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## TITLE PAGE

**TITLE:** RESPIRATORY VARIATION IN AORTIC BLOOD FLOW PEAK VELOCITY AND RESPONSE TO A FLUID CHALLENGE IN VENTILATED NEONATES

**SHORT RUNNING TITLE:** PRELOAD RESPONSIVENESS IN CRITICALLY ILL NEONATES

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The authors have no conflicts of interest or competing interests to declare.

### KEYWORDS

Fluid responsiveness; point of care ultrasound, critically ill neonate, echocardiography, fluid challenge

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**ABSTRACT**

**OBJECTIVE:** To assess whether respiratory variation in aortic blood flow peak velocity ( $\Delta V_{\text{peak}}$ ) can predict preload responsiveness in mechanically ventilated and hemodynamically unstable neonates.

**DESIGN:** Prospective observational diagnostic accuracy study

**SETTING:** Third level neonatal intensive care unit.

**PATIENTS:** Hemodynamically unstable neonates under mechanical ventilation

**INTERVENTIONS:** Fluid challenge with 10 ml/kg of normal saline over 20 minutes.

**MEASUREMENTS AND MAIN RESULTS:**  $\Delta V_{\text{peak}}$  and superior vena cava flow were measured at baseline (T0), immediately upon completion of the fluid infusion (T1) and at one hour after fluid administration (T2). Our main outcome was preload responsiveness which was defined as an increase in superior vena cava flow of at least 10% from T0 to T1 ( $\Delta \text{SVCF}_{\text{T1-T0}}$ ). Forty-six infants with a median (IQR) gestational age of 30.5 (28-36) weeks were included. Twenty-nine (63%) infants were fluid responders, and 17 (37%) were nonresponders. Fluid responders had a higher baseline (T0)  $\Delta V_{\text{peak}}$  than nonresponders [9% (8.2-10.8) vs 5.5% (3.7-6.6);  $p < 0.001$ ]. Baseline  $\Delta V_{\text{peak}}$  was correlated with  $\Delta \text{SVCF}_{\text{T1-T0}}$  ( $\rho = 0.841$ ,  $p < 0.001$ ). The area under the ROC curve of  $\Delta V_{\text{peak}}$  to predict preload responsiveness was 0.912 (95% CI: 0.82-1). An  $\Delta V_{\text{peak}}$  cut-off point of 7.8% provided a 90% (95% CI: 71-97) sensitivity, 88% (95% CI: 62-98) specificity, 7.6 (95% CI: 2-28) positive likelihood ratio and 0.11 (95% CI: 0.03-0.34) negative likelihood ratio to predict preload responsiveness.

**CONCLUSIONS:**  $\Delta V_{\text{peak}}$  accurately predicted the response to a fluid challenge in hemodynamically unstable neonates under mechanical ventilation. This value could inform medical staff about fluid status and may aid in the individualization of fluid resuscitation contributing to reduce fluid overload.

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## RESPIRATORY VARIATION IN AORTIC BLOOD FLOW PEAK VELOCITY AND RESPONSE TO A FLUID CHALLENGE IN VENTILATED NEONATES

### INTRODUCTION

In critically ill children with circulatory shock, fluid resuscitation may be lifesaving. However, inappropriate fluid administration or failure to initiate fluid deresuscitation after shock reversal may result in fluid overload and is associated to increased morbidity and mortality in critically ill children. (1) Although such data in neonates are limited, it is recognized that fluid overload is also a poor outcome factor. (2–4) Fluid boluses are recommended during initial shock resuscitation in neonates despite the lack of high-quality evidence to support this practice. (5, 6) Animal studies have shown that the neonatal myocardium has a limited preload reserve. (7–9) Therefore, neonates may be especially vulnerable to the adverse effects of excessive fluid administration.

The assessment of preload responsiveness (PR) has been recommended to guide fluid resuscitation (10, 11), with some data indicating reduced mortality and ICU stay in association with this practice. (11) The respiratory variation in peak aortic blood flow velocity ( $\Delta V_{peak}$ ) is one of the dynamic indexes of preload (DIPs) that has shown good accuracy in critically ill children. (12) Unfortunately, no information in neonates exists. The main limitation of  $\Delta V_{peak}$  and other DIPs is that accuracy is reduced in the setting of low tidal volume (TV) ventilation, which is currently the main practice in intensive care medicine across all ages. (13, 14) There are important developmental differences in cardiac performance and cardiopulmonary interactions between neonates and adults, which may influence the performance of the DIPs and preclude the extrapolation of adult data to the neonatal population. (15)

In this pilot study, we assessed the utility of  $\Delta V_{peak}$  as a predictor of PR in hemodynamically unstable ventilated neonates.

## MATERIALS AND METHODS

### *Design and participants*

This was a prospective observational diagnostic accuracy study in a third-level neonatal intensive care unit (NICU) over a 2-year period (from January 1, 2018, to December 31, 2019). Consecutive mechanically ventilated and hemodynamically unstable neonates who received a first fluid bolus for suspected hypovolemia were eligible. Infants with congenital heart defects (CHDs), pulmonary hypertension (PH) and/or right heart failure, active bleeding, who were on high-frequency oscillatory ventilation or those whose representative failed to provide informed consent were excluded. In cases of study protocol violations or missing data, infants were prospectively excluded.

### *Study protocol*

Infants were ventilated in synchronized intermittent positive pressure ventilation (IPPV) mode with a guaranteed TV set at 4-5 ml/kg. As per local NICU guidelines, intubated term infants were sedated with continuous infusions of fentanyl (0.5-2 mcg/kg/h) with or without midazolam (0.05-0.2 mg/kg/h). Preterm infants received occasional boluses of fentanyl (1-2 mcg/kg) or midazolam (0.05-0.1 mg/kg) to ensure adaptation to the ventilator. All children remained passive with the ventilator. Neuromuscular blockade was not used. Respiratory and hemodynamic support was performed according to international recommendations and local NICU guidelines (supplemental online content; supplemental methods and supplemental figure s1). (6, 16) Fluid boluses (10 ml/kg of normal saline over 20 minutes) were indicated only in cases of suspected hypovolemia, which included the following: hypotension despite escalating catecholamine doses, unexplained or persistent elevated lactate (>2.5 mmol/l), sustained tachycardia (heart rate above the 90<sup>th</sup> percentile for age) (17) with poor peripheral perfusion and/or echocardiographic findings suggestive of hypovolemia (defined in Table 1). When a fluid bolus was deemed necessary, functional echocardiography was performed by the main

