

1 **Assessing the ecological status of candidate reference lakes in Ireland using**
2 **palaeolimnology**

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1 **Summary**

- 2 (1) The EU Water Framework Directive (WFD) requires that member states establish type-specific
3 reference conditions for all water bodies, including freshwater lakes. This presents a problem in
4 those locations where human activity has resulted in significant changes to the biological, chemical
5 and physical characteristics of water bodies.
- 6 (2) Seventy-six oligotrophic and meso-oligotrophic lakes ($0-19 \mu\text{g TP L}^{-1}$) thought to be relatively
7 unimpacted by human activity have been identified in Ireland and nominated as candidate reference
8 lakes (CRLs) by the Environmental Protection Agency (EPA). The research presented here used
9 palaeolimnological (lake sediment-based) techniques to test the actual and historical ecological site-
10 specific status of a representative selection of these CRLs. In line with similar work in the UK, and
11 where the temporal record of sedimentation was sufficiently long, the study adopted *c.* 1850 as the
12 primary baseline date for reference conditions.
- 13 (3) Short sediment cores were obtained from the deepest parts of 35 CRLs during fieldwork in 2003, and
14 chronologies were established from profiles of spheroidal carbonaceous particles (SCP). Twenty-
15 two cores of sediment appeared, on the basis of SCP concentrations, to date back to *c.* 1850.
16 Sediment in the remaining 13 cores appeared to post-date this reference baseline. Unless the SCP
17 chronologies suggested otherwise, diatom assemblages present in top and bottom samples from the
18 cores were used as proxies of, respectively, present-day and reference conditions. Lake water pH
19 (DI-pH) and TP concentration (DI-TP) were inferred from the diatom data. Higher resolution
20 sampling (up to five sediment samples per core) was adopted at seven sites where the SCP-based
21 chronology was more robust and for at least one core from each of the most common types of CRLs.
22 Sediment chemistry data were determined to identify possible anthropogenic drivers of the observed
23 changes in the diatom assemblages.
- 24 (4) Ordination and dissimilarity measures identified the main patterns of variation in the diatom data and
25 the directions and magnitude of change between samples from the same core. Eleven of 34 CRLs
26 for which diatom data were available showed little or no change in biological status between core top
27 and bottom samples. Core bottom samples in six of these dated back to pre- or *c.* 1850 and reference
28 (and high ecological) status could therefore be confirmed in these cases. The estimated age of core

1 bottom samples in the remaining five cores was in the period just after c. 1850 to c. 1950 (4 cores) or
2 was impossible to determine (1 core). Twenty-three (68 %) of the CRLs sampled showed
3 biologically important deviation from reference condition, with acidification and nutrient enrichment
4 seemingly the main causes of change. Catchment disturbance, notably peat erosion possibly linked
5 to recent afforestation (largely in the form of conifer plantations), also appeared to have been a factor
6 in some cases.

7 (5) *Synthesis and application.* The study provides the first systematic examination for Ireland of changes
8 to water quality in (perceived) pristine lakes over the last c. 150 years, and demonstrates the
9 potential of palaeolimnology to support the implementation of the WFD. Results indicate that
10 diatom communities in low alkalinity lakes have been particularly altered and for some acidification
11 and nutrient enrichment appear to have been important drivers. Furthermore, higher resolution
12 results call into question the validity of applying c. 1850 as the date for reference conditions across
13 Ireland.

14
15 **Key words:** acidification, diatoms, eutrophication, palaeolimnology, reference conditions, sediment
16 chemistry, Water Framework Directive

1 **Introduction**

2 The *EU Water Framework Directive* (WFD, Directive 2000/60/EC) aims to maintain or improve the
3 ecological status of the range of water resources in Europe by 2015. Accordingly, EU states are required to
4 identify, delimit and differentiate surface water bodies and to establish hydromorphological, physiochemical
5 and biological type-specific reference conditions (OJEC 2000: L327/27). Biological reference conditions,
6 equating to high ecological status and showing no or very minor distortion as a result of human activity, can
7 be established in several ways (Andersen, Conley & Hedal 2004). In Ireland, where parts of the country
8 have relatively low levels of human activity, it is possible that some surface water bodies show no more than
9 minor deviations from reference state, therefore allowing, at least in part, a spatial approach to the
10 determination of biological reference conditions.

11
12 The Environmental Protection Agency (EPA) in Ireland nominated 76 lakes as candidate reference lakes
13 (CRLs), or lakes that possibly represent type-specific reference conditions, based largely on current levels of
14 human activity in their catchments. The research presented here tested the status of a representative selection
15 of these 76 CRLs using palaeolimnological techniques, and examined the influence of a range of potential
16 drivers of ecological change. Because of the large number of lakes involved in the current study, a ‘top and
17 bottom’ approach was applied to the analysis of sediment cores. This approach involves the analysis of two
18 samples per sediment core per site (Smol 2002) and assumes that the top and bottom samples in a sediment
19 core integrate, respectively, conditions at the time of coring and site-specific reference conditions, although
20 the latter is dependent on the rate of sediment accumulation. The remains of diatoms were used as the main
21 proxy of aquatic biological conditions, because of their sensitivity to a wide variety of aquatic variables,
22 including acidity and nutrient availability, and their often abundant preservation in lake sediments (Stoermer
23 & Smol 1999; Battarbee et al. 2001).

24
25 It has been generally agreed in the UK that *c.* 1850 is a suitable reference date for the assessment of
26 anthropogenically-driven aquatic impacts (Moss, Johnes & Phillips 1996; Battarbee 1999; Bennion, Fluin &
27 Simpson 2004), and the research presented here uses this date as the primary reference baseline, where it
28 could be established. In many parts of northwestern Europe, however, profound human impacts pre-date the

1 mid 19th century (see, for example, the work of Bradshaw (2001) in Denmark), and this was certainly the
2 case in parts of Ireland, where rural population densities were often far greater than current levels during the
3 early to mid 19th century (Huang & O'Connell 2000; Donnelly, 2001). High levels of fertilizer applications
4 were not a feature of agriculture in Ireland until intensification commenced in the 1950s (Tunney 1990),
5 however, and *c.* 1950 is probably an appropriate secondary reference baseline in those locations where
6 nutrient enrichment is potentially a significant problem.

7

8 **Methods**

9 Fieldwork and coring

10 Sediment cores were collected from a representative selection of CRLs from the most populated CRL
11 typology classes. The CRL typology, which was in effect a working typology specific to Ireland, was based
12 upon measurements of alkalinity ($< 20 \text{ mg L}^{-1} \text{ CaCO}_3$, $20\text{-}100 \text{ mg L}^{-1} \text{ CaCO}_3$, $> 100 \text{ mg L}^{-1} \text{ CaCO}_3$), average
13 water depth ($< > 4 \text{ m}$) and lake area ($< > 50 \text{ ha}$). Thirty-five CRLs were selected for coring: all are
14 oligotrophic or meso-oligotrophic and most are located in the western part of Ireland at altitudes of less than
15 300m asl (Figure 1; Table 1). The 35 CRLs cored were divided amongst seven of the total of 12 typology
16 classes: 1) low alkalinity, shallow, small lakes; 2) low alkalinity, shallow, large; 3) low alkalinity, deep,
17 small; 4) low alkalinity, deep, large; 6) moderate alkalinity, shallow, large; 8) moderate alkalinity, deep,
18 large; 10) high alkalinity, shallow, small; and 12) high alkalinity, deep, large lakes.

19

20 Sediment cores were collected during the period June-September 2003 from the deepest part of each of the
21 35 CRLs using a 0.5 m Renberg gravity corer (Renberg 1991), with coring usually following an extensive
22 bathymetric survey. Water samples were also obtained at each coring site for subsequent chemical and
23 biological characterisation, and any obvious signs of human impact noted. Information on lake water quality
24 and land cover in the catchment for each CRL sampled, in the form of 1990 CORINE data, was also obtained
25 from the EPA.

26

1 Laboratory analyses

2 Sediment cores were subsampled in the field at 0.5 cm intervals for the upper 5 cm and at 1 cm intervals
3 thereafter, and bagged in labeled zip-lock bags.

4
5 Concentrations of spheroidal carbonaceous particles (SCP) in samples of lake sediments provide a record of
6 the impact of fossil fuel combustion in the region, and down-core variations in these have been shown to
7 provide a reliable dating method (Rose & Appleby 2005). The start of the SCP record in lake sediments at
8 many sites across Europe is *c.* 1850, while *c.*1950 marks the start of a rapid increase in concentrations,
9 resulting from increased electricity generation and the widespread availability of cheap oil (Rose et al. 1995),
10 which peaked some two to three decades later. There is some uncertainty attached to the precise dating of
11 peaks in SCP concentrations in Ireland, because few studies have been carried out locally. However,
12 separate studies in the northwest and north of Ireland dated the peak in SCP concentrations to 1981 ± 2 and
13 1980 ± 3 (Rose 2001). In the current study, the estimation of SCP concentrations in five sediment samples
14 per core followed the method of Rose (1994). SCP were counted at x400 magnification under a light
15 microscope and concentrations expressed as numbers of SCP per gram dry mass of sediment (g DM^{-1}).
16 Although estimates of sediment age and accumulation rates based on such coarsely resolved analyses have to
17 be treated with caution, there was some evidence to validate the approach. Thus, the estimated accumulation
18 rate for Dan, one of the CRLs sampled in the current study, corresponds closely with published ^{210}Pb -based
19 data for the same site (Nowlan et al. 2000), while the accuracy of the SCP-based chronology for
20 Nambrackkeagh was confirmed using newly available ^{210}Pb -based accumulation rate data (McGee
21 unpublished data). Chronological control in the current study was based on: the start of the SCP record,
22 1850 ± 25 years (*c.* 1850); the rapid increase in SCP concentrations, 1950 ± 10 (*c.* 1950); and the peak in SCP
23 concentrations, 1980 ± 3 (*c.* 1980) (Rose et al. 1995). In addition, the top 0.5 cm thick slice of sediment in a
24 core (the core top sample) was assumed to date to the year of coring (*i.e.*, 2003).

