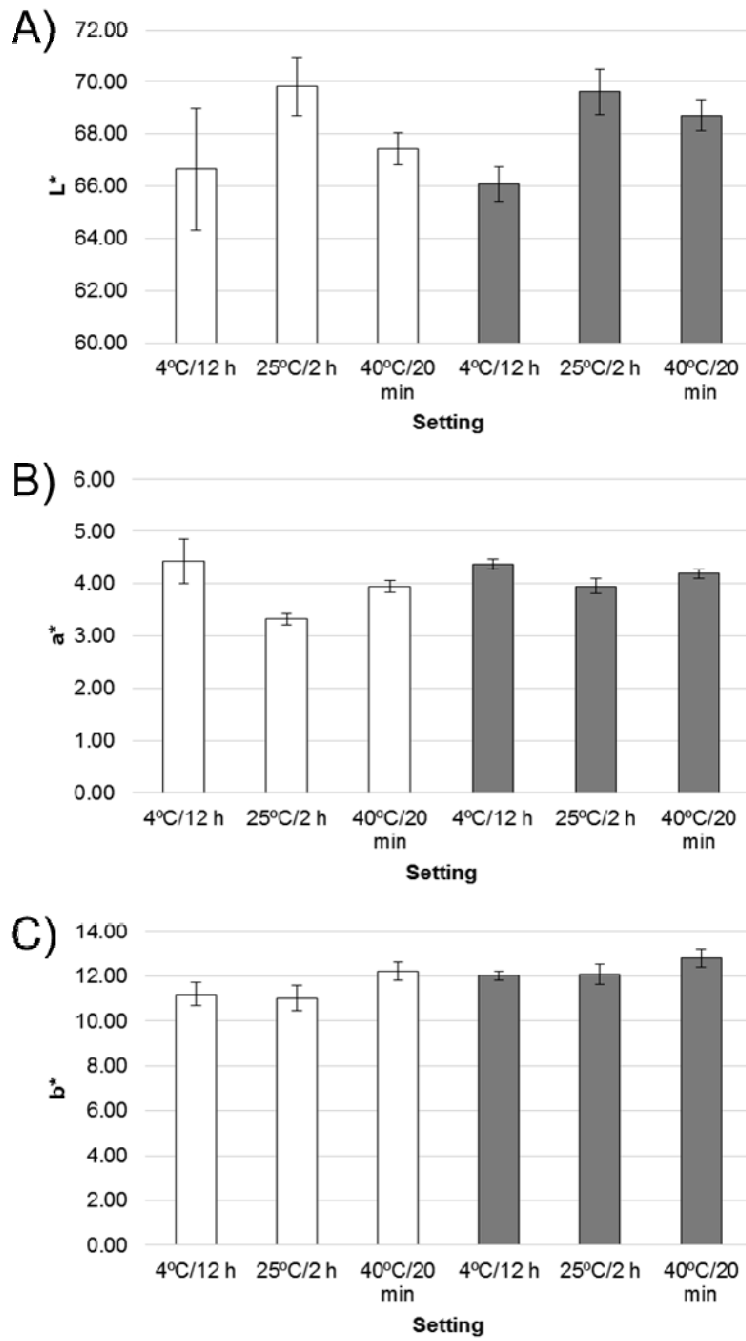


583

584

585 **Figure 1**

586



588

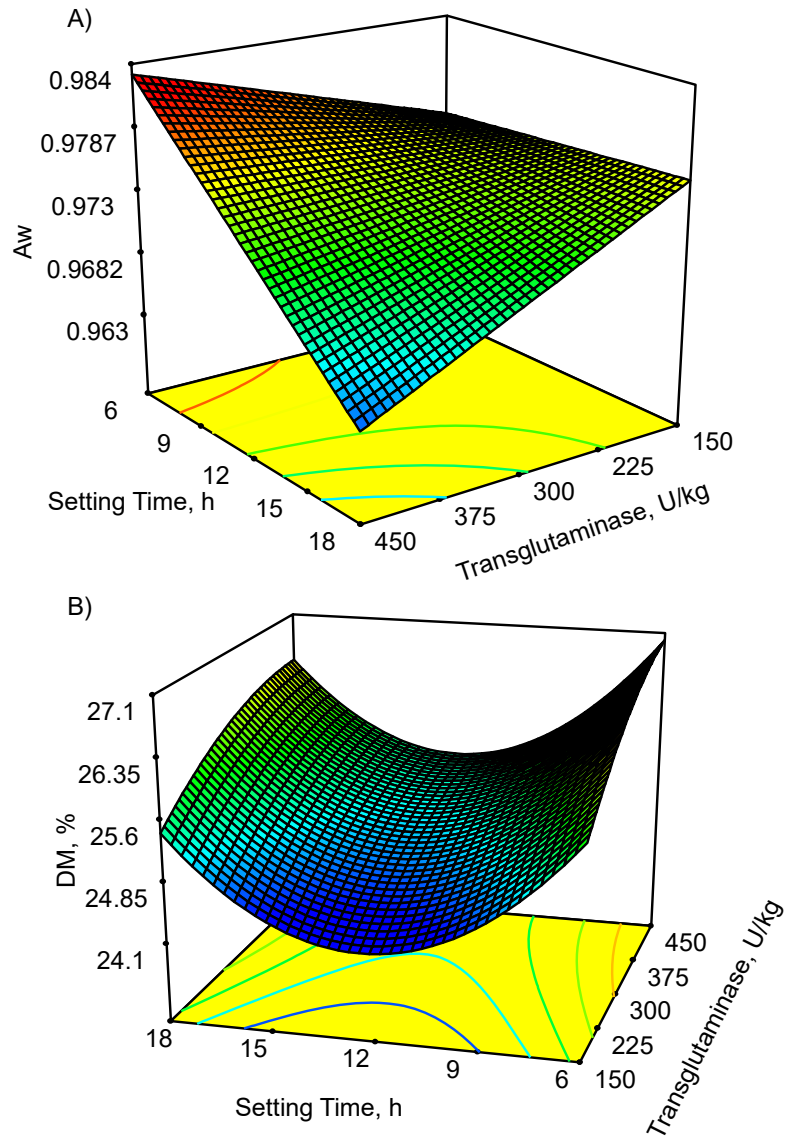
589

590

591 **Figure 2**

592

593

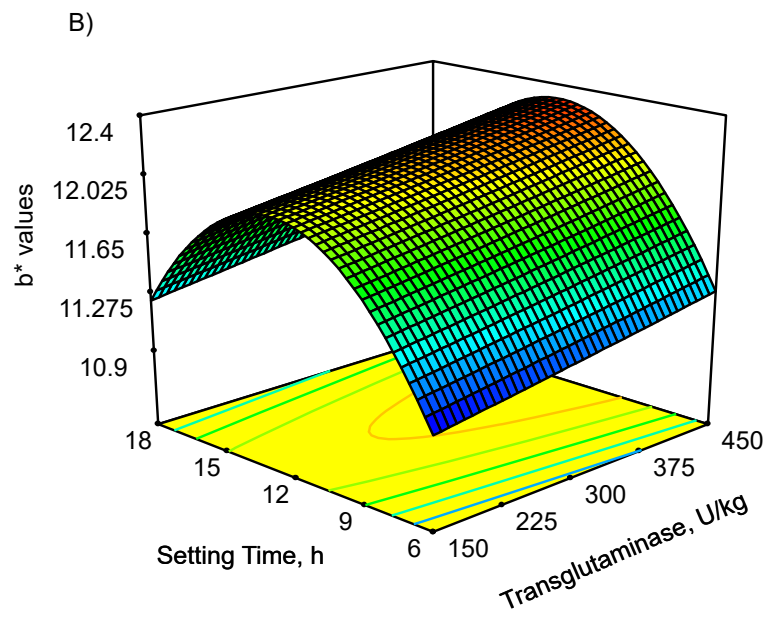