1 researcher (an intensivist expert in point of care ultrasound) immediately before the fluid  
2 challenge (T0), immediately after fluid challenge (T1) and at 1 hour after fluid administration  
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4 (T2). Superior vena cava flow (SVCf) was chosen as the reference index to estimate cardiac  
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6 output (CO) according to current ACCM guidelines.(6) The axial area of the SVC was traced in a  
7  
8 short-axis view at the level of the right pulmonary artery as described by Ficial B et al. (18) The  
9  
10 maximal and minimal areas of the SVC within a cardiac cycle were obtained, and values from  
11  
12 five consecutive cardiac cycles were averaged. The pulsed Doppler wave of the SVC was  
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14 obtained from the subcostal long-axis view, with the Doppler gate placed at the same level  
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16 where the SVC area was traced. The velocity-time integral (VTI) of the Doppler signal was traced,  
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18 and the values from 10 consecutive heartbeats were averaged to calculate the SVCf  
19  
20 (supplemental figure s2).  $\Delta V_{\text{peak}}$  was measured in the left ventricle (LV) outflow tract, and  
21  
22 values from 5 respiratory cycles were averaged.  $\Delta V_{\text{peak}}$  was calculated as  $\Delta V_{\text{peak}}(\%) = 100 \times$   
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24  $(V_{\text{peak max}} - V_{\text{peak min}}) / [(V_{\text{peak max}} + V_{\text{peak min}}) / 2]$  (supplemental figure s3). (19) During  
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26  $\Delta V_{\text{peak}}$  measurement, the respiratory rate (RR) and TV were transiently adjusted to 25 breaths  
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28 per minute and 5 ml/kg, respectively, to ensure a heart rate/respiratory rate ratio  $\geq 4$  in all  
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30 patients. (20) For our main analysis, PR was defined as a prespecified  $>10\%$  increase in SVCf at  
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32 T1 compared to baseline ( $\Delta \text{SVCf}_{\text{T1-T0}}$ ). Accordingly, the study cohort was subdivided into two  
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34 groups: fluid responders (F-Rs) and fluid nonresponders (F-NRs). PR at T2 ( $\geq 10\% \Delta \text{SVCf}_{\text{T2-T0}}$ ) and  
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36 using an alternative threshold of  $\geq 15\%$  in  $\Delta \text{SVCf}$  were also analyzed.

### 37 38 39 40 41 42 43 44 45 46 *Statistical analysis*

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49 Categorical data are summarized as numbers and percentages. Continuous data are summarized  
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51 as medians and interquartile ranges (IQRs). Unadjusted comparisons between study groups  
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53 were performed using nonparametric tests. Comparisons were adjusted by gestational age and  
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55 postnatal days of life to account for age-related physiological variability in the parameters  
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57 measured during the fluid challenge. Rho-Spearman correlation coefficients were used to assess  
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1 the relationship between hemodynamic parameters and  $\Delta\text{SVCf}_{\text{T1-T0}}$  and  $\Delta\text{SVCf}_{\text{T2-T0}}$ . The  
2 diagnostic accuracy of  $\Delta\text{Vpeak}$  and other hemodynamic parameters to predict PR was assessed  
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4 by receiver operating characteristic (ROC) analysis. Optimal cut-off points were selected by the  
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6 Youden method, and the cut-off of 12% for  $\Delta\text{Vpeak}$  was also explored.  
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10 Intra- and interobserver agreements in  $\Delta\text{Vpeak}$  and  $\text{SVCf}$  measurement were evaluated by  
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12 repeating 50 individual and 30 averaged measurements of  $\Delta\text{Vpeak}$  and  $\text{SVCf}$ , respectively. The  
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14 second observer was a neonatologist trained in targeted echocardiography who was blinded to  
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16 patient data. Intra- and interobserver variabilities were evaluated by calculating the standard  
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18 error of measurement (SEM) and the minimal detectable difference (MDD). Intra- and  
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20 interobserver reliabilities were assessed by intraclass correlation coefficients (ICCs) and Bland  
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22 Altman plots. (21)  
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27 Based on a recent metanalysis of 11 studies assessing  $\Delta\text{Vpeak}$  performance in children, we  
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29 expected a PR rate of 52% (median value). (12) Fifteen non-responders and 16 responders would  
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31 achieve a power of 0.8 with a type I error of 0.05 using a conservative target area under the ROC  
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33 curve (AUROC) of 0.75 (lower range of previously reported). (22) The SPSS (IBM Corp., Armonk,  
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35 N.Y., USA) statistical package version 22 was used for analysis.  
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#### 38 39 40 *Ethical aspects*

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43 The study protocol was approved by the local institutional review board (IRB), and parents  
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45 provided informed consent for participation.  
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## 48 49 50 51 52 **RESULTS**

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55 During the study period, 161 infants were assessed for eligibility. Ninety-two patients did not  
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57 meet the inclusion criteria. Of the remaining 79 infants, 33 were excluded for several reasons,  
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1 and forty-six infants completed the analysis. (Figure 1). The clinical characteristics of the cohort  
2 are shown in Table 1. The cohort's median (IQR) percent  $\Delta\text{SVCf}_{\text{T1-T0}}$  and  $\Delta\text{SVCf}_{\text{T2-T0}}$  were 12.7%  
3 (7.6-14.7) and 3.6% (-1.87-10.91), respectively ( $p<0.001$ ). According to our definition of PR for  
4 the primary analysis, 29 infants (63%) were classified as F-Rs, and 17 (37%) were classified as F-  
5 NRs. Only 12/29 (44.1%) infants remained F-Rs at T2 (26.1% of the whole cohort). The cohort's  
6 median (IQR)  $\Delta\text{Vpeak}$  at baseline (T0) was 8.3% (6-9.7). F-Rs had a higher baseline  $\Delta\text{Vpeak}$  than  
7 F-NRs [9% (8.2-10.8) vs. 5.5% (3.7-6.6);  $p<0.001$ ]. Those who remained F-Rs at T2 had a higher  
8 baseline  $\Delta\text{Vpeak}$  [10.2% (8.9-14.2) vs 7.3% (5-8.9);  $p<0.001$ ] and a greater  $\Delta\text{SVCf}_{\text{T1-T0}}$  [17.1%  
9 (14.9-20.1) vs 9.7% (5.4-13.4);  $p<0.001$ ] compared to the rest of the cohort and compared to the  
10 subgroup who were initially F-Rs at T1 but did not sustain PR at T2 [ $\Delta\text{Vpeak}$  10.2% (8.9-14.5) vs  
11 8.5% (7.9-9.1);  $p=0.003$  and  $\Delta\text{SVCf}_{\text{T1-T0}}$  17.1% (14.9-20.1) vs 13.3% (11.56-13.9);  $p<0.001$ ].  
12 Preterm infants younger than 32 weeks of GA were less likely to be F-Rs than older infants [13/26  
13 (50%) vs. 16/20 (80%);  $p=0.037$ ]. However, there were no statistically significant differences in  
14 baseline  $\Delta\text{Vpeak}$  [8.1% (5.3-9.4) vs 8.9% (7-9.9);  $p=0.292$ ],  $\Delta\text{SVCf}_{\text{T1-T0}}$  [9.7% (5.4-14.4) vs 13.7%  
15 (11.1-15.2);  $p=0.126$ ] or  $\Delta\text{SVCf}_{\text{T2-T0}}$  [2.8% (-1.8-11.6) vs 3.8% (-1.9-10);  $p=0.666$ ] compared to  
16 older children.  
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SVCf increased at T1 in both F-Rs and F-NRs and remained higher at T2 compared to baseline,  
but F-Rs attained significantly higher SVCf values at T1 and T2 than F-NRs. As mentioned  
previously, baseline (T0)  $\Delta\text{Vpeak}$  was higher in F-Rs than in F-NRs and decreased significantly at  
T1 and T2 in only F-Rs (Figure 2). The mitral Doppler E/A ratio increased with fluid administration  
in both groups but remained lower in F-Rs than in F-NRs from T0 to T2. Mean arterial pressure  
(MAP) increased during fluid challenge in both groups, without significant differences between  
them, while heart rate (HR) decreased significantly only in F-Rs, although the difference between  
F-Rs and F-NRs was not statistically significant after adjustment for GA and postnatal age (e-  
Table 1).