25
26 Samples were prepared and analysed for diatoms using standard methods (Battarbee et al. 2001). At least
27 300 valves were counted for each sample using oil immersion objective and phase contrast microscopy. The
28 relative abundance of all species (including unidentified forms) was determined as the percentage of the total

1 count (Battarbee et al. 2001). Diatoms were identified using standard floras (Krammer & Lange-Bertalot
2 1986-91).

3
4 Two levels of resolution were employed: two samples (top and bottom) per core were analysed for 28 of the
5 cores; a higher resolution (4 or 5 samples per core, including top and bottom samples) was adopted for cores
6 where there was particular interest in the magnitude, rate and direction of change from the reference sample
7 and where the SCP-based chronology was most robust (seven sites in total). At least one example from each
8 of the main types of CRLs was analysed at higher resolution. Generally, core samples contained abundant,
9 well-preserved diatoms, although poor preservation and low concentrations of diatom frustules characterised
10 core samples from the higher alkalinity lakes Bane, Cullaun, Lene, McNean and Rea. In those cases where a
11 sample was found to contain insufficient abundances of well-preserved diatoms, the stratigraphically
12 contiguous sample was analysed in its place. Only in one case (Fad East, Donegal) were fossil diatoms
13 absent throughout the core from below the upper 2 cm.

14
15 Dry weight, density and the concentrations of a range of elements, including total phosphorus (TP), sodium
16 (Na), potassium (K), calcium (Ca), iron (Fe), and manganese (Mn), were determined on core samples from
17 all 35 CRLs. Dry weight and density measurements are important for the interpretation of sediment
18 chemistry data, aiding the development of areal sediment and chemical accumulation rates, and were
19 obtained for all core samples. Levels of sedimentary TP are used in the interpretation of nutrient enrichment
20 as inferred from biological analyses (Rippey & Anderson 1996), while those of Na, K and Ca could indicate
21 periods of catchment erosion. Fe and Mn in sediments are indicators of fine sediment ingress to lakes but
22 can also be vectors for mobilisation of TP in anoxic sediments (Mackereth 1966).

23
24 In the majority of cases, wet density was determined from the final weight of extruded sediments of known
25 volume. Dry weight was determined on each whole extruded sediment slice (105 °C for 24 hours) (Hilton,
26 Lishman & Millington 1986). Sediment chemistry in each core was determined in the majority of cases on
27 the top five 0.5 cm- and the bottom five 1 cm-thick slices. Additional sediment samples were analysed
28 between the uppermost and lowermost sets of samples in cores of sediment that had relatively robust SCP-

1 based chronological control and that represented the most common types of CRLs encountered (32 CRLs in
2 total).

3
4 Following Boyle (2001), dried sediments were disaggregated by pestle and mortar and, after further drying,
5 0.3 g of the dried sediment was added to Teflon beakers. Sediment samples were sequentially digested with
6 concentrated hydrofluoric (HF), nitric (HNO₃) and perchloric (HClO₄) acids at temperatures from 40-60 °C
7 and preserved as acidified 25 ml solutions; 30 samples were digested at a time and a blank, certified
8 reference material (CRM) and repeat digest were included for quality control in each run of measurements.
9 Chemical concentrations (mg g⁻¹) were determined on 20 x dilutions in diluted HNO₃ using an ICP-OES, and
10 were also transformed to an accumulation rate (mg cm⁻² yr⁻¹) form using SCP-based estimates of sediment
11 accumulation rate and measurements of sediment dry density.

12

13 Data analyses

14 Analyses of diatom data involved samples from 34 CRLs, because of the poor preservation of diatoms in
15 samples from Fad East. As reliable chronologies could not be established for Lene, O'Flynn and Tay on the
16 basis of SCP concentrations, discussions concerning down-core variations in sediment chemistry are
17 therefore restricted to the 32 CRLs for which there was relatively tight chronological control.

18

19 The degree of floristic change between diatom assemblages in core top and bottom sediment samples was
20 assessed using the squared chord distance dissimilarity index (SCD). SCD emphasises the pattern in the data
21 at the expense of the random variation in species abundances and has been shown theoretically to perform
22 better than other types of coefficients for determining ecological resemblance amongst samples (Overpeck,
23 Webb & Prentice 1985). The SCD technique was recently used as a basis for quantifying the degree of
24 floristic change between reference and surface diatom assemblages in a palaeolimnological study of 26 lochs
25 in Scotland (Bennion, Fluin & Simpson 2004) and for defining reference conditions for acidified waters in
26 the UK (Simpson et al., 2005). SCD scores range from 0 to 2, with 0 indicating that two samples have
27 exactly the same species composition, and 2 that their compositions are entirely different. A SCD score < 0.4
28 (approximating to the 2.5 percentile) was used in the current research to define sites with low floristic change

1 between the bottom and top sample. This is more stringent than the 5th percentile used by Bennion, Fluin &
2 Simpson (2004) and reflects revised thinking about what constitutes biologically important change at a site
3 following closer examination of sediment sample data from over 200 UK lake cores held in the AMPHORA
4 database (Environmental Change Research Centre, UCL). Unimpacted lakes in this database typically have
5 SCD scores of <0.4.

6
7 Detrended Correspondence Analysis (DCA; Hill & Gauch 1980) was used to identify the main patterns of
8 variation in the diatom data, and to establish the directions and magnitude of changes in biological conditions
9 at each coring location. Version 4.5 of CANOCO was employed in the DCA-based ordination of diatom
10 data (ter Braak & Šmilauer 2002). Prior to all analyses, diatom abundances were square root transformed in
11 order to stabilise variance, and rare species were down-weighted.

12
13 Diatom-inferred pH and TP (DI-pH and DI-TP) were established using standard weighted averaging (Birks,
14 Juggins & Line 1990; Birks et al. 1990; Korsman & Birks 1996; Koster, Racca & Pienitz 2004) in order to
15 quantify any changes in nutrient status and acidity. All diatom-inferred values were established using the
16 computer software package C2 (Juggins 2003). In the absence of a diatom assemblage-water quality training
17 set specific to Ireland, DI-pH and DI-TP were determined using a preliminary training set that comprised
18 diatom counts for surface sediment samples and several years of measurements of lake water quality made
19 by the EPA. The training set for pH comprised information from the 35 CRLs studied in the current
20 research; pH values ranged between 5.11 and 8.54 and had a median value of 6.5 pH units. The resultant
21 weighted averaging partial least squares two-component (WA-PLS2) model ($r^2 = 0.84$) had a root mean
22 squared error of prediction (RMSEP) of 0.43 pH units. The training set for TP included additional
23 information from 10 nutrient-enriched lakes in Ireland so as to extend the TP gradient. TP values in the
24 training set were in the range 0 to 2.55 $\log_{10} \mu\text{g TP L}^{-1}$, and had a median value of 0.90 $\log_{10} \mu\text{g}$ (8.0 μg)
25 TP L^{-1} . The resultant WA-PLS2 model ($r^2 = 0.64$) generated a $\text{RMSEP} = 0.202 \log_{10} \mu\text{g TP L}^{-1}$. The
26 difference between current DI-TP and reference DI-TP was used to derive a qualitative estimate of degree of
27 change, with a difference in DI-TP greater than the RMSEP deemed biologically important.

28

1 A comparison of the models used in the current research to derive pH and TP from diatom assemblages with
2 other transfer functions recently developed for Northern Ireland and for Europe is presented in Table 2. In
3 general, the statistical performance of the predictive models used in the current work compares well with
4 other diatom-TP and pH transfer functions.

5

6 **Results**

7 Approximate sediment chronologies for CRLs

8 Down-core variations in SCP concentrations (Appendix S1; see Supplementary material) permitted
9 allocation of each of the 35 sediment cores analysed to one of three categories, based on the apparent
10 completeness of the SCP profile: (1) complete, where the start of the SCP record was within the length of
11 the core, and depths for *c.* 1950 and *c.* 1980 were extrapolated assuming a constant sediment accumulation
12 rate (13 cores in total); (2) curtailed, where SCP were only present in the uppermost part of the core,
13 presumed to be due to slow sediment accumulation rates rather than a loss of sediments (11 cores in total);
14 and (3) incomplete, where SCP were present in all samples and an estimate for *c.* 1850 was extrapolated to a
15 sediment depth below the base of the core (11 cores in total). It was thus possible to estimate the age of the
16 bottom sediment core sample in 18 cases, with rates of sediment accumulation in these 18 cores varying
17 widely, from a low of 0.09 cm yr⁻¹ (Dunglow) to a high of 0.58 cm yr⁻¹ (Kiltooris) (Table 3).