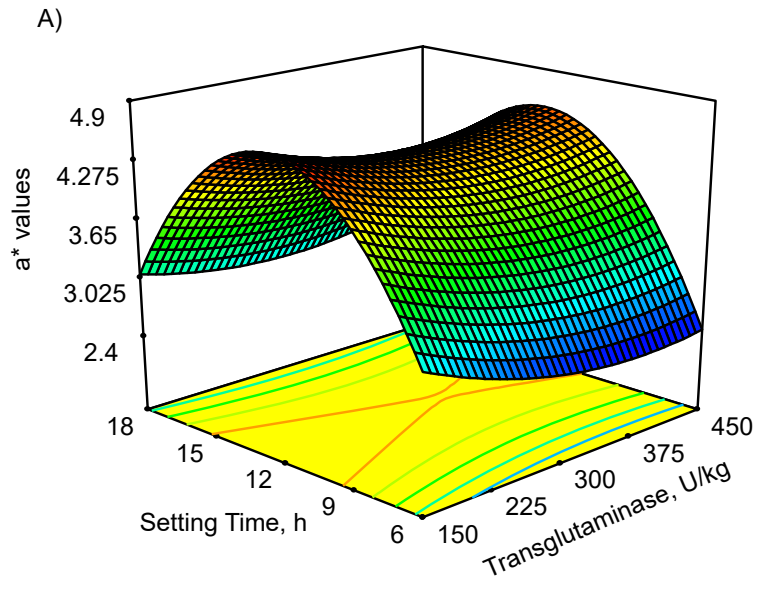


594

595

596 **Figure 3**

597



599

600

601

602

603 **Figure 4**

604

605



606

607

608

609

610

611 **Figure 5**

612

613

614

615