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There were strong correlations between  $\Delta V_{peak}$  and  $\Delta SVCF_{T1-T0}$  ( $\rho$  coefficient=0.841;  $p<0.001$ ) and  $\Delta SVCF_{T2-T0}$  ( $\rho=0.653$ ;  $p<0.001$ ). Conversely, the mitral E/A ratio was inversely correlated with  $\Delta SVCF_{T1-T0}$  ( $\rho -0.662$ ,  $p<0.001$ ) and  $\Delta SVCF_{T2-T0}$  ( $\rho -0.479$ ;  $p=0.001$ ). MAP, HR, LV shortening fraction (LVSF) and lactate were not correlated with  $\Delta SVCF_{T1-T0}$  or  $\Delta SVCF_{T2-T0}$  (Figure 3 and supplemental figures s4 and s5). The AUROC curve of  $\Delta V_{peak}$  to predict FR was 0.912 (95% CI: 0.82-1). An optimal cut-off of 7.8% provided a sensitivity and specificity of 90% (95% CI: 71-97) and 88% (95% CI: 62-98), respectively (Figure 4). The performance of  $\Delta V_{peak}$  in predicting PR at T2 and with an alternative threshold of 15% in  $\Delta SVCF_{T1-T0}$  and  $\Delta SVCF_{T2-T0}$  was also explored (Table 2). Additionally, the mitral E/A ratio had AUROC curves to predict preload unresponsiveness of 0.89 (95% CI: 0.81-0.98) at T1 and 0.820 (95% CI: 0.64-0.90) at T2. A cut-off  $>1.15$  provided 100% (95% CI: 85-100) specificity to diagnose fluid unresponsiveness at both the T1 and T2 timepoints, with 47% (95% CI: 23-71) and 41% (95% CI: 19-66) sensitivities, respectively. MAP, HR, lactate and LVSF were of limited diagnostic value to predict PR (AUROC curves ranging 0.640 to 0.730, data not shown).

The intraobserver calculated SEM for  $\Delta V_{peak}$  was 0.37% (95% CI: 0.29-0.44) with an MDD of 1.02%. The intraobserver SEM for SVCF was 2.2 (95% CI: 1.4-2.9) ml/kg/min with an MDD of 6.6 ml/kg/min. The interobserver SEM for  $\Delta V_{peak}$  was 0.42% (95% CI: 0.34-0.5) with an MDD of 1.15%. The interobserver SEM for SVCF was 3.9 (95% CI: 2.5-5.4) ml/kg/min with an MDD of 10.9 ml/kg/min. The ICCs of intraobserver measurements of  $\Delta V_{peak}$  and SCVf were 0.995 (95% CI: 0.992-0.997) and 0.92 (95% CI: 0.838-0.98), respectively. The ICCs of interobserver measurements of  $\Delta V_{peak}$  and SCVf were 0.97 (95% CI: 0.93-0.98) and 0.910 (95% CI: 0.83-0.95), respectively. A complete description of observer agreement analysis can be found in supplemental Table s2 and figures s6 and s7.

## DISCUSSION

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In this pilot study,  $\Delta V_{\text{peak}}$  accurately predicted PR in ventilated critically ill neonates who were hemodynamically unstable and received a fluid challenge.  $\Delta V_{\text{peak}}$  was strongly correlated with changes in SVCf. However, the effects of crystalloids on SVCf dissipated rapidly, and a minority of infants sustained PR one hour after fluid administration. (23) We also observed that the rates of F-Rs when PR was defined as a >15% increase in SVCf were only 26.1% and 15.2% immediately and 1 hour after fluid challenge, respectively. Preterm infants were less likely to be F-Rs than term infants, suggesting reduced cardiac performance in more immature infants. Taken together, our findings support that neonates have a limited preload reserve and call into question the pertinence of repeated crystalloid boluses as a strategy to improve CO and tissue perfusion in hemodynamically unstable neonates. (5) The use of  $\Delta V_{\text{peak}}$  could be informative to titrate and individualize fluid resuscitation and decide when repeated fluid boluses might be indicated.