18

19 Down-core variations in sediment chemistry and diatom data

20 Sediment chemistry data, in concentration form, together with density and dry weight measurements are
21 presented in Appendix S2 and S3 respectively (see Supplementary material). Differences in accumulation
22 rates between mean reference and mean present-day samples for the three cations Ca, K and Na are shown in
23 Figure 2. In general, the results do not indicate increasing exogenic inputs, with only Talt showing increases
24 in Ca, Na and K accumulation rates, which is consistent with increased sediment dry weight towards the top
25 of the core. Stable or falling exogenic inputs of sediment to the CRLs studied are also evident when the
26 sediment chemistry data are expressed in concentration form. Changes in Mn and Fe accumulation rates are
27 shown in Figure 3. Manganese accumulation rates increase in some lakes where there are no other cation

1 increases, which is indicative of mobilisation and accretion at a redox boundary (Davison 1993). Increases
2 in Mn are also apparent when the data are expressed in concentration form. Again, Talt is an exception
3 where Mn and Fe increases are also likely to be dependent on exogenic inputs consistent with increased dry
4 weights. Total P accumulation rates (Figure 4) indicate a decrease from reference rates for all lakes, with the
5 exception of Talt and Cullaun. It is likely that increased TP accumulation rates at Talt are linked to evidence
6 of inwash, while a link between increased Ca and TP accumulation rates at Cullaun may be due to co-
7 precipitation of TP with CaCO₃ (Jager & Rohrs 1990). There is, however, a caveat on the interpretation of
8 these sediment chemistry data. First, the calculation of dry mass sediment accumulation rates using SCP
9 chronologies may introduce an error because the model assumes a linear accumulation rate between dated
10 horizons. The level of error, however, is likely to be minimized in the current research because of the
11 relatively low levels of human activity (and therefore rates of erosion) in the catchments for many of the
12 CRLs cored. Second, and especially with regard to the sedimentary P profiles, chemicals may become
13 concentrated at the sediment-water interface due to diagenesis and mobility. According to the concentration
14 data, this does not appear to be a problem, however. Even in the low alkalinity lakes, where diagenetic
15 mobilisation would be expected to occur (as a result of exogenic Fe and Mn inputs from acid soils) and
16 where changes in the Fe and Mn profiles indicate mobilisation, only a minor concurrent increase in the
17 sedimentary P concentration profiles is evident. Except for Arderry and Fee, by far the largest increases in
18 sedimentary P concentration are in the high alkalinity lakes, where there are no indications of Fe and Mn
19 mobilisation and where these would be supply-limited from calcareous catchment soils.

20
21 The main down-core differences in diatom assemblages are tabulated in Appendix S4 (see Supplementary
22 material). SCD scores between diatom assemblages in present-day and bottom core samples ranged from
23 0.046 to 1.769 (Table 4). In order to facilitate assessment of the departure from reference conditions, core
24 bottom, present-day and, in some cases, mid-core samples from each lake were combined on the same DCA
25 ordination biplot (Figure 5). Eleven (32 %) of the 34 sites for which top-bottom comparisons in diatom
26 assemblages were possible generated SCD scores < 0.4, indicating little or no change in biological status
27 when compared to the reference benchmark. These 11 cases were distributed among the different CRL
28 typology classes, although none were in typology class 12 (deep, large, high alkalinity). Aside from CRLs in

1 typology class 12, where differential preservation of diatom frustules may have been a factor influencing the
2 results, large, deep, low alkalinity lakes (typology class 4) were most consistent in showing biologically
3 important changes when compared to reference conditions. Eighty-two percent of CRLs within this class
4 generated SCD scores > 0.4 . Many of the moderate to high alkalinity CRLs (typology classes 6 to 12)
5 studied have also experienced important biological changes, based on the SCD scores, although at some of
6 these differential preservation of diatom frustules may have been an important factor.

7
8 Down-core differences in DI-pH and DI-TP are given in Table 4. These results must be viewed in the
9 context of limitations in the models used to infer pH and TP based on diatom and environmental data for
10 lakes in Ireland. Note that because of the known deficiencies in the model used, differences in DI-TP
11 between core top and bottom samples are also reported in Table 4 as proportional change. Present-day
12 reconstructions of pH at 12 of the CRLs sampled show higher pHs and 22 show lower pHs when compared
13 with core bottom samples, although only four lakes (Dan, Easky, Kylemore and Tay, all low alkalinity
14 CRLs) show a decline in pH $> \text{RMSEP}$. Ten CRLs appear to have experienced a reduction in DI-TP, while
15 DI-TP increased at 24 sites. However, only in Tay does the reduction in DI-TP appear important ($>$
16 RMSEP). By comparison, two low alkalinity CRLs show an increase in DI-TP $> \text{RMSEP}$ between core
17 bottom and present-day conditions: Fee and Feeagh (both EPA typology class 4). Arderry and Cloonaghlin
18 also exhibited a change in DI-TP, although no relevant and concurrent increases in TP accumulation rate
19 were evident.

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21 Of the seven cores studied at higher resolution, low alkalinity lakes showed the most striking changes in DI-
22 pH and DI-TP (e.g., Easky, Keel and Fee, Figures 6 and 7). Keel and Fee exhibit increases in DI-TP up to *c.*
23 $9 \mu\text{g L}^{-1}$ TP, while at Keel the increase in DI-TP occurred before *c.* 1850 and shows some stability since the
24 reference date. Ballynakill (typology class 6, moderate alkalinity) and Annaghmore and Muckanagh
25 (respectively, typology classes 10 and 12, high alkalinity) show only relatively small changes in DI-pH and
26 DI-TP between the reference and present-day samples.

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Discussion

Insignificant differences between core top and bottom diatom assemblages were found in 11 CRLs (32 % of those studied) providing support for largely stable ecological conditions at these sites. Sedimentary P accumulation rates largely show a decrease from reference. Reduced rates of P accumulation when compared with reference rates may be an artifact of the data. However, they may also reflect changes in land use and human population levels following the famines in Ireland of the early to mid 19th century, which had their most profound impact (rural depopulation on a massive scale) in the west of the country (Donnelly, 2001). The core bottom sample in six of the lakes represent c. 1850 AD reference conditions, or before, and therefore reference (and high ecological) status could be verified in these cases. Core bottom samples for the other five CRLs dated to the period between the primary and secondary reference baselines (i.e. c. 1850 to c. 1950). As this period was prior to agricultural intensification and afforestation in much of Ireland, the reference status of these sites would also appear justified

Biologically important changes were evident between reference and present-day conditions for 68 % of the CRLs studied. The main drivers of change appear to be either nutrient enrichment or increased acidity in these oligotrophic and meso-oligotrophic lakes. Phosphorus transfer to freshwaters is a major cause of nutrient enrichment in Ireland at present, although no link was found in the current research between indicators of the mass transfer of exogenic soil material and those lakes with increasing TP accumulation. Increased TP transfer is not necessarily linked directly to increased soil loss, however, and both increased discrete point sources, such as those associated with rural dwellings and septic tanks, and diffuse soluble P losses from P-saturated soils or inappropriate slurry spreading (during wet weather) (Jordan et al. 2005) are possible drivers of changes in the diatom assemblages recorded here.

Peat inwash could have influenced the composition at several lakes that have experienced biologically important changes in diatom assemblages, but show no major change in the DI-pH and DI-TP profiles. CRLs appearing to have been impacted by peat inwash experienced a shift to a benthic diatom assemblage characterised by *Fragilaria* taxa and, in some cases, the loss of planktonic assemblages. Small, benthic

1 *Fragilaria* are considered pioneering assemblages and have been related to rapidly changing environmental
2 conditions (e.g., increased turbidity in the water column). Furthermore, diatom-community changes
3 associated with peat inwash that has had a tangible impact on lake sediments are usually characterized by the
4 loss of planktonic assemblages (Jones, Stevenson & Battarbee 1989). Peat erosion could have been linked to
5 afforestation, as conifer plantation, many dating to the period post-1950, accounts for a substantial
6 proportion of the land cover in the catchments for CRLs that may have experienced peat erosion.

7
8 Of particular note is the comparatively high incidence of important alterations in biological conditions
9 among the low alkalinity, large deep lakes (82 % of CRLs in typology class 4 generated SCD scores > 0.4).
10 Nutrient enrichment does not appear to have been the driver here as increases in DI-TP are relatively minor
11 and are not generally supported in the sedimentary TP data. It could be, however, that biologically important
12 TP concentrations in lake water are not in balance with sediment-based TP. Moreover, relatively small
13 increases in TP concentrations in P-limited lakes may impact diatom populations before any increases are
14 evident in sediment chemistry: rapid DI-TP change has been found in some historically oligotrophic lakes in
15 Northern Ireland prior to increases in sediment TP (P. Jordan & N.J. Anderson unpublished data).
16 Acidification appears to have been a factor at several of these lakes, however, notably Dan, Kylemore and
17 Tay.

18
19 The more finely resolved sediment chemistry and diatom data from Keel (low alkalinity) and Talt (moderate
20 alkalinity) are of particular interest. The sedimentary data for Keel indicate relatively little change between
21 c. 1850 and the present-day. The rate of sedimentation at Keel was, however, low (0.19 cm yr^{-1}) and the base
22 of the 41cm-long core of sediment obtained dated to the late 18th century, based on an extrapolation of the
23 SCP chronology. Comparisons of diatom assemblages and DI-TP between the core bottom and present-day
24 samples from this site indicate much more important changes than those between c. 1850 and present-day,
25 due to increased abundances of *Asterionella ralfsii* (a taxon that was not recorded in pre-c. 1850 sediments).
26 The ecology of this taxon is not well known but appears to be indicative of peatland disturbance and nutrient
27 enrichment (Liehu, Sandman & Simola 1986). It could therefore be argued that c. 1850 is not an appropriate
28 reference date for Keel and this may also be the case for several other lakes in catchments that until the mid

1 19th century supported far higher population densities than today. The results from Talt indicate a pattern of
2 change that may be hidden in some of the less finely resolved core datasets. The sediment chemistry for this
3 site indicates catchment disturbance in the form of increases in sediment dry weight and in Ca, Fe, K, Mn,
4 Na and TP accumulation rates between *c.* 1950 and the present-day samples. According to the dry weight
5 and sediment chemistry data, the catchment has stabilised since this disturbance event although diatom
6 communities and pH levels have yet to recover fully.

7
8 Analysis of the moderate and high alkalinity lakes (typology classes 6, 8, 10 and 12), where dissolution of
9 silica diatom frustules has caused preservation and therefore interpretation problems, highlights the
10 difficulties of using diatoms to assess floristic change in these systems. As the sedimentary data that are
11 available for sites within these classes show some deviation from reference conditions may have occurred, a
12 separate study should focus specifically on these typology classes using biological indicators other than
13 diatoms (e.g. chironomids, cladocera, ostracods, pigments) should be implemented. A further limitation of
14 this investigation was that it was only possible to consider in any detail a restricted range of potential causes
15 of variability, despite the potential role of other important influencing factors, notably climate change (e.g.,
16 Smol & Cumming 2000; Lotter et al. 2002; Sorvari, Korhola & Thompson 2002; Hudson, Dillon & Somers
17 2003; Michelutti, Douglas & Smol 2003; Rühland, Priesnitz & Smol 2003; Smol et al. 2005). A number of
18 lakes in this study have experienced a rise in *Cyclotella* taxa when compared with reference conditions,
19 which could not be related directly to human activities. Increased abundances of various *Cyclotella* species
20 have been linked to climate change throughout the Canadian arctic (Karst-Riddoch, Pisaric & Smol 2005) as
21 well as in temperate regions (Wolin & Stoermer 2005) and climate change since *c.* 1850 is likely to have
22 impacted oligotrophic and meso-oligotrophic lakes in Ireland.

23
24 To conclude, results generated from the first, systematic palaeolimnology-based examination of the recent
25 ecological histories of oligotrophic and meso-oligotrophic lakes in Ireland and presented in this paper:

- 26 • highlight the potential of palaeolimnological studies to assess reference conditions in aquatic
27 ecosystems;

- 1 • indicate that 32 % of CRLs studied show relatively little deviation from reference conditions, thus
2 confirming the reference status of these 11 lakes;
- 3 • demonstrate that large, deep, low alkalinity lakes in particular (82 % of this type of CRL studied)
4 show biologically important deviation from reference conditions,
- 5 • confirm acidification and nutrient enrichment as important drivers of recent changes, but do not
6 exclude other natural factors such as climate change; and
- 7 • suggest that *c.* 1850 may not be an appropriate reference baseline in all cases, especially when
8 viewed in the context of the history of rural Ireland since the mid-19th century.
- 9

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1 **Table and Figure captions**

2 **Table 1:** *Summary of locational information and chemical-physical characteristics for 35 CRLs cored in the*
3 *present study. Water quality data were provided by the EPA and are annual means.*

4 **Table 2:** *Summary performance statistics of published diatom-TP and pH transfer functions, showing the*
5 *statistics of the Irish models for comparison*

6 **Table 3:** *Approximate chronologies and estimated sediment accumulation rates, based on down-core*
7 *variations in SCP abundances*

8 **Table 4:** *Summary of down-core variations in biological and inferred parameters for the 35 CRLs studied*
9 *(full names and lake codes shown). Data comprise Squared chord distance (SCD) scores for pairs of*
10 *reference and surface samples from 34 of the 35 CRLs, along with Hill's SD units and diatom inferred TP*
11 *and pH changes (DI-pH and DI-TP). 'Prop change in DI-TP' = the proportion of change in DI-TP in the*
12 *c.2003 sample compared to reference, where for example 0.8 = 20% decrease, 1.2 = 20% increase etc.*
13 *CRLs that appear on the basis of their SCD scores (i.e., SCD scores < 0.4) to have had their CRL status*
14 *verified in this study are shaded. NB no SCD score based on an intra-core comparison was calculated for*
15 *Fad Inishowen East [Fad East] (County Donegal, Lake code = FAD) because of an absence of well-*
16 *preserved diatoms throughout the core (see text for further details).*

17

18 **Figure 1:** *Location of the 35 CRLs discussed in this paper*

19 **Figure 2:** *Sediment chemistry accumulation rates showing the reference and present-day (c. 2003) samples*
20 *and the mean of the top 5 samples (0-2.5cm) for the 32 CRLs sampled for which there is tightest*
21 *chronological control. 'Mean REF' refers to the mean of the samples encompassed by the SCP dating limits.*

22 **Figure 2a:** *Sodium accumulation rates. Figure 2b:* *Calcium accumulation rate. Calcium in the six high-*
23 *alkalinity lakes is an order-of-magnitude higher than other lakes and reflects the predominance of*
24 *calcareous soils in lake catchments. Figure 2c:* *Potassium accumulation rates.*

25 **Figure 3:** *Sediment chemistry accumulation rates showing the reference and present-day (c. 2003) samples*
26 *and the mean of the top 5 samples (0-2.5cm) for the 32 CRLs sampled for which there is tightest*

1 *chronological control. 'Mean REF' refers to the mean of the samples encompassed by the SCP dating limits.*

2 **Figure 3a:** *Manganese accumulation rates. Figure 3b:* *Iron accumulation rate.*

3 **Figure 4:** *Total phosphorus accumulation rates showing the reference and present-day (c.2003) samples and*

4 *the mean of the top 5 samples (0-2.5cm) for the 32 CRLs sampled for which there is tightest chronological*

5 *control*

6 **Figure 5:** *DCA plot combining reference and present-day (c. 2003) sediment samples, as well as mid-core*

7 *samples where available. Lines connect the reference and present-day samples for each core. The direction*

8 *is the direction of floristic change and its length is a measure of floristic difference (units=Hill's SD). See*

9 *Table 4 for explanation of lake codes.*

10 **Figure 6:** *DI-TP reconstructions and sediment TP percentage for seven cores that were analysed at*

11 *relatively high resolution.*

12 **Figure 7:** *DI-pH reconstructions and percentage changes in Fe and Ca accumulation rates for seven cores*