Our study is the first to date to assess PR using a DIP in neonates; thus, we cannot compare our results with those of other similar cohorts. We found a median  $\Delta V_{\text{peak}}$  at baseline and a discriminative cut-off of approximately 8%, which is lower than that previously reported in older children (approximately 12%). (12) However,  $\Delta V_{\text{peak}}$  was reasonably discriminative of PR. We hypothesize that lower  $\Delta V_{\text{peak}}$  values are indicative of a limited preload reserve in the neonatal myocardium. In this line, animal and human data have shown that while the Frank-Starling relationship is preserved in neonates, the curve plateaus at a lower diastolic ventricular pressure than those in older children and adults. (7, 24, 25)

The results of systematic reviews and meta-analyses have shown that  $\Delta V_{\text{peak}}$  is the only DIP that consistently predicts PR in children. (26–28)  $\Delta V_{\text{peak}}$  is more accurate than DIP based on blood pressure tracing, plethysmography and the passive leg raising (PLR) test, all of which have shown excellent performance in adults. (29–31) The inaccuracies of blood pressure and plethysmography-based indexes in children are related to the highly compliant arteries that

1 partially absorb pressure changes caused by variations in SV; thus reducing the ability of these  
2 techniques to reflect changes in loading conditions. (32–34) The PLR test is an appealing method  
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4 to predict FR because it is not affected by most of the limitations of respiratory indexes. (30)  
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6 Unfortunately, the results in children have been disappointing. (35)  
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10 Our data challenge the concept that DIP are not reliable under protective low TV ventilation  
11 during the neonatal period. (14) Previous studies have established that a minimum TV of 7-8  
12 ml/kg is needed for respiratory DIP to accurately predict PR. (13) It has been argued that  
13 otherwise, the generated driving pressure (Paw) may be insufficient to induce phasic changes in  
14 preload, resulting in false-negative results. (36) However, it is worth noting that the pleural  
15 pressure (Ppl), which is determined by the elastance of the chest wall and respiratory system, is  
16 the main determinant of ventilator-induced variations in preload. (37) To fully understand the  
17 differences in cardiopulmonary interactions between neonates and adults, the physiology of  
18 venous return should be considered. Cardiac filling depends on transmural filling pressure,  
19 which is the difference between intravascular pressure and extravascular pressure (pleural  
20 pressure). (38) Intravascular pressures are much lower in neonates compared to adults. Thus, a  
21 minimal increase in intrapericardial (pleural) pressure during inspiration results in significant  
22 decreases in transmural filling pressure and cardiac filling. On this basis, neonates are known to  
23 be more vulnerable to the adverse hemodynamic effects of positive pressure ventilation than  
24 adults. (39, 40) Our cohort was composed of hemodynamically unstable infants with suspected  
25 hypovolemia, and presumably, the effects of positive pressure ventilation on venous return  
26 were accentuated. It is probable that in these conditions, phasic changes in intrapericardial  
27 pressure are significant for  $\Delta V_{peak}$  to perform well in the prediction of PR, despite the use of  
28 “low” TVs.  
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56 Another factor that may influence the performance of DIP is the ratio of RR to HR. (20) If the  
57 respiratory cycle is too short in relation to the cardiac cycle, the pulmonary transit time becomes  
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too long at high RR, and left ventricular SV barely reflects the respiratory variation in preload.

(36) We took the precaution to measure  $\Delta V_{\text{peak}}$  at an RR of 25 bpm, which resulted in a median HR/RR ratio of 6.2. This may have increased the sensitivity in detecting PR and should be taken into account in the design of future studies.

We found that a high E/A ratio (which indicates reduced LV distensibility) identified F-NRs with high specificity. Our data suggest that a high baseline E/A or its increase during a fluid challenge indicates exhausted preload reserve and may be useful to identify the safe limits of fluid resuscitation. (41)

Our research has some limitations. This was a single-center study with a relatively small sample size, and it should be considered as a proof of concept. Our threshold to define PR for the primary analysis was 10% compared to 15% in other studies, which might have increased the sensitivity of  $\Delta V_{\text{peak}}$ . However,  $\Delta V_{\text{peak}}$  was also reasonably accurate when using the 15% threshold. We used SVCf as the reference standard to define PR. SVCf is a partial measure of the CO directed to the upper body and does not reflect whole-body systemic flow. This is in contrast to all previous studies utilizing echocardiography that measured SV at the left ventricular outflow track. However, measurement at the ventricular outflow is not suitable to estimate effective CO in neonates because it is affected by physiological intracardiac shunts. (42) In contrast, SVCf is unaffected by shunts and reflects flow to the central nervous system. Of note, low SVCf ( $\leq 40$  ml/kg/min) is associated with an increased risk of ischemic brain injury, mortality and poor long-term neurological outcomes, supporting the concept that it is a clinically meaningful measurement. (43) The main limitation of SVCf is that, as with all Doppler-echocardiography-based measurements of blood flow, it has important intra- and interobserver variabilities. The main source of error is measurement of vessel radius, which has to be squared to calculate flow. (44) This can lead to an exponential amplification of any minimal error. We tried to minimize this bias by tracing the SVC axial area instead of measuring its diameter. This

1 has the additional advantage of measuring the actual area, without making the geometric  
2 assumption that the SVC is a perfect circle, which is not. This method has been shown to reduce  
3 variability in SCVf measurement compared to the traditional method. (18) We have shown  
4 excellent and good-to-excellent intra- and interobserver agreements with this method;  
5 therefore, we think that the repeatability of our index and standard reference methods is not  
6 influencing our results. Finally, being pragmatic, echocardiography is the most useful method  
7 that can estimate CO in preterm infants and neonates for whom invasive monitoring, such as  
8 pulmonary artery catheterization or transpulmonary thermodilution, are either unreliable,  
9 impractical or even dangerous. (42, 45, 46)

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22 The main strength of our study is the consistency of the study protocol. We considered only the  
23 initial fluid bolus administered to the child, avoiding the confounding effect of previous fluid  
24 resuscitation. We excluded infants with PH and right heart failure, which are known to cause  
25 false positive variations in DIP. (47) Ventilator settings and hemodynamic management were  
26 standardized. In addition, during  $\Delta V_{\text{peak}}$  measurement, the ventilator RR and TV were equalized  
27 for all patients. All these factors contribute to reducing the influence of confounders and  
28 increasing the internal validity of the results.

## 29 30 31 32 33 34 35 36 37 38 39 40 41 42 **CONCLUSIONS**

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46 Our study indicates that  $\Delta V_{\text{peak}}$  may be a useful method to assess PR in ventilated neonates.  
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48 According to our results, repeated fluid boluses in hemodynamically unstable neonates are  
49 questionable and potentially unsafe. Other strategies, such as low-dose vasopressors, may cause  
50 sustained increases in preload and CO and may be worthy of exploration in future studies.  
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52  $\Delta V_{\text{peak}}$  could be informative of the effects of different interventions and provide valuable data  
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54 for individualized hemodynamic management.  
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### Guarantor:

Ignacio Oulego Erroz takes full responsibility of the content of the manuscript, including data and analysis.

### Author's contributions:

IOE; conceived and designed the study, analyzed data and drafted the manuscript.

PAQ: conceived the study, acquired data and critically reviewed the manuscript.

SST: acquired and analyzed data and critically reviewed the manuscript.

ARN conceived and designed the study and critically reviewed the manuscript.

All authors gave their approval for the final version of the manuscript.