13 *that were analysed at relatively high resolution.*

Lake name	Irish Grid Ref.	Lake code	Typology class	Altitude (m amsl)	Lake area (ha)	Max. depth (m)	pH	Conductivity ($\mu\text{S cm}^{-1}$)	Alkalinity ($\text{mg L}^{-1}\text{CaCO}_3$)	TP $\mu\text{g L}^{-1}$	% land cover in catchment					
											URBAN	FORESTRY	PASTURE	AGRICULT	BOGS	OTHER
Annaghmore	M 900 837	ANN	10	46	53.1	5.7	8.46	351	159.4	6	0.00	0.00	91.44	0.00	0.00	8.56
Arderry	L 995 457	ARD	4	37	81.1	11.6	6.33	84	6.14	6	0.00	9.51	0.00	0.00	90.49	0.00
Ballynakill (Gorumna)	L 856 225	BAL	6	13	23.9	16.4	7.1	244	20.02	5	-	-	-	-	-	-
Bane	N 550 712	BAN	12	112	75.4	16.9	8.43	297	132.5	5	0.00	0.00	94.94	4.68	0.00	0.39
Barfinnihy	V 850 768	BAF	3	249	13.6	16.7	6.84	56	4.2	4	0.00	0.00	0.00	0.00	95.30	4.70
Barra	B 935 120	BAR	2	90	62.6	6.0	6.31	54	3.80	5	0.00	0.00	1.78	0.00	62.04	36.18
Bunny	R 375 967	BUN	10	17	102.9	11.6	8.47	361	156.2	5	0.00	0.00	36.70	0.74	1.22	61.33
Cloonaghlin	V 610 709	CLO	4	109	127.7	29.4	6.82	62	2.0	5	0.00	0.00	0.00	0.00	70.41	29.59
Cullaun	R 315 905	CUL	12	16	49.7	20.1	8.40	393	172.0	6	0.00	0.00	72.15	5.44	0.41	22.01
Dan	O 150 40	DAN	4	200	102.9	33.5	5.11	42	-0.1	6	0.00	8.75	1.01	0.00	51.79	38.45
Doo	C 359 394	DOO	3	283	9.0	6.8	5.88	78.1	2.05	12	0.00	0.00	0.00	0.00	100.00	0.00
Dunglow	B 782 117	DUN	2	13	61.2	6.1	5.73	100	59.63	6	0.00	0.00	1.31	4.37	93.83	0.49
Easky	G 442 225	EAS	2	180	119.2	11.0	6.53	48	4.04	7	0.00	0.00	0.00	0.00	100.00	0.00
Fad Inishowen East	C 539 439	FAD	3	233	12.3	13.6	6.35	80.9	5.02	7	0.00	0.00	0.00	0.00	49.08	50.92
Fee	L 790 613	FEE	4	47	173.7	31.5	6.55	62	3.06	9	0.00	14.02	0.00	0.00	72.46	13.51
Feeagh	F 965 000	FEA	4	11	394.8	43.0	7.39	86	9.60	8	0.00	22.69	0.10	1.62	63.95	11.65
Keel (Rosses)	B 847 162	KEE	1	136	11.4	10.5	5.3	135	2.4	8	0.00	0.00	0.00	0.00	99.91	0.09
Kiltooris	G 676 972	KIL	6	7	43.5	13.5	7.18	205	27.43	14	0.00	0.00	47.87	10.73	17.97	23.42
Kindrum	C 185 430	KIN	8	8	60.8	11.0	8.27	318	69.47	11	0.00	0.00	18.49	22.16	59.34	0.00
Kylemore	L 770 552	KYL	4	35	132.2	25.1	6.59	72	6.99	6	0.00	11.87	0.00	0.24	66.61	21.28
Lene	N 510 685	LEN	12	93	416.2	19.7	8.46	250	104.9	6	0.00	0.00	78.92	11.62	0.00	9.46
McNean	H 040 400	MCN	8	50	977.8	16.9	7.60	116	23.6	17	0.00	13.39	26.36	20.64	22.72	16.89
Muckanagh	R 370 925	MUC	12	17	96.1	17.8	8.53	462	208.6	5	0.00	0.00	55.29	9.18	21.74	13.79
Nahasleam	L 971 244	NAH	1	33	28.1	1.4	6.5	100.8	9.59	7	0.00	5.86	0.00	0.00	92.75	1.39
Nambrackkeagh	L 821 603	NAB	1	65	6.7	8.8	5.98	101	2.26	10	0.00	44.21	0.00	0.00	53.32	2.47
Naminn	C 396 419	NAM	1	150	15.0	7.8	6.55	112	7.0	10	0.00	0.00	0.00	0.00	100.00	0.00
Naminna	R 176 710	NAN	1	169	20.2	8.4	6.02	77	0.7	8	0.00	36.55	0.00	0.00	63.45	0.00
O'Flynn	M 585 795	OFL	10	77	137.5	3.4	8.51	333	138.9	10	0.52	0.00	54.12	0.00	42.04	3.32
Oorid	L 930 460	OOR	4	45	60.5	12.0	6.40	65	8.06	7	0.00	3.10	0.00	4.73	92.17	0.00
Rea	M 615 155	REA	12	81	301.1	20.9	8.54	308	128.5	6	3.07	0.00	86.73	10.20	0.00	0.00
Shindilla	L 960 460	SHI	4	38	70.2	23.0	6.45	73	6.17	4	0.00	5.69	0.00	0.00	94.31	0.00
Talt	G 398 150	TAL	8	130	97.3	23.0	8.01	190	85.09	8	0.00	0.81	26.12	0.00	73.07	0.00
Tay	O 160 75	TAY	4	250	50.0	32.8	5.12	40	-0.3	8	0.00	0.58	0.00	0.00	59.09	40.34
Upper	V 900 817	UPE	4	18	169.9	36.1	6.41	58	2.8	5	0.00	6.30	0.44	2.50	83.72	7.04
Veagh	C 022 215	VEA	4	40	260.9	28.0	6.30	33	2.16	0	0.25	3.15	0.00	0.00	65.19	31.41

Table 1

Training set reference	Number of lakes	Estimation		Prediction	
		RMSE	r^2	RMSEP	r^2
Irish lakes pH (this paper)	35	0.282	0.93	0.427 (jack)	0.86
Irish lakes TP (this paper)	45	0.174	0.84	0.202 (jack)	0.64
SWAP pH Birks et al. (1990)	167	0.230	0.91	0.290 (jack)	0.86
ALPE pH Cameron et al. (1999)	118	0.133	0.97	0.326 (jack)	0.82
NW Europe TP Bennion, Juggins & Anderson (1996)	152	0.150	0.91	0.210 (jack)	na
N Irish TP Anderson, Rippey & Gibson (1993)	43	0.172	0.75	Na	na
SE England TP Bennion (1994)	30	0.160	0.79	0.280 (boot)	na

Table 2

Lake	Typology class	Length of core (cm)	Estimated depth 1850 ± 25 (cm)	Estimated depth 1950 ± 10 (cm)	Estimated depth 1980 ± 5 (cm)	Estimated age of bottom diatom sample	Estimated sediment accumulation rate (cm yr ⁻¹)
Annaghmore	10	20	17-19	5-7	2-3	1834	0.12
Arderry	4	36	>9?				
Ballynakill	6	36	29-35	10-13	4-5.5	1831	0.21
Bane	12	17	4.5-8?	1.5-3?	0.5-1?		
Barfinnihy	3	40	>9?				
Barra	2	36	50-63	17-22	7.5-9	1905	0.37
Bunny	10	25	21-24	7-8.5	3-4	1833	0.15
Cloonaghlin	4	34	9-17?	3-6?	1-2.5?		
Cullaun	12	31	8-14?	2.5-5?	1-2.5?		
Dan	4	31	43-57	15-20	6.5-8.5	1909	0.33
Doo	3	31	72-86	25-30	10.5-13	1944	0.53
Dunglow	2	11	13-15	4-6	2-3	1885	0.09
Easky	2	27	23-27	8-9	3-4	1838	0.16
Fad	3	27	>27	6-7	2-4		
Fee	4	38	10-18?	3.5-6.5?	1.5-3?		
Feeagh	4	36	66-76	23-27	10-12	1926	0.47
Keel	1	41	28-30	11-15	3-4.5	1788	0.19
Kiltorris	6	34	66-110	23-40	10-19	1944	0.58
Kindrum	8	30	20-22	7-8	3-4	1776	0.13
Kylemore	4	40	>10?				
Lene	12	29	>29				
McNean	8	19	12-14	3.5-5	1.5-2.5	1950	0.36
Muckanagh	12	42	31-40?	10.5-14?	4.5-6?		
Nahasleam	1	27.5	8-14?	2.5-5?	1-2.5?		
Nambrackkeagh	1	26.5	17-21	6-7	2.5-3.5	1789	0.12
Naminn	1	30	22-24	6-7	2.5-3.5	1804	0.15
Naminna	1	26.5	8-15?	2.5-5.5?	1-2.5?		
O'Flynn	10	42	>42				
Oorid	4	39	>10?				
Rea	12	36	9-17?	3-6?	1-2.5?		
Shindilla	4	29	18-21	6-7	2.5-3.5	1775	0.13
Talt	8	22	18-21	5.5-7	2.5-3.5	1830	0.13
Tay	4	36	>36				
Upper	4	40.5	35-40	11-14	4.5-6	1840	0.25
Veagh	4	34	c. 60	c. 20	c. 9		

Table 3

Lakes	Lake codes	Typology class	SCD	SD Hill's units	Change in DI-pH units	Prop. change in DI-TP
Annaghmore	ANN	10	0.835	1.118	0.11	0.95
Arderry	ARD	4	0.859	1.797	-0.08	1.31
Ballynakill	BAL	6	0.509	1.24	-0.09	1.09
Bane	BAN	12	0.557	1.112	0.21	1.01
Barfinnihy	BAF	3	0.139	0.731	0.03	1.04
Barra	BAR	2	0.409	0.986	-0.01	1.01
Bunny	BUN	10	0.351	0.94	0.03	0.90
Cloonaghlin	CLO	4	1.599	1.416	0.39	1.31
Cullaun	CUL	12	1.302	1.376	-0.29	1.18
Dan	DAN	4	0.410	0.806	-0.43	0.96
Doo	DOO	3	0.259	1.139	-0.21	1.02
Dunglow	DUN	2	0.171	1.176	-0.08	0.97
Easky	EAS	2	1.034	1.1	-0.47	1.08
Fad	FAD	3	-	-	-	-
Fee	FEE	4	0.967	1.494	-0.09	2.05
Feeagh	FEA	4	1.769	1.822	-0.19	1.89
Keel	KEE	1	0.319	1.1	-0.14	1.31
Kiltooris	KIL	6	0.288	1.171	-0.02	1.03
Kindrum	KIN	8	0.423	1.26	0.25	1.25
Kylemore	KYL	4	1.044	1.551	-0.76	0.91
Lene	LEN	12	0.478	1.001	0.06	1.01
McNean	MCN	8	0.148	1.056	0.15	1.14
Muckanagh	MUC	12	0.458	0.884	-0.12	1.10
Nahasleam	NAH	1	0.296	0.787	-0.10	1.03
Nambrackkeagh	NAB	1	0.75	0.984	0.12	1.25
Naminn	NAM	1	0.562	1.205	-0.05	1.09
Naminna	NAN	1	0.735	1.123	-0.30	0.92
O'Flynn	OFL	10	0.327	1.045	0.19	0.83
Oorid	OOR	4	0.987	1.715	-0.19	1.08
Rea	REA	12	0.472	1.554	-0.25	1.02
Shindilla	SHI	4	0.416	1.039	0.10	1.20
Talt	TAL	8	0.96	1.508	-0.25	0.99
Tay	TAY	4	1.169	1.069	-0.58	0.58
Upper	UPE	4	0.046	1.019	-0.09	0.98
Veagh	VEA	4	0.245	0.923	0.05	1.01

Table 4

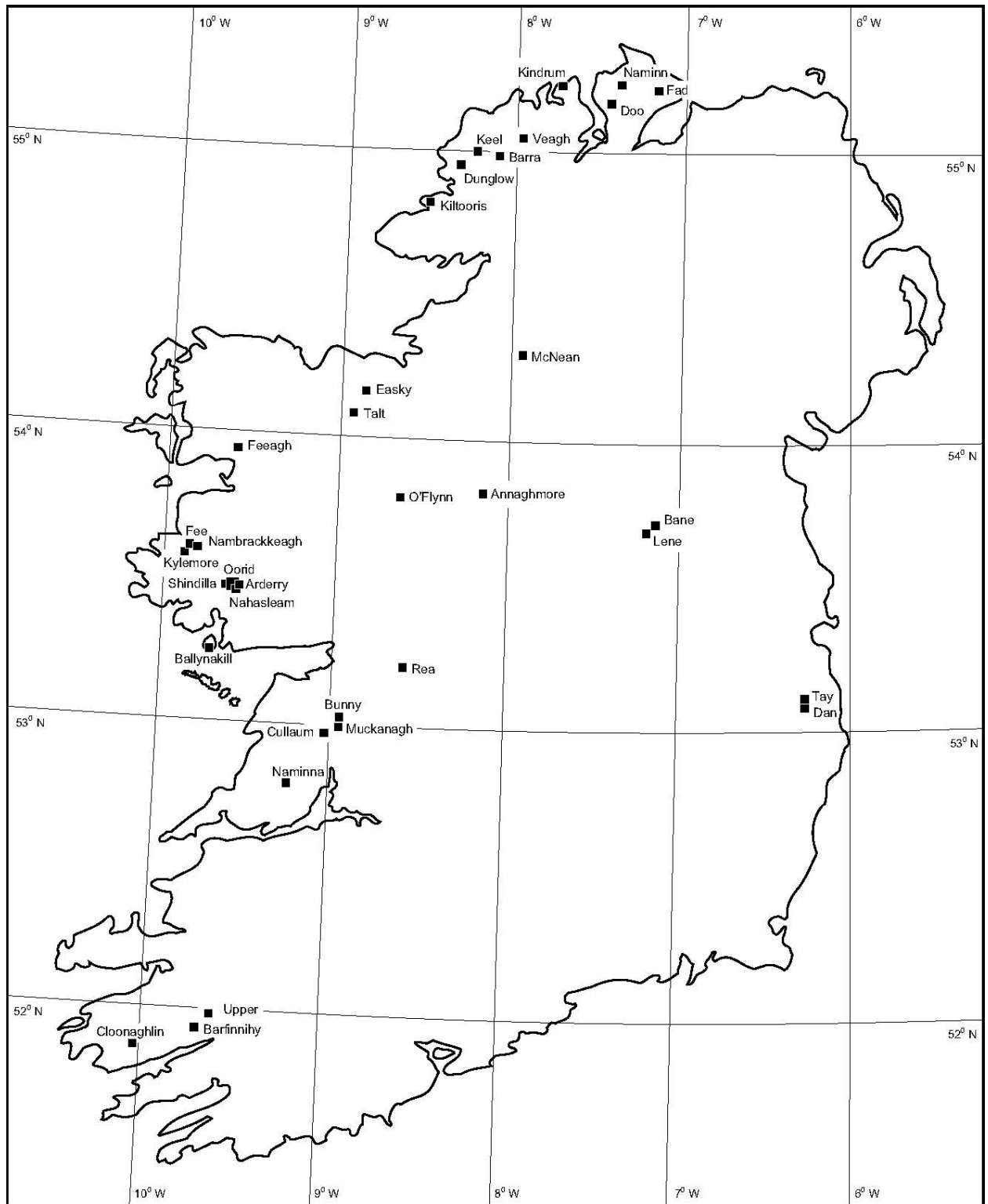


Figure 1

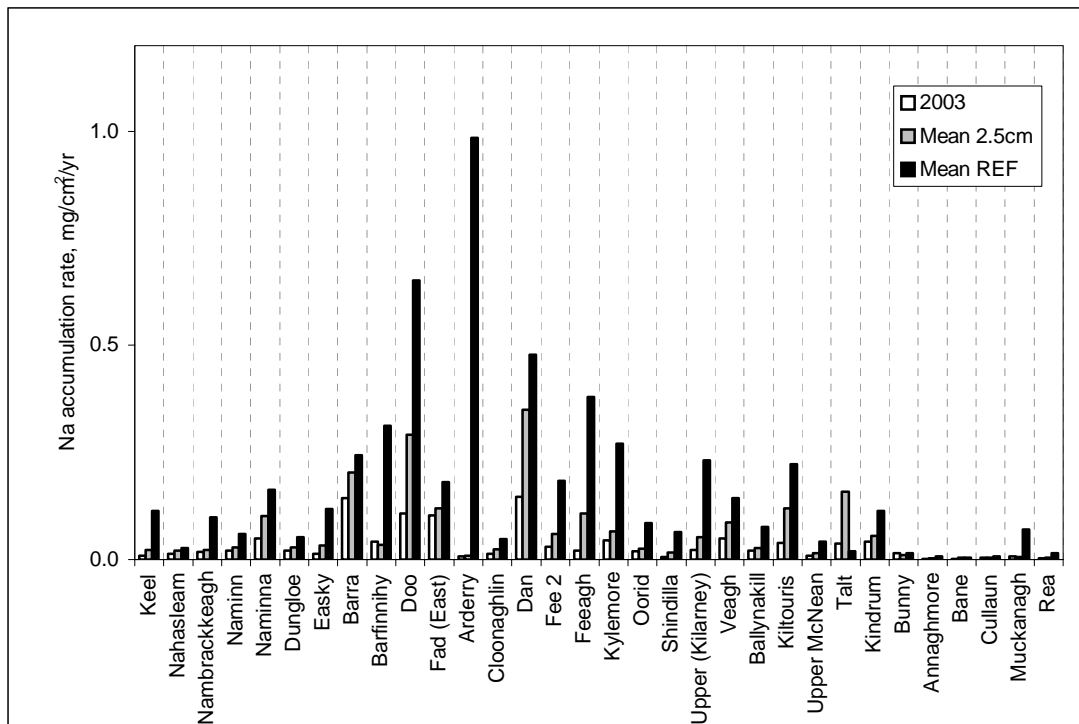


Figure 2a

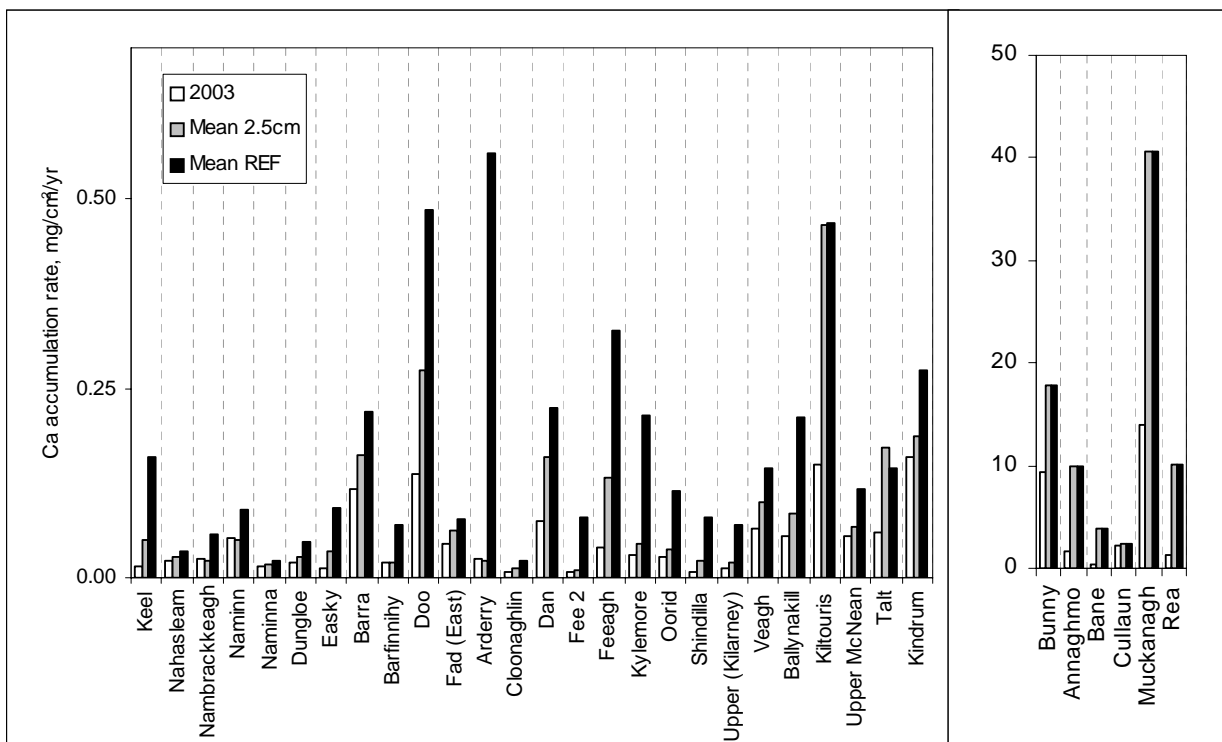


Figure 2b