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## FIGURE LEGENDS

### Figure 1: Flow diagram of the study

Footnote: CHD: congenital heart defects; HFOV: high frequency oscillatory ventilation; PPHN: persistent pulmonary hypertension of the newborn

### Figure 2: Change in $\Delta V_{\text{peak}}$ and superior vena cava flow during fluid challenge in fluid responders (F-R) and nonresponders (F-NR)

Footnote: Intra-group comparisons:  $\Delta V_{\text{peak}}$  in F-R: T1 vs T0  $p < 0.001$ ; T2 vs T0  $p = 0.018$ ;  $\Delta V_{\text{peak}}$  in F-NR: T1 vs T0,  $p = 0.484$ ; T2 vs T0  $p = 0.212$ . SVCf in F-R: T1 vs T0  $p < 0.001$ ; T2 vs T0  $p < 0.001$ . F-NR: T1 vs T0,  $p < 0.001$ ; T2 vs T0  $p = 0.238$ . Inter-group comparisons:  $\Delta V_{\text{peak}}$  FR vs F-NR T0 ( $p = 0 < 0.001$ ) T1 ( $p = 0 < 0.001$ ), T2 ( $p = 0 < 0.001$ ). SVCf F-R vs F-NR T0 ( $p = \text{NS}$ ), T1 ( $p < 0.05$ ), T2 ( $p < 0.05$ )

### Figure 3: Correlation between $\Delta V_{\text{peak}}$ and superior vena cava flow immediately after the fluid challenge (T1) and one hour after the fluid challenge (T2)

Footnote: p values for the *rho* Spearman correlation coefficient.

### Figure 4: Receiver operating characteristic (ROC) curve for baseline $\Delta V_{\text{peak}}$ in the prediction of preload responsiveness

Foot note: Preload responsiveness is defined as an increase of at least 10% in superior vena cava flow from baseline to completion of the fluid challenge ( $\Delta \text{SVCf}_{\text{T1-T0}} > 10\%$ )

## LEGENDS FOR SUPPLEMENTAL DIGITAL CONTENT

### Supplemental methods: Description of respiratory and hemodynamic general management during the study period

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**Supplemental Table s1: Haemodynamic variables during fluid challenge. The results are presented as medians (IQRs). Comparison between fluid responders (F-Rs) and non-responders (F-NRs).**

**Supplemental table s2: table  $\Delta V_{\text{peak}}$  and SVCf intra and interobserver variability**

**Supplemental figure s1: Protocol for screening and treatment of low systemic blood flow (LSBF) in preterm infants with a gestational age of less than 30 weeks.**

**Supplemental figure s2: Echocardiographic measurement of superior vena cava flow**

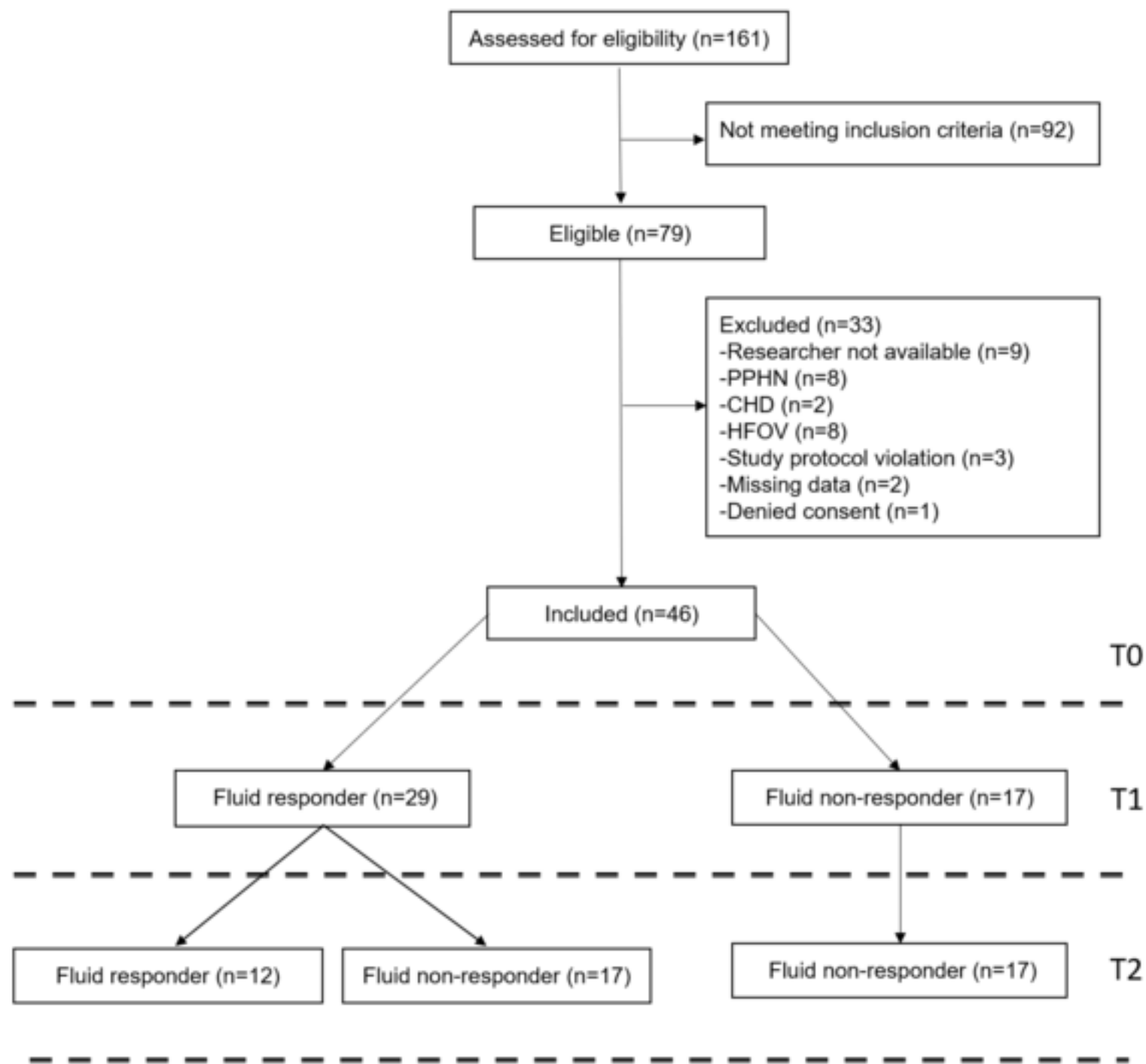
**Supplemental figure s3: Representative aortic pulse Doppler tracing of a fluid responder and a fluid non responder with the correspondent values in  $\Delta V_{\text{peak}}(\%)$**