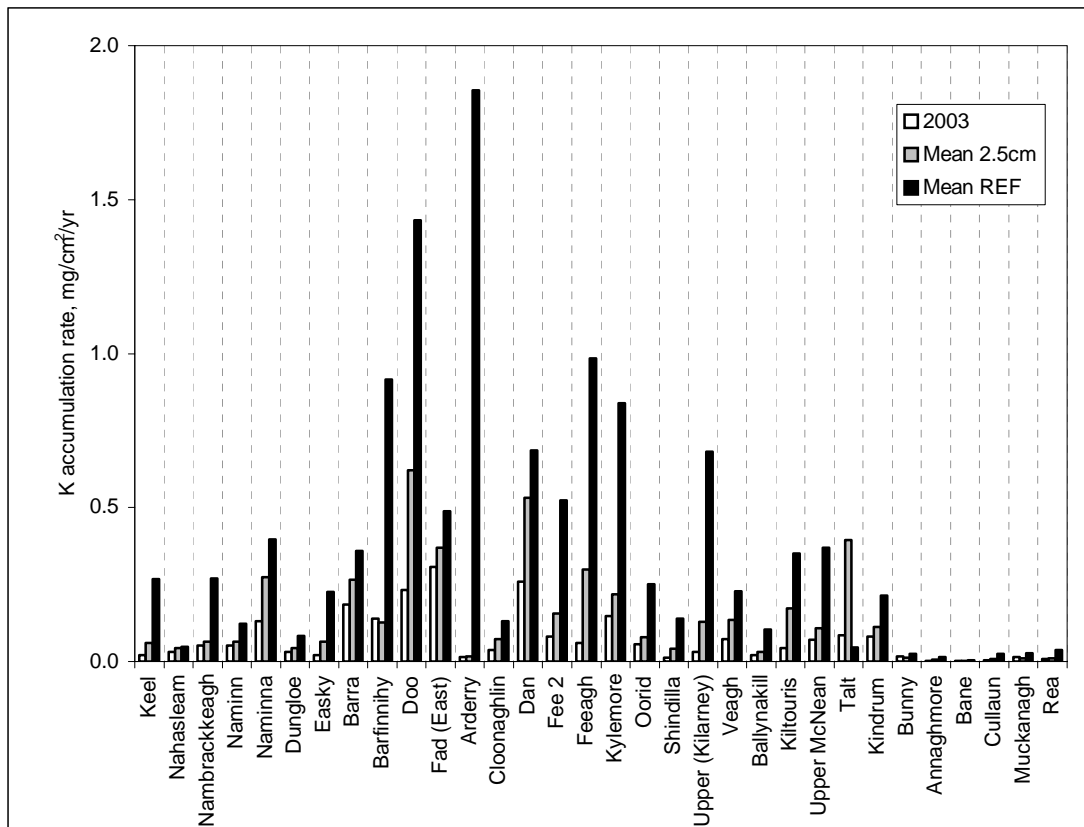


Figure 2c

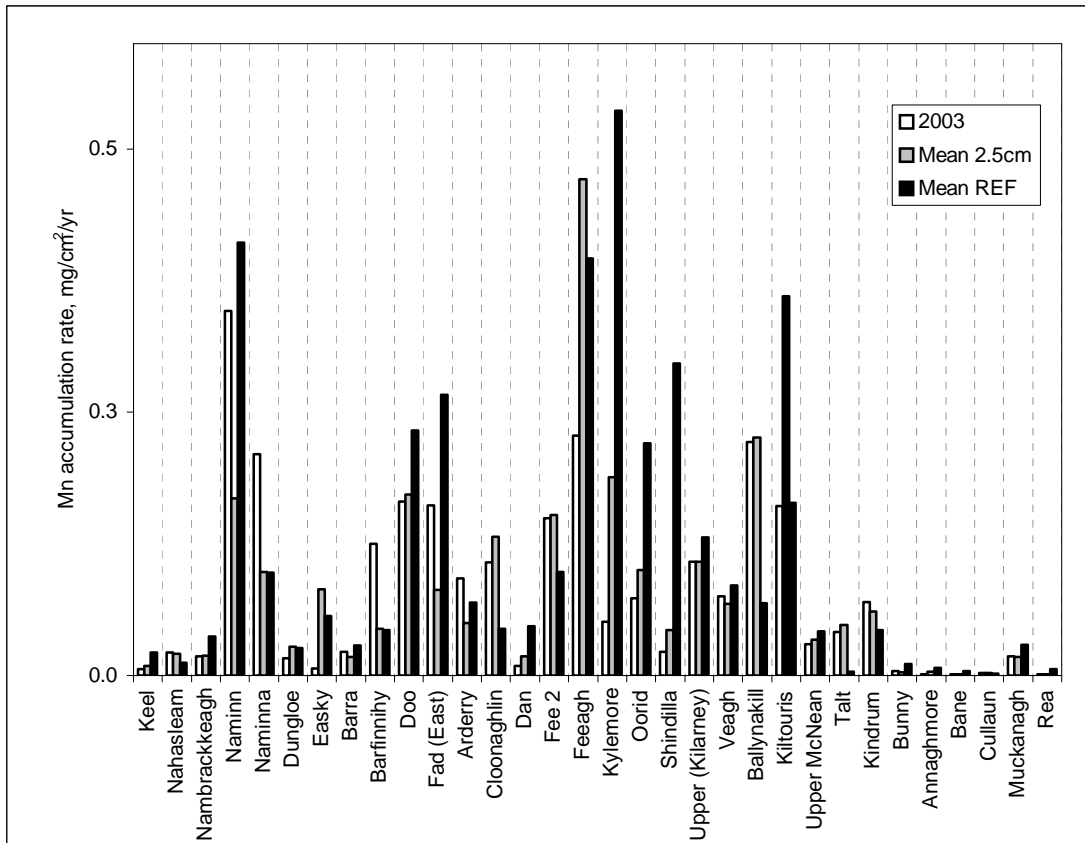


Figure 3a

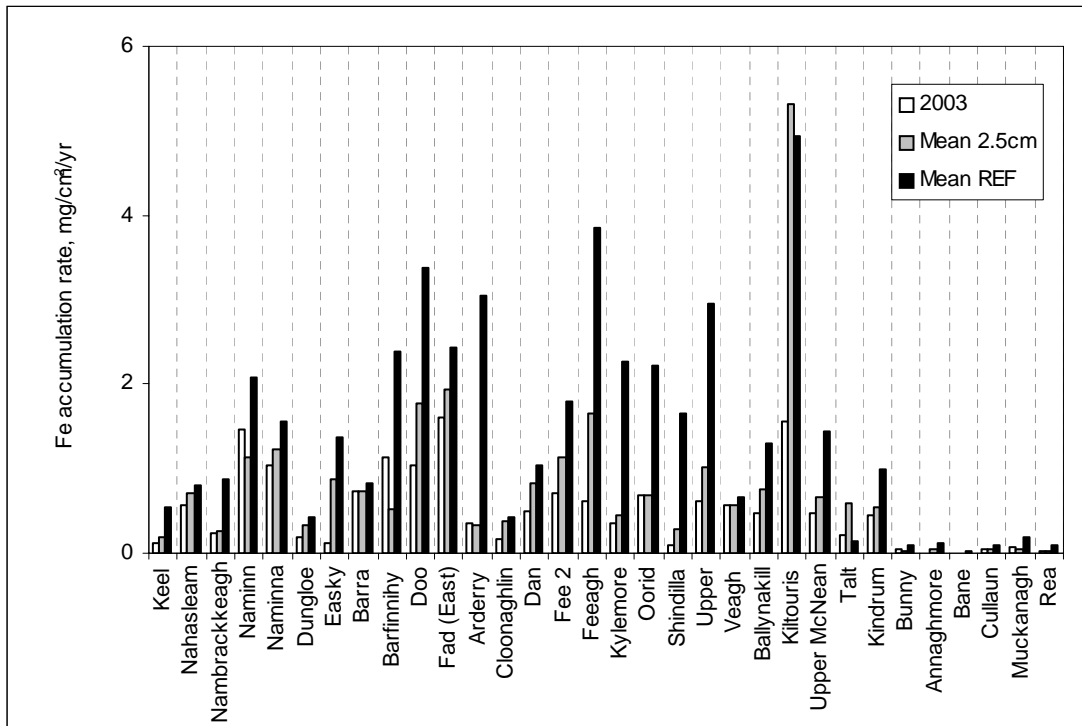


Figure 3b

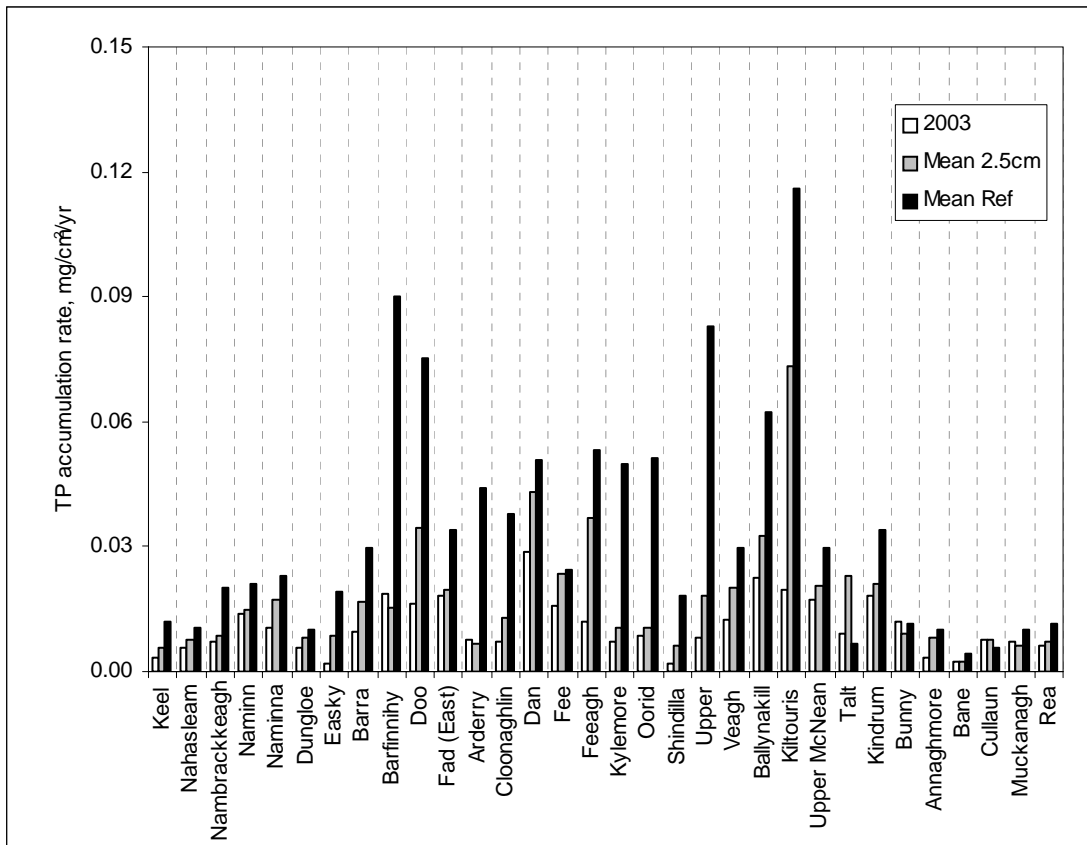