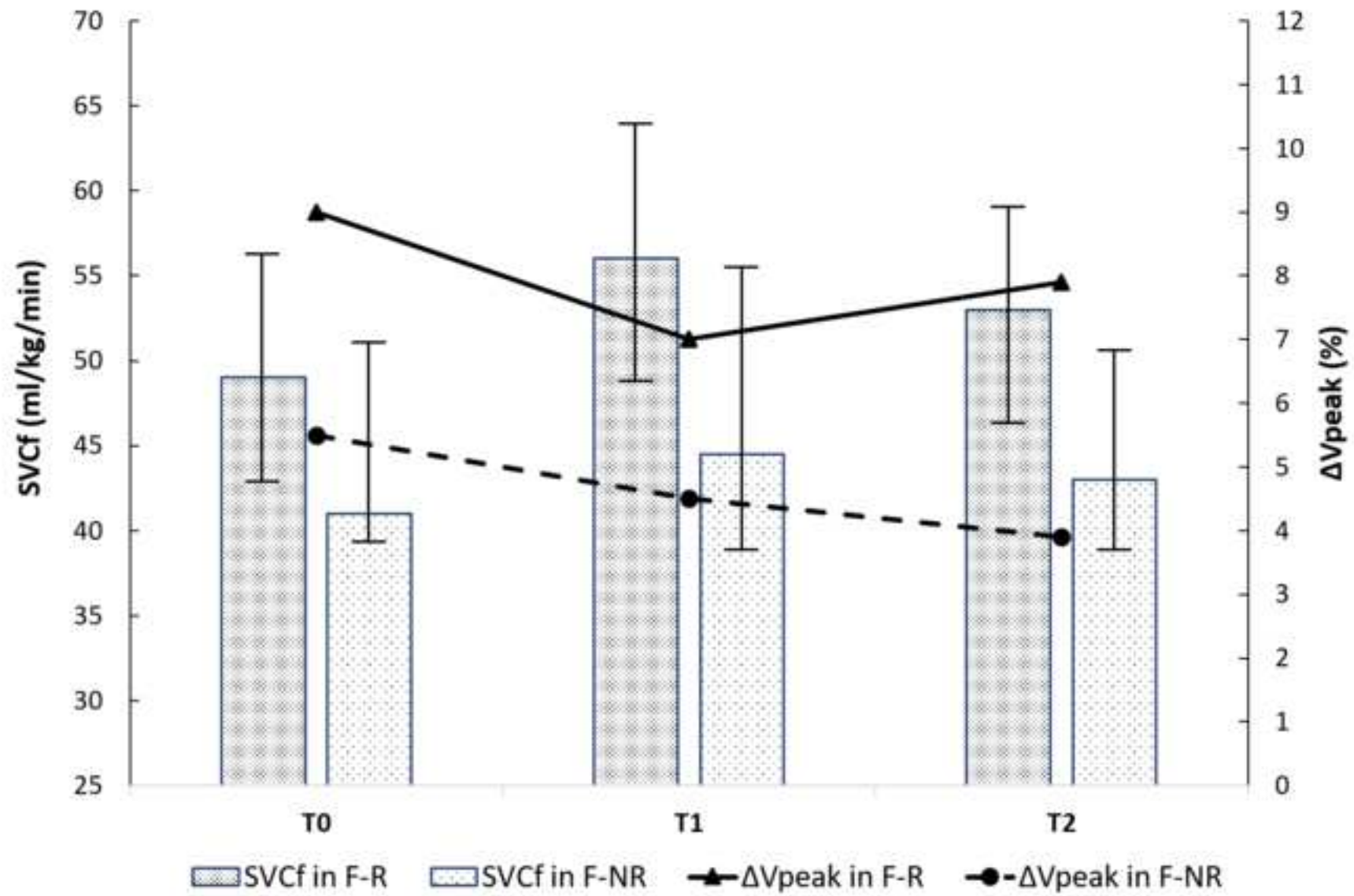
**Supplemental figure s4: Correlation between percentual change in SVCf from baseline to T1 and hemodynamic parameters ( $\Delta \text{SVCf}_{\text{T1-T0}}$ )**

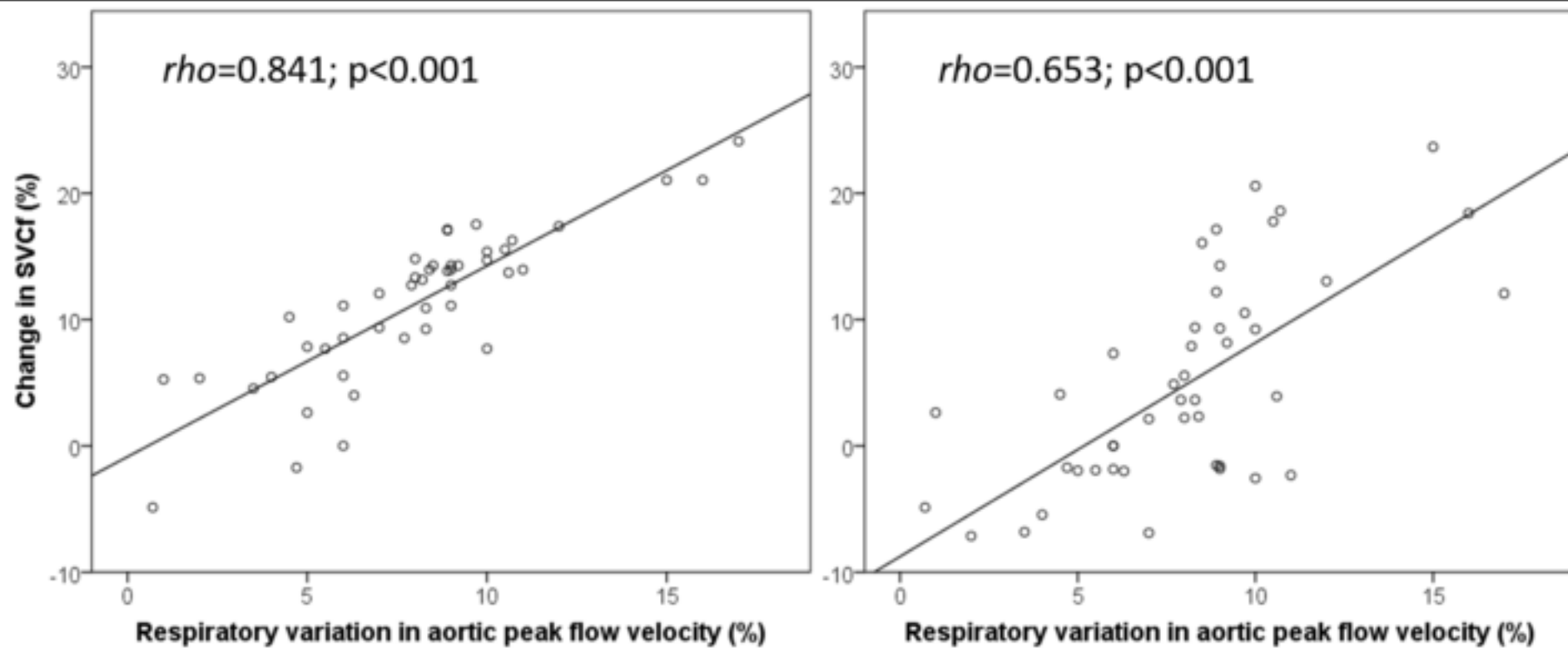
**Supplemental figure s5: Correlation between percentual change in SVCf from baseline to T2 and hemodynamic parameters ( $\Delta \text{SVCf}_{\text{T2-T0}}$ )**

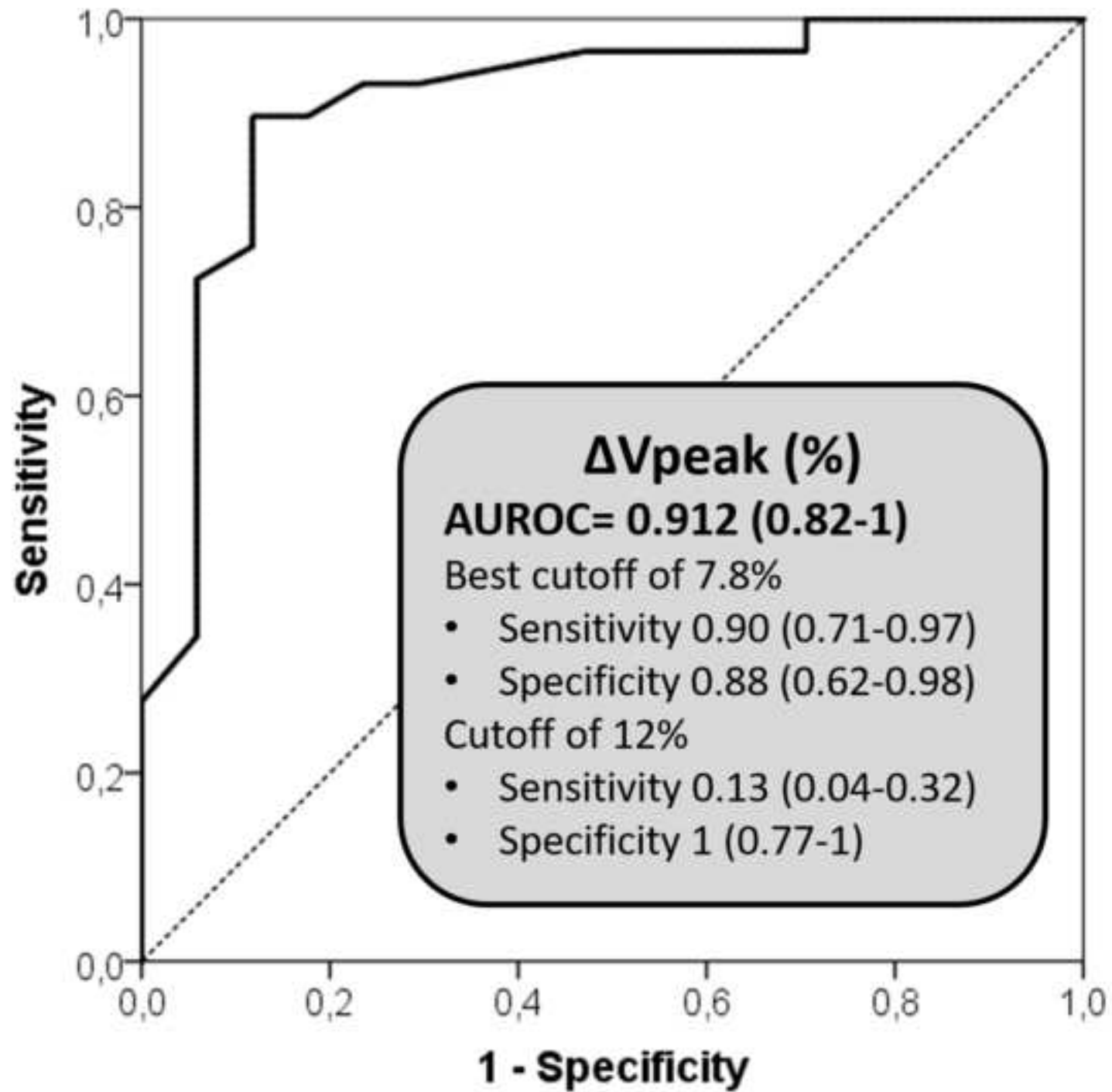
**Supplemental figure s6: Intra and interobserver Bland Altman plot ( $\Delta V_{\text{peak}}$ )**

**Supplemental figure s7: Intra and interobserver Bland Altman plot (superior vena cava flow)**









**Table 1: Patient characteristics at enrolment. Comparison between fluid responders (F-Rs) and non-responders (F-NRs). The results are presented as N (percentages) and medians (IQRs).**