Figure 4

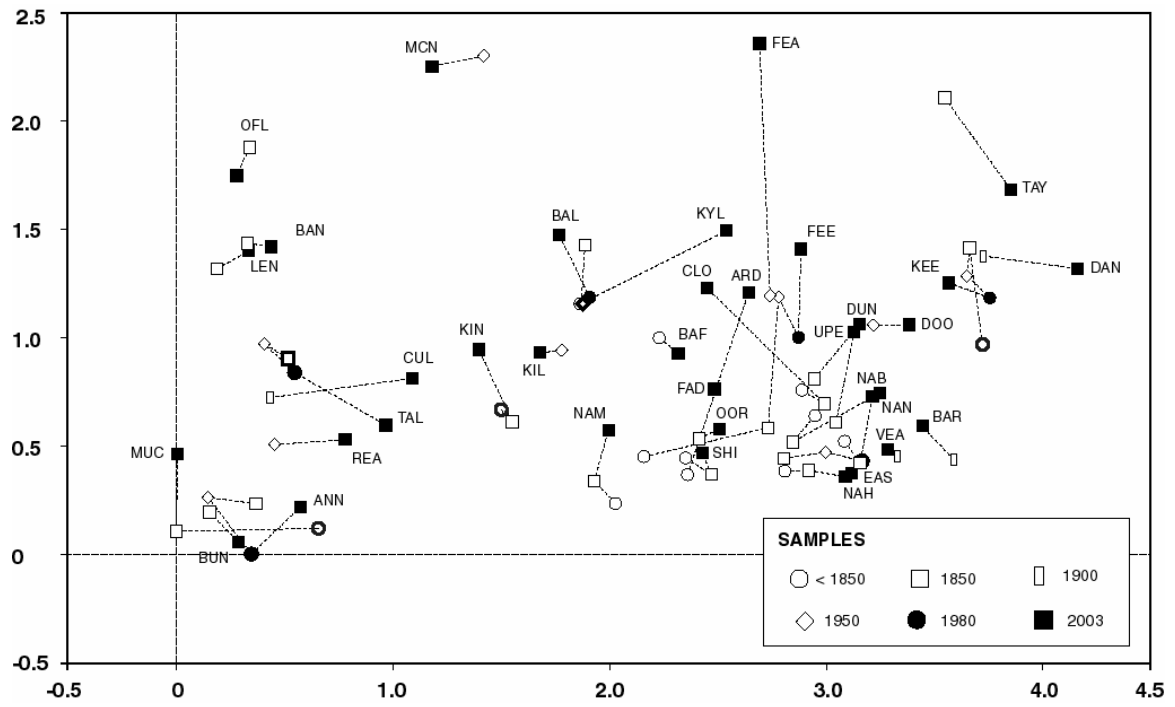


Figure 5

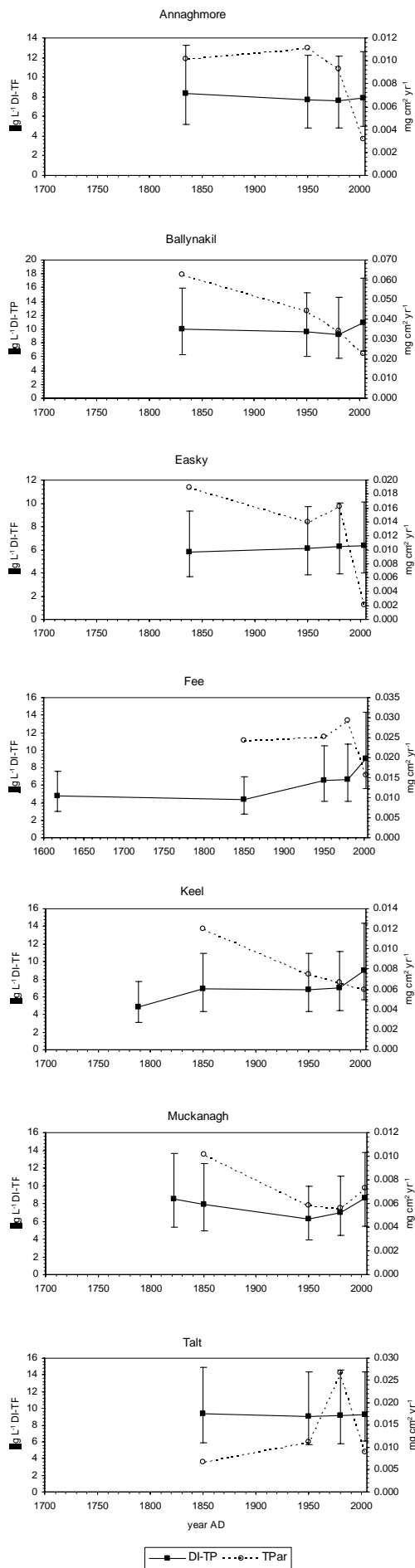


Figure 6

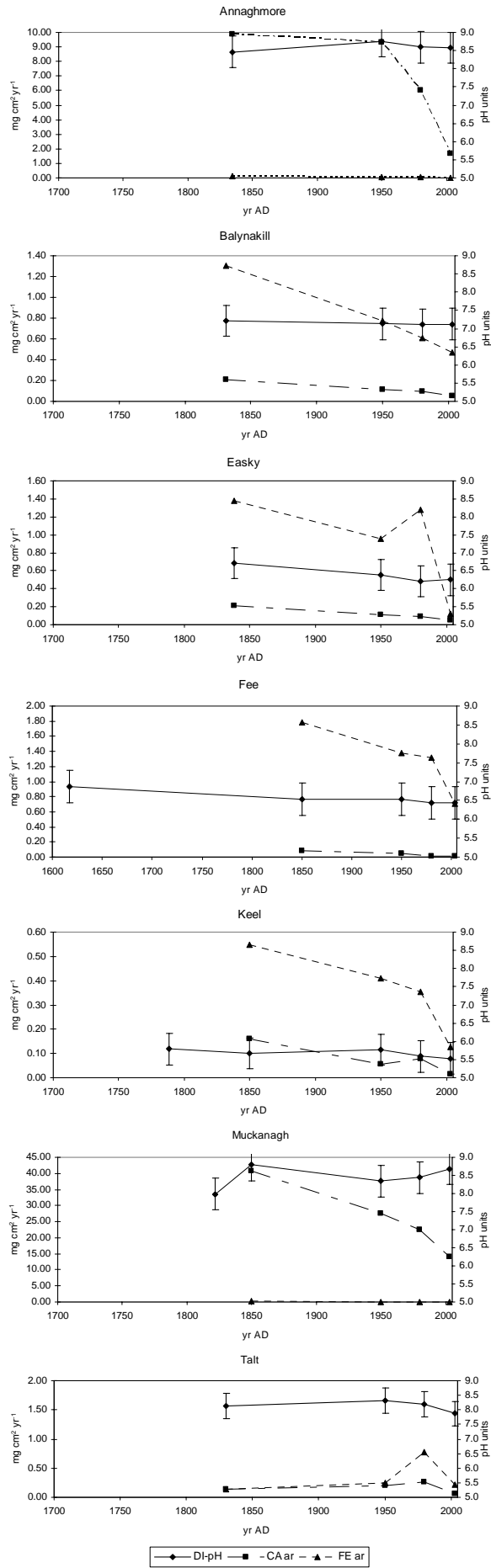


Figure 7