PATIENT CHARACTERISTICS	RESPONDERS (N=29)	NON-RESPONDERS (n=17)	p (R vs NR)	OVERALL (n=46)
Age (postnatal days)	2 (0.5-3.5) Range: 0-27	5 (2-10) Range: 0-24	0.011	2 (1-5) Range:0-27
Sex (male)	15 (51.7)	8 (47.1)	0.760	23 (50)
GA (weeks)	28 (25-31)	33 (29-37)	0.003	30.5 (28-36)
<32 weeks	13 (44.8)	13 (76.5)	0.037	26 (56.5)
BW (grams)	1420 (994-3110)	1235 (847-2890)	0.001	1095 (690-1265)
Caesarean delivery	13 (44.8)	9 (52.9)	0.595	24 (52.2)
Apgar 5'	8 (6-9)	8 (6.5-9)	0.641	8 (6-9)
CRIB score 12 h	4 (3-6)	7 (3-9)	0.115	5 (3-7)
Previous surfactant	15 (51.7)	7 (41.1)	0.489	22 (47.8)
HsPDA	4 (13.7)	4 (23.5)	0.400	8 (17.4)
Main cause of hemodynamic compromise				
-Septic shock/NEC	8 (27.6)	9 (52.9)	0.100	17 (37)
-Low SBF*	2 (6.9)	2 (11.7)		4 (8.7)
-RDS	12 (41.4)	4 (23.5)		16 (34.8)
-HIE	6 (20.7)	0 (0)		6 (13)
-PDA-PLS	1 (3.5)	2 (11.7)		3 (6.5)
Clinical indications of fluid bolus				
-Low BP	17 (58.6)	13 (76.4)	0.004	30 (65.2)
-Tachycardia/poor perfusion	25 (86.2)	5 (29.4)	0.032	30 (65.2)
-Elevated lactate	18 (62.1)	5 (29.4)	0.013	23 (50)
-Hypovolemia on ECHO†	15 (51.7)	3 (17.6)	0.022	18 (39)
Ventilator settings				
-Tidal volume (ml/kg)	4.5 (4-5)	4 (3.9-4.2)	0.004	4.1 (4-4.8)
-PIP (cmH <sub>2</sub> O)	19 (17.5-22.5)	18 (16-21)	0.126	19 (17-22)
-Maw (cmH <sub>2</sub> O)	14 (11-16)	12 (9.5-14)	0.203	13 (12-15)
-PEEP (cmH <sub>2</sub> O)	6 (5-7)	5 (5-6)	0.139	6 (5-7)
-Paw (cmH <sub>2</sub> O)	14 (12-16)	12 (11-14)	0.133	13 (11-15)
-FiO <sub>2</sub> (%)	35 (22-50)	33 (24-35)	0.599	34 (24-46)
-RI	4.8 (2.6-7.1)	3.5 (2.8-4.7)	0.246	4.2 (2.7-6)
-Cest ml/cmH <sub>2</sub> O (kg <sup>-1</sup> )	0.32 (0.30-0.36)	0.34 (0.29-0.36)	0.444	0.33 (0.29-0.36)
-HR/RR	6.2(5.6-6.7)	6 (5.7-6.2)	0.116	6.2 (5.7-6.6)
Lactate (mmol/l)	3 (2-5.5)	2.1 (1.5-2.9)	0.045	2.5 (1.7-4)
LV dysfunction	3 (10.3)	4 (23.5)	0.229	7 (15.2)
Catecholamine infusion				
Dopamine (N; mcg/kg/min)	28; 10 (8-13.5)	15; 11 (9-13)	0.235	43;10 (8-13)
Epinephrine (N; mcg/kg/min)	13; 0.1 (0.1-0.2)	12; 0.1 (0.1-0.15)	0.650	25;0.1 (0.1-0.15)
Dobutamine (N; mcg/kg/min)	9; 5 (5-6.5)	4; 7 (5-9.5)	0.330	13;5 (5-7.2)
VIS ‡	14 (8-25)	24 (11-25)	0.240	19.5 (10-25)

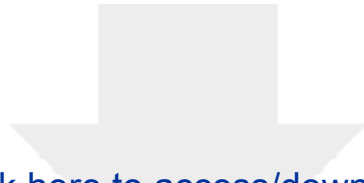
BW: birth weight; Cest: estatic compliance of the respiratory system (tidal volume/driving pressure (kg<sup>-1</sup>); CRIB: clinical risk index for babies; ECHO: echocardiography; GA: gestational age; HR: heart rate; HIE: hypoxic-ischaemic encephalopathy; LV: left ventricle; Maw: mean airway pressure; NEC: necrotizing enterocolitis. PDA-PLS: patent ductus arteriosus post-ligation

syndrome. PIP: peak inspiratory pressure, Paw: driving pressure; PEEP: positive end-expiratory pressure; RR: respiratory rate; RDS: respiratory distress syndrome; RI: respiratory index; SBF: systemic blood flow. VIS: vasoactive-inotropic score. \*Low SBF is defined as a SVCf  $\leq 40$  ml/kg/h in preterm infants and  $\leq 50$  ml/kg/min in term infants. † Hypovolemia on ECHO was defined as at least two of the following findings: subjective appearance of reduced chamber size, increased contractility visually (“eyeballing”), contact of anterior mitral valve with the intraventricular septum or *kissing* papillary muscles in the short axis view. ‡VIS is calculated as dopamine dose + dobutamine dose + (epinephrine dose x 100) + (norepinephrine dose x 100) + (milrinone dose x 10). LV dysfunction is defined as an LVSF <26% in preterm infants and <28% in term infants. RI is calculated as Paw x FiO<sub>2</sub> and is used as an indicator of the level of ventilatory demand.<sup>47</sup>

**Table 2: Prediction of preload responsiveness by  $\Delta V_{\text{peak}}$  (%) according to the threshold in SCVf used to define fluid responsiveness (FR) and time of fluid challenge.**

VARIABLES	$\Delta \text{SVCF}_{T1-T0}$ (immediately after fluid challenge)		$\Delta \text{SVCF}_{T2-T0}$ (One hour after fluid challenge)	
	>10%	>15%	>10%	>15%
PR definition				
FR, n (%)	<b>29 (63%)</b>	<b>10 (21.7%)</b>	<b>12 (26.1%)</b>	<b>7 (15.2)</b>
AUROC	0.912 (0.82-1)	0.920 (0.84-1)	0.890 (0.807-0.98)	0.850 (0.724-0.975)
Optimal Cut-off	<b>7.8%</b>	<b>9.4%</b>	<b>8.7%</b>	<b>9.8%</b>
Se	0.90 (0.71-0.97)	0.80 (0.44-0.96)	0.91 (0.59-0.99)	0.72 (0.3-0.94)
Sp	0.88 (0.62-0.98)	0.89 (0.72-0.96)	0.76 (0.58-0.88)	0.85 (0.68-0.93)
LR+	7.6 (2-28)	7.2 (2.7-19)	3.9 (2-7.3)	4.6 (1.9-11.1)
LR-	0.11 (0.03-0.34)	0.22 (0.06-0.78)	0.11 (0.01-0.72)	0.33 (0.1-1.1)
PPV	0.92 (0.75-0.98)	0.66 (0.35-0.88)	0.57 (0.34-0.79)	0.45 (0.24-0.81)
NPV	0.83 (0.57-0.95)	0.94 (0.78-0.98)	0.96 (0.79-0.99)	0.94 (0.79-0.99)

AUROC, area under the receiver operating characteristic curve; SVCF: superior vena cava flow; FR: fluid responder rate; PR: preload responsiveness; Se: sensitivity; Sp: specificity; LR+: positive likelihood ratio; LR-: negative likelihood ratio; PPV: positive predictive value; NPV: negative predictive value. Values are provided with the 95% confidence interval.